

Clarity In Times Of Great Change



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‘Clarity and Peace in Times of Great Change’

by Franco DeNicola and Antonia Hagens

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As we go forward and we are having this conversation, whatever we share, if any of it becomes a point in the mind that is not clear, do not be concerned. Allow yourself to be open and to receive whatever is presented. Some of the information does challenge the ego mind, especially when it goes a little further, your mind will question or doubt it. However, the subconscious mind will receive all that it needs for the seeds that will be planted there. The beauty of all is that the soul is actually taking this all in and is allowing it to expand and move forward in the stage of enlightenment. It is by no accident that you are reading this book.

1. Confusion and The Shift

Confusion to Clarity - the confusion part of it is actually a good thing – it is a tool. The only time it becomes a problem or hindrance is when we get engaged in it, and we start getting locked up by it. Confusion is actually allowing us to stop -instead of following through the same protocol we have always been following - that automatic mode. Confusion starts to bring up questions and doubts. “What am I doing every day?” “How am I responding?” “How am I looking at life?” This is all bringing stuff up and it creates confusion. The higher aspect of ourselves is pushing through the ego. There is a part of it that the confusion is taking part within. The ego is a mind program - the basic collective consciousness, plus the experience that each individual has in their life, plus the acquired belief systems

and conditioning, plus a formulated way of seeing life. When this higher aspect of ourselves is pushing through, it does create this confusion, and that is actually a great sign. The confusion is not to lock us up. Confusion is there to start questioning - to open ourselves up. This is part and parcel of the current shift.

The shift that we are going through, at this point in time, is a complete consciousness shift. We are going from a basic third dimensional consciousness, to a fourth and fifth dimensional consciousness. What that means is that as our consciousness evolves, we will have a higher connection with our source and a knowing of who we are. Not only that, we will start to see through the software program - our conditioning or our way of life - and start to make shifts in that respect. Realizing that everything around us - what we have created as our experience on the planet, our way of viewing the world, how we see things unfolding in our lives, how we react, how we respond and the choices we make - are all just based on collective ideas of what life is thought to be. We start to see those collective ideas more clearly.

For example, in a situation where people say, “Well this is just the way it is, that's life, right?” There is a part of you that starts questioning, “Hey, wait a minute here, what makes it a part of life?” You may recognize this question. You may already have asked yourself this very question and especially many times lately. Is it just a collective agreement that we had decided that these are the rules that we are going to play with? Is this really the way things are going to be? That is the part that starts to get questioned. Not only does it get questioned, but you start to see through it and begin to make changes in that aspect. This is what the shift is doing. It is increasing the vibrational energy within the planet. It is allowing the soul to be

more engaged in the experience, allowing people to go beyond the computer program. By computer program I mean the ego and the collective consciousness. If you really look at it, what makes one human different than another? Or one culture different from another? It is really only a collective belief system - just the software programming of being human. It is their way of seeing the world, interpreting that world and deciding how to respond with that world, and ultimately create an outward world. From that, if you take one culture, and it doesn't matter which culture we are talking about, if you take one culture and base it against another culture, you see that there is a difference. They are both in physicality's, and they do all have the same body structures, organs, and so forth. Okay, maybe the colouration may be a little different, or maybe the slant of the eyes, small change fragments on the outside. If you are really looking at it, they are ultimately made of the same stuff. However, if you look at their world, they each respond, look at, and compare themselves with the world differently. They see it based on their programming. They see it based on their culture, their religion, where they have been brought up and so forth. This is all part of the software program that I am talking about. It is the computer part of our mind. When you look at it the only difference is the software program. And of course we could easily get into judging another culture when we look at them. You see some religious practice or some way they dress, some way of their interpretation of the world, and you say, "Wow look at these people, they are quite barbaric. They are this, they are that". Well, you know, the same thing happens the other way around and so forth. They are just fragments of different programs playing out and creating a different reality or experience. We all operate from a collective consciousness. We all come through basic programming, and that basic programming is what the collective consciousness is all about. That means we are human. This is how we function.

We have the law of gravity. We have this and that. We have certain protocols. These protocols are how we handle ourselves in life. Then there are the cultural and religious aspects of it added to our individual conditioning in observing and creating our own reality.

Our collective consciousness has a certain designed programming, and going even beyond that, we have a collective consciousness programming that has a basic operating system. It is like any computer, which has an operating system and the operating system is, of course, the foundation. Then there are other programs in the operating system. For example, if you have a PC you have Windows, and then you have other software to perform other tasks. These other software programs are our individual aspects. First you have the cultural, and then you have the individual aspect of it. So the operating system has a certain basic parameter that it works within. This is where the shift is occurring – in the basic parameter. Everything then modifies on its own based on that aspect of it.

We are changing our level of consciousness with the shift that we are going through. We start to see more of what we are made of and how we operate. We begin to see the computer software program that runs humanity. Look at the thoughts that we have, they are basically programming. Repeating, responding, and reacting in a way where there's a computer. This computer is what we call the mind. We have the ego structure in there. The ego is one of the programs that guides us through what we experience. So with the shift, we are going beyond that. We are going to see that we actually have access to change the program, and not only that but to also go beyond the program. You will then no longer be limited by the software program you came here with. Why? Because, the basic software

program has now been altered, as part of our choice, to experience a certain level of intensity. The program was actually altered by other beings, and we had agreed. “Let's see how deep down the rabbit hole we can go.” That is - let's see how far we can disconnect from one another and from our source. We became so disconnected that we can only see ourselves as a human body. The body is just a vehicle, a computer that only can see itself as that body-computer and nothing more. It does not know itself to be anymore than that. It thinks that it is in a world where it needs to survive, in a world that there is structure, in a world that there is not enough, a world that we need to dominate, and to control. It thinks that in order for us to have any value on this planet whatsoever, we have to look better than someone else, better than the rest of us. Not only that, but in order for us to feel good about ourselves, we need to have stuff around us, we need to have people loving us, we need to have so many layers and layers of expectations and requirements just to actually feel something. But then, when you really look at it, do you actually feel whole? No you don't! It's just a game, but that's the way the program was designed.

At the soul level we have now said, “Okay, we have had enough of this experience! We have gone down this road over and over and over again.” We are finally choosing to get out of this stuck state, out of this repetitive cycle. If you really look back at all of the thousands of years that we have been on the planet you will notice that the basic operating system has never really evolved. We say we have evolved but, when you really look at it, the operating system hasn't changed – we're still killing. It has become a little more - let's put it this way - responsive and a little more aware of the rules on how to play the game, but you are still within the confines of the game. If you look at it today, we are no different than we were a

thousand, two thousand or even three thousand years ago. It's just our toys and our environment that have changed. That's all. We are still in the same basic operating system as we were before. Of course we agreed to that, and we have agreed to play with it. It's just that now we are choosing to go beyond it.

The reason we are choosing to move beyond at this point in time, is that the collective consciousness -besides being stuck for so long in the state that it's been in -is at a point where the integrity of the operating system is starting to falter. Why, because we are looking at our world, looking at our lives and how our body computer is responding. It is undoubtedly being affected by our environment, but what is our environment? Our environment is a result of our experience, the result of what we are doing as a collective. So since the program has basically been experienced in a very intense manner and since it is poised at what we call our access -the way we interact with humanity -we are breaking down the integrity. In other words the operating system is becoming full of viruses. It is becoming unstable to a point that our planet is at a stage where it can choose to stop supporting us. The operating system will get to a state where it says "I no longer support you". The result - we basically do not get to play on the planet any longer. Now, we are not choosing that. As souls, we have done that before, and this time we are choosing to go forward. We are not going down that road again. We are going to do this shift one way or another. This is the reason for all of these intensities, and all these changes that are coming up within our selves and within our world. This causes a lot of the confusion right now because of the way it is being stimulated within the ego mind and within the computer. When you have your higher soul, and when the layers are there not so prominently affecting it, you can actually feel that, and you can feel that clarity come through while the

confusion starts to dissolve.

2. The New Cycle – The Shift

What has happened is that a lot of what was predicted -or what was talked about in ancient days -is the shift into what we can call the end of one cycle and the start of a new cycle. The cycle that we are going into is a different frequency cycle. This new cycle that's coming in is a cycle of rapid enlightenment. This is where we stop being only the physical body - or thinking that this is all we are - and have a reconnection where we are actually seeing more of ourselves coming along. We have the opportunity to come to this point, even in 2010, that is to be in a different state than what we are right now.

We are kind of behind. In one sense we are behind, while in another sense, we are actually ahead because, there were a lot of predictions about the end of the world that are no longer needed. Of course, we still have them as an option. Was the world meant to end at that point? Let's put it this way, if we were coming to the end of this cycle and we were so stuck in this dense state, and we had not evolved enough, then yes, we would have had the opportunity to basically wipe ourselves off the planet -as we have done in the past. However, we have chosen not to go down that route. So, in a sense, yes we are going into a new cycle.

There is a re-categorization that has happened where souls have chosen themselves into three groups. Group one is the souls that are saying, “Okay. I am going to

partake in the shift”. Group two says, “I don't know if I can partake. I am still working on it and I will play out my part.” Then there is group three who is far behind the planet’s evolutionary enlightenment. So much so, that whatever happens on the planet right now, they will be so locked up in their computer programming that the soul has not dissolved enough layers to achieve that evolution or enlightenment. Group three says “My vibration is so low. I am not going to assist the planet, so I am going to choose to step off the planet.” They will choose to leave any time between now and shortly after the 2012 mark -which will probably be somewhere around 2014.

Meanwhile, the intensity of what we are experiencing is increasing along the way day-by-day up to 2012. Once we cross 2012 we are going into the next cycle. Things become even more intense. Where does it become intense? It is at the level where the old structures, the old beliefs systems and so forth are still intact. That is when the world gets rocked even more. You will notice a lot of belief systems will get shaken down to their roots, giving us the choice of letting them go. Because anything that limits us right now is just our belief system that things are a certain way, and that is all that there is. As long as we are locked up in fear, believing that this is the only way it is, then that is where all the challenges come in. It is dissolving that part of it. This is part of the change coming along. What is the outcome of what it is going to look like from now to 2012? Is the world going to end? Absolutely not. Are we going to have major disasters? They will only manifest as required to create the right atmosphere for people to surrender and let go of their beliefs. Again, this is all just to challenge our software.

3. Question the Old Beliefs

We are seeing natural disasters and financial instability. This a part of what you can call a shake-down so that the soul can come through stronger. The old operating system has a lot of beliefs in place that were based on, “I am better, I am less than, I am stronger, you are weaker, I dominate or I am dominated.”

If you look at the big picture, you are looking at the way our world is put together. I know if at some point you look at it, and the mind is engaged, it sees everything as needing to be in place, or the planet will just go nuts. We are afraid that we will not know how to function, and that we need to have all of these limits and boundaries. I mean, it is funny because I do not listen to the news, and I do not listen to the radio, but today, I was driving and at one point I felt, for the moment, that I needed turn on the radio. So I put it on for 5 or 6 minutes. While I had it on they were talking about how Canada is so devoted to stabilizing the economy by creating more jobs. They were saying that Canada is adjusting the infrastructures so that there are opportunities for everyone to be able to create work and stability in the economy. This is again part of the old modality. If you really look at it, based on that program, everybody has to work for the economy to survive or to be what they call ‘healthy’. That means that someone has to consume, and as they are consuming then we have to work. That is an old cycle. Look at it and ask yourself, “What kind of quality of life is that?” When I look at people and I tune into them I see that most people are very unhappy or uncomfortable with their daily routine - that they actually have to go to work, that they have to go do jobs. In most cases they don't even like what they are doing, but they feel that it is a necessity for them

to be doing that. Well, my question is “why?”

It goes back to, as long as the old programming is in place, it almost seems inconceivable to function in any other way because that is all we have known up until now. And that is the part that we are dissolving. That is also where you start to see everything for what it is. That everything is being maintained because we believe it has to be that way. It's our computer software program that makes us believe that this is the only way to do it, that this is the only way it needs to be. Of course, we have other souls that have agreed to play that role for us and keep that rigidity in place. If you look at it, there are all types of organizations and so forth, that their only goal is to keep the status quo, and to keep everybody kind of enslaved. But that is still part and parcel of the program we are operating under. As we go beyond that and we start seeing it, we then start making different choices. We start seeing things differently and we realize that there is more to it. We are very creative and very powerful. We have a lot of capabilities. We are just using these capabilities in a very limited or restricted way, and just recreating the same experience over and over again. We can make a completely different world by just a little shift in consciousness. And that is what we are working at -that shift in consciousness.

4. **Creative and Powerful**

We are creative and very powerful. What do we have the power to create?

Our world is a reflection of what we are projecting out, and that creates our reality -or what we call our reality. Now, if we took our skills or our capabilities, even just the basic skills of what we love to do. And we started to look at it this way: instead of being in a self-survival mode, and locked up in creating illusionary power where I need to be better than someone else, or that I need to have whatever I need to have in my life. For example, in corporations, or in any company, or with any individual, their point is: as long as the survival mode is in place then they create their reality in that fashion. Meaning, if a company is producing a product, it is going to produce a product so that the product makes profit. But not only profit, it is going to be geared on profit, and geared on the fact it only has to last a certain time before it has to break so that they can go out and buy some more. Because I have to survive as a company, because if I do not survive as a company, then I cannot have all the things I want and so forth. But the moment you shift and say, okay, let's create a different lifestyle. Let's create things for ourselves that are harmonious to not only each individual person on the planet, but also for the animal kingdom and the planet itself. Then we start creating a different reality all together. We start producing, not only products but, we start producing all types of different services where we are actually assisting ourselves and one another. Doing this without saying, "I need to have this to survive" Now you are using a creative aspect of love. You are going to create an aspect of work in which everything that you make is for the benefit of all. Not only that, but when you are doing so, you are now connecting to that oneness within you. And as you do that, you actually start feeling whole, you start feeling joy, you start feeling this love for everything around you which are all fragments of yourself anyway.

That is just on the small scale of the shift. As you start realizing who you are, more

and more, you start realizing, “Hey, I am way beyond this computer program. I can experience anything I choose to experience. Not things based on all my fears and belief systems, and what I have been conditioned to see.” You hear people all the time talking about being in the moment. This is one other aspect of it - to actually enjoy everything around you in each moment. Part of the software program will dissolve the process of the ego mind using the past to create the future. It unlocks all of that so that it no longer needs the past as a reference point. That makes you even more creative. Because now you are not looking back and saying, “Well, this is how we have done it. I have made a mistake and then this occurred and so forth” – that will put you into a fear state. “I can't do that and no I can't take a chance, this can happen and that can happen”. Once that is out of the way, you now can use your mind in a very creative way. Okay, let's explore, let's create, let's look at something that we can fashion in our world in a different form, where everybody has everything that they need and everyone is capable of experiencing life to the fullest extent all the time. That's part of the power I am talking about.

5. Manifesting and The Conscious, Subconscious and Super-Conscious

The law of attraction does apply. I mean depending on your consciousness, what you are thinking of all the time and what your subconscious mind believes about yourself, does have a certain role in creating your environment. So if you are locked into software that you call “negative” or are always seeing the pessimistic side of things, of course you are going to experience somewhat of a pessimistic world. However, the other aspect of it is that we are manifesting at all different

levels. We are manifesting not only what we perceive and what we experience, but we also manifest what we create both at the physical level and in our external world -meaning situations and so forth. At this aspect of it, we have always created on three levels, which has hardly been mentioned in the past. That is at the conscious, subconscious and super-conscious level. The super-conscious is the one that has been kind of missing from the equation. The reason it has not been a big factor is because at one point it was a smaller factor in what we created. The soul works through your super-conscious. The super-conscious is basically your soul/higher self. It has a form of consciousness that is using whatever we are experiencing on the outside world - in our physical world - to evolve into enlightenment itself. Now, because of the way the world was unfolding at one point, the super-conscious has had a much smaller effect on how we manifested our world. So the soul still wanted to move forward, it still wanted to become enlightened and to reconnect with itself, dissolving all of these layers and so forth, so that it can actually realize itself.

Now that we have gone into the shift, the soul has taken precedence. The soul is saying, “We need to move forward, and we are going into a new cycle.” It needs to shift because we have to create a new world, because we are beyond this old world that we keep repeating over and over again. So the law of attraction in this aspect, or manifestation – with which we are manifesting with all the time – is still in place but, now there is a bigger factor at play - the super-conscious. So if someone is focusing on creating money or creating a beautiful home, or cars or whatever they choose, or a nice relationship -whatever that represents in their world. You know consciously they are going after those things they want to create. They have heard so much about the law of attraction because there is a lot of talk about it. “Whatever you focus on, you create.” Well okay, great. Let's focus on all of my

goals because goal setting has become a big factor in people's lives. So they write down their goals, they make up their vision boards and of course, they are consciously thinking, “I deserve this, I deserve that”, “This is what I want”. They start picturing it. They sit in a chair and pretend they are driving so they can “feel it” and all of the things that have been talked about.

I have noticed that more and more of the speakers that speak on the law of attraction are being challenged at this point. People are saying, “It's not working for us.” So the law of attraction teachers are reflecting back now and saying, “Okay, let's now deal with the subconscious mind”. The subconscious mind is how you deal with yourself, how you feel about yourself. So, if you have a sense of unworthiness; or you feel that you do not deserve something for some reason; or you somehow have a belief system that you have not earned it because of the way you have treated your life; or you are not good enough; or you are still locked up in a victim state; or you believe that you are a victim, that nothing good happens to you, then of course that is a factor in what we create or manifest. So now they are teaching that we need to get into the software program. We need to get into that aspect of it where we have to see where you feel you deserve it or do not deserve it and so forth. So, yes, that takes care of another factor of the law of attraction.

The third part is the super-conscious, and this is the part that plays the biggest role right now. On average it plays about 70% of the deciding factor in whether you manifest or do not manifest. The thing is that, that is an average. It can vary anywhere from 30% to 90%. And I will explain how that part of it unfolds. But on average 70% is the super-conscious generating the manifesting. The super-conscious is only concerned with what the soul is choosing to unfold at this point.

It's saying, "Okay, we are not moving out of this old locked program, we are choosing to experience a more expanded life, more engaging for ourselves in remembering who we are and we are going to do whatever it takes." You can desire money, wealth, cars, homes, relationships and so forth. Consciously you may feel, "I am focusing. I am focusing. I am focusing." The subconscious mind says, "I am okay with things now. I deserve. I do not have these issues anymore that I do not deserve this to happen in my life." But then the super-conscious mind is going to say, "My goal right now is to go through the shift, dissolve all these programs, expand ourselves and to create a new reality, all together. Our goal is to achieve levels of enlightenment here." The super-conscious will then say, "Is the wealth, toys, everything that you are creating, imagining and desiring at this point, is this going to interfere with our progress?" If the desired manifestation is going to interfere, then it is going to side track you from this goal of enlightenment. If this is situation the super-conscious is not going to allow it to manifest. It will manifest whatever will benefit, meaning it will use anything under the sun. If you are looking for money for example, it will bring you to poverty, or some major lack, until you come to a point where it uses that state as a tool for you to start questioning and saying, "Is this where the answer is?", "Is this what's going to make me happy?", "Is this what my desire truly is?"

If you really look at it, most of the desires we have are not our true desires. A lot of our desires, a lot of our goals are based on what we see other people having and thinking and feeling that somehow by having that, we are going to be happy. And that we are going to feel fulfilled, and that we are not going to feel that lack. If I have that beautiful relationship, then I will be happy. Not only that, I will have my other half and we will feel good and my life is going to be rosy and so forth. Well,

those are not your thoughts. Those again are just programs and beliefs that come from the collective consciousness and the observing of others. Most of our desires are about being someone else. Not only that, we have also created a reality where we use marketing, we use all types of advertising, promotion, and gimmicks to create the illusion that if we have such and such, and this and that, or that we achieve a portfolio that has what we call discretionary income, or that we have self-sufficiency, then we will be in this perfect world where we are going to be happy. I can tell you that I have people coming to me for consultations that have more money than any of us can ever spend in a lifetime, and yet they still cannot find peace. They are always striving, striving because that is what the program is saying. This is the part we are dissolving. The soul or the super-conscious is saying, "Hey, we are only going to manifest stuff that is going to assist us to move forward". So if we desire certain things in our lives, and if they are not beneficial to move us forward at the soul level, it will not come to exist the way we want.

I now need to add one more piece to the clarification. Earlier I spoke of the three different categories for the soul. If there is a particular soul on the planet that has decided, "I am not going to be able to make it through this shift. My program is so dense, so ingrained that it is going to be a real tough challenge for me to break through this and to go on to achieve this enlightenment, I will then back off in the manifestation area." These are the souls where the super-conscious will only take about a 30% factor of what manifests because they have basically not given up, but they have said, "We are not going to get that far. Go play. Do whatever you have to do. I know that whatever you are going to create, you are going to push someone's buttons." If you are going to get whatever you want, and someone else is not because their soul is choosing to move forward. You are going to look at that and

say ‘why are they getting it and I am not?’ That is going to create more things to challenge within your computer software or belief system.

A soul that is in rapid growth says, “We are going to do this and we are moving forward no matter what. We have enough groundwork here to move it.” Their super-conscious is a 90% driving force of what manifests in their life. Their situations will all be determined, whatever unfolds for them, it could be health, it could be finance, a relationship, and it could be situations within careers. It can be anything that they hold dear to some degree. It will be challenged and used as a tool to go beyond. Not as a punishment. Not as a destructive mechanism, but as a loving experience to say we are going to go beyond these programs. The super-conscious says. “I am going to show you how these programs limit you. We are going to dissolve them and then, we are going to create a world that does not have the same boundaries that you have experienced up to this point. This will then reflect on our outside world in how we see our world, how we create it and experience it.” That is when we start dissolving all of the different layers that we have now.

What we said before, situations with our environment, you know, catastrophes and so forth, are only part and parcel. The souls that are partaking in those events, that are either injured or killed, are souls that have agreed to be there. Now, is there judgement? Are their souls not as good as someone else's? Absolutely not! They are still loving, evolving souls. They have just decided “Hey, this is where we are checking out”. While this is happening, it is creating not only confusion, but also instability for people observing on the outside. Meaning other souls saying, “Look at what is happening in our world. We have to start looking at how we are seeing

things and what we are doing”. It is all allowing for reflection and the dismantling of all of these programs from which we have been operating.

6. **Is Clearing the Mind and Subconscious Important?**

With all of these changes with the soul, we still have the mind and the subconscious mind. How important is it for people to clear out the limiting beliefs that have been ruling the subconscious? A very simple one that people might be familiar with is “I am not good enough” or “I am not loveable” and the thoughts that are playing in the mind. So the question is, since the soul is now taking such a major part in what is transpiring, is it still important to clear out our subconscious beliefs and the beliefs that we have running in our mind?

Absolutely! The soul experiences itself through physicality and the computer (mind). All of the evolution, all the experience that the soul is having, all of the unfolding is coming through our experience in the outside world. So yes, if we have limiting belief systems in our subconscious mind that are limiting our world, or if we have fears of a certain God-essence of some sort, that we are unworthy of, or that we are being judged or we have unworthiness because of the fact that we have made mistakes, or that somehow we bought into the idea of what was shared with us while we were growing up through parents, things like “you will never amount to anything”, or that you were in school and teachers may have looked down at you; whatever the situation, all of these limiting beliefs – how we are perceiving the world in our mind - and all of these traumas that we may have

experienced will impact your experience. For example, if we have a situation in our life that we have locked up such that we have this huge fear of certain things, those fears are all obstacles for us to create a different environment. These are all obstacles to allow the soul to move forward. This is the reason why these intensities are happening on the outside part of our world. In your mind, in your experiential realm, in your world, because the soul knows that this is how you dissolve it. Once you dissolve the outside programming, the soul gains it's enlightenment to move forward. It is key that we dissolve all of this. This is the reason I am sharing what I am sharing. It is to really challenge you and to have you see beyond. You are not these programs and we are now at the stage where all the intensity that we are experiencing is for that dissolving.

The consciousness shift is in the consciousness of the mind. It is evolving our computer. It is actually disseminating and dissolving all of the old programs so that we expand. Once you are able to dissolve a lot of our limiting beliefs, our judgements, ways of looking at the world, how we feel about ourselves, etc., your whole experience of the world starts to shift. Not only that, you start to have clarity, you connect with your higher self more and more. Because all of these layers, they are just like the veils, all of these belief systems are what blocks us from having that connection. All of this dialogue that we have in our head is just the ego mind giving you ideas of what is going on. You know "this is how it is". It is all operating from the stuff that has been programmed, the stuff that has been conditioned through these experiences, the stuff that hasn't cleared, and it is using that as a reference point. The people who are denser, those that feel they cannot make progress, they are so deeply ingrained in belief systems that it is so difficult for them to break free of it. At that point the soul can push, push, push, but if it

only locks itself in more fear, then we are not going to do it now. They will not shift. They will do it next time when the energies are different. So yes, the clearing aspect of it, this is what we are doing. It is the clearing out of all this stuff.

7. **The Different Levels of Programming**

We pick up different layers of programming when we come into this experience of what we call our life. We pick up programming or a belief system at the mass consciousness level. And then we pick up more programming, different layers, at the family level, and then we pick up more programming, more beliefs at the personal experience level. So we are talking about a multi-layered level of programming that we have accepted that is now in the process of being completely re-engineered.

The soul chooses the experience it wants to come through. When it leaves, of course it has none of the programming. It knows to use the experience on the planet because this is what we have chosen. The souls that are coming and reincarnating on this planet are the souls that have chosen to experience evolution and enlightenment through this realm - through this 3 dimensional world, and through this sensory experience. As it is doing this, it will choose different places to reincarnate, through different body styles, through different cultures and experiences. The moment that the soul is entering again into the dimensional aspect of the planet earth, it picks up the collective consciousness which is the basic operating system. Then from there, it picks up the genetics of the family

structure, the culture program and of course also what it has observed through its growth process and education. Education is another form of programming to the computer which makes everybody follow the same pattern. You will notice some of the children coming in right now- especially the ones with higher updated software programs – they are coming and are not latching on to the collective consciousness and all the other layers. They are the ones that are looking at it and they are not willing to participate in the school structure. They are called misfits or they get labelled as having ADD and all this other stuff because they are not willing to be engaged in the programming. You will also notice that some children come to a family structure and they are directly opposed to what that family represents. They are doing this so that they can dissolve their own layers and they are also assisting all the members in the family. This is because the soul actually chooses to reincarnate with other souls to assist one another. It is not one-sided at any point in time. It is a mutual agreement throughout the whole process.

8. Soul Purpose Versus Ego Mind Desire

The soul's desire is to move forward, to use whatever experience to unfold, to dissolve all the different programs, to be reconnected and to achieve this evolutionary re-enlightenment. By enlightenment I mean connecting with the source, knowing more and more about who it truly is, and to do that to the fullest extent so it creates a whole different environment.

The ego mind is different. The ego mind has desires to play within the game, play

within the program out there. The ego is going to desire what it sees on the outside world, and it is saying, “I would love to have this beautiful home, and I would like to have this beautiful car, and I would like to have this beautiful relationship, and I would like to have money in the bank.” The ego mind sees that as the only self-worth that it has. “This is how I see myself being someone, I can't say special but a “somebody” on the planet. And as long as I am looking good and I have people that love me, and people that support me, and people that adore me, then I am really doing well and I am successful” -that's the desire of the ego. The ego has all types of desires.

When we are creating goals we are creating patterns of desire. The ego mind uses that as a form of what it wants and what it desires. What the ego desires is continuous. It is never, never, never, never satisfied – ever! It is not designed to be satisfied. It is designed to have that carrot in front of you constantly. When you think you have reached the maximum of where you have everything under the sun, it keeps looking for something else and now it cannot even put it's finger on what it wants next. The ego desire is constantly looking for affirmation, constantly looking for the paradigm to create and create and create and to look forward. If you look at all the success programs, and I am not here to knock them because they are all part of playing the game and to assist us with clarity, all these modalities that are being taught – how to feel self-worth, how to succeed, how to make money, how to demonstrate or create all this environment, how to have all of things that you want, how to be happy, and all this stuff, it is all still playing within the game. It is like we are playing Monopoly and we are just learning how to play the game better but, we are still in the same game. That's the trick. So we are learning the rules, we are creating the rules – how to play the game better and better. The

point the soul is saying is, “We are not interested in playing the game anymore. It does not matter how well you play the game, we are not moving in the direction we want to move in. The choice is here. We want to create a whole different reality. We are not concerned about what you have, and your incessant chasing after more and more and more.” It is ego that looks for more and more and more. It tries to find itself, and prove its worthiness, and its acceptance, and its power, through acquisition and control over others and situations, and by having more and more and more- but it is an endless cycle. It is a cycle that does not come to an end or fruition. Ego can not accept, “I am here.” The moment you say “I am here” you have to go out again and do more and more. That is the big difference.

The soul, when it reaches that enlightenment, it has a state of peace because there is nothing outside of you that brings happiness. The happiness is in you because it is a choice that you make. We do not need to look for love, love is already in you. It is you, period. Love is there in the most abundant, expansive way possible - it is not limited. It is not susceptible to boundaries and it is not susceptible to the fickleness of others. You talk about people who love you and who you love, but look how stable that love really is. It is always conditional. Not only is it conditional but it is also built on expectations. People have said to me, “I live for my children”, or “I love my children so much”. Here is a question for you: why are your children so important? Is it love? Or is it need? Do you need them in your life because you can't find that fullness in yourself? I am not saying you don't love your children. I am not saying that at all. But, do you love your children because they are your children? No. You love your children because they are love, and you are love, and that is your natural state. You love them. Period. Without expectation, without them being a reflection of you— because most people see children as a

reflection of them. If their children act a certain way, then it is a reflection of them. And if their children react badly, it reflects badly on them saying 'I am not a good parent, and they came from my genetic pool here and they are reflecting a part of me that I wanted to keep quiet and I did not want anybody to realize.' Anything of that nature, that's the way the ego works. At that level, there is never, ever fulfilment or stability in any of that at all. There is a big, big difference between the soul desire and the soul state and the ego mind state and what it desires.

9. What to Start Doing Right Now

People are all going through levels of confusion as the old programming is dissolving. It could be confusion in areas of finance, it could be confusion in areas of personal health, it could be confusion in areas of personal relationship. We still live in this physical world of doing. How does one start using clarity to live in this day-to-day? All while currently being in this existence, where a job still plays in, where paying the bills still plays in, where buying food stills plays in. How do we start in this consciousness shift, to move into the reality of dissolving the old programming? How does one start that right now?

Yes, we do live in a world where all these structures are still in place. Yes, we still need to work, and we still need to make money. At this point, I say 'need' in a very loose way. Yes, we are still functioning in a world with all of these parameters that we need to function within right now. However, even in the work environment there is confusion. Confusion is coming up where people are starting to feel

uncomfortable with the experience of the job that they are doing. They are starting to question things. Of course things are starting to stir up, not only with that, but also the uncertainty because there are structures there that are collapsing, and more of the collapse will continue to happen. What we need to do, and this is where the observation comes in, is to start observing what is playing out. Observe and stay open. I am saying this right now very powerfully –to be open without hanging on to the belief systems that we have had in the past.

For example, there is something happening at work, and you are starting to notice or you are starting to feel that my job might be uncertain. You are doing something and it is not what you want to do any longer. Just realize that there is an “uncomfortableness” that you may lose your job, that there is no stability in it. That somehow the program itself has locked into the fact that this job is my security, and if I do not have this, that I may not have food on the table, or that I am going to lose everything. We have to see that those thoughts, those beliefs are only a program. It does not mean that you stop working. It means you start noticing. This is the reason a lot of this is coming up to the surface –it is for us to look at what we have taken on as a belief system or as a way of life and observe it. Start seeing it for what it is, and then choose to not be wrapped up in that belief structure. If there is a situation where your “uncomfortableness” is feeling that your job is insecure, then at that point, you can see, “I am hanging on to this. Now I need to trust that I can go beyond this. I do not need to hang on to this idea. I will do what I am doing and if I feel that something needs to change, I will change. I am not going to lock into the idea that this is my way of life, and that I need to hang on to this or my whole world will collapse.” As you start doing that, you start to feel a little bit more whole. You start feeling empowered. You are now no longer working in

survival mode, not in fear of losing this job. The ego mind is very good at creating all types of belief systems or visions of what things may look like if this one little equation steps out -meaning I do not have a job. It will create all kinds of scenarios like I am going to lose my house, I am going to lose this, this, and this, I cannot pay my bills, or I cannot do that. It will then create how you think it is going to look to your family, to yourself, and to others around you. It is very creative. The ego mind can create a lot based on the software program that it has. Therefore, as we are going through different scenarios, it is about realizing and observing that these are just programs that are playing out. The moment fear starts coming out, look at what that fear is about. You will see it is to do with belief systems, the belief that this has to be in my life. You then say, "I am choosing to no longer engage in that." If you have to feel the fear, then you feel the fear, then you say, "No, I am not going there." You stop yourself, or you play with the fact of "I do not need to hang on to this." The souls that are reading this book are reading this because this is what you need to hear, not what you want to hear. You can go beyond all of this. This is why we are going through what we are currently going through. What we are experiencing is to have us really examine what we believe is our reality and our world, these structures that we have not questioned before.

10. Awareness and Surrender

Awareness is the first step to having clarity. When you realize that it is all playing out and to not be attached to how you think something needs to be then, you do not

need to suffer. You then realize that this is here for a reason - it is here to serve me. “Let's see where this goes”, as opposed to fighting to keep things the way they were. The attachment to outcomes is a big one.

To flow through this shift, at this point people throw the word around, “surrender”. This is deceiving, because surrender means: I am going to give up and be piled on with what the world is going to crush me with. This is not about that. It is about saying – “I am going to go with the ride. I am going to see how things unfold. I am going to take each moment for what it is, and then make a choice. I am going to also observe what is playing out behind the scenes in my mind -what is coming up to the surface. What fears are addressed? What concerns are coming up? What scenarios? What stories that come up, and then to see them. They are just stories. They are just programs that are coming out.” You start seeing through that and you start going with the flow. By going with the flow – with whatever happens - you do not get attached to outcomes.

Attachment creates suffering. Don't have expectations; don't look at things as if they have to be what you think it has to be. You still make the choices you make at the heart level -or whatever you want to call it -and just go with the flow. Whatever unfolds, you make the next choice, the next step from there. It is like you are going to take a journey. You do not know what it is going to look like. Be open and do not expect it to look a certain way. You just start walking. You start moving forward, whatever unfolds, unfolds. You see it. Is this going to serve or not serve? If there are things coming up that are creating fears, or discomfort, or a challenge then it is there for a reason –to have you observe the program in you. Once you observe, know that you are choosing to move beyond and take the next step.

In doing that, moment by moment, the suffering is reduced greatly, if not completely diminished. The process becomes so much easier. The soul enlightens more easily. We move forward. We create a whole new reality in the world completely. At that level of clarity, as you are going through and making the choice, you will notice that you have accessibility to higher consciousness -to a higher aspect of yourself. You will then notice that you are now feeling more and more empowered. Your choices are based at the soul level rather than the ego mind, and your world is completely transformed.

11. The Time Frame for the Shift:

When is the shift to be completed? Is there a time frame for the shift to be completed?

It all depends on all of the souls, and how it all unfolds. The push is to get a lot of it done by the end of 2012. However, it won't. The way we are right now, it will not happen. The way we are right now, by the end of 2012 a lot of our old structures will collapse and by the beginning of 2013, we will be in the rebuilding mode. However, we are a little behind on the construction here. We will call it that. Yes, there is still going to be a lot of work to be done after the 2012 mark. The difference is that we are going to be in the new cycle, the frequencies are going to be different, so everything is going to become even more intense. It is going to become more intense in order to challenge the software program and to challenge the ego structure. Depending on which point the souls are at after the 2012 mark

will define their experiences -how much intensity they will experience. The more detached you are, the more you have cleared your programs, expectations, and beliefs, the easier the flow will go and the quicker you will be in the state of a whole different world environment.

There is a time frame but there isn't one because we have already exceeded that aspect of it. We are still making a lot of progress. To say that 2012 is going to be totally different, in some ways yes, but it is not this magic boundary that everything will change overnight on December 21, 2012. So what happens on December 23, 2012, the whole world will be upside down? No. The world carries on, the frequencies change and, we are into another cycle. The new cycle will not support the old software program. That's the thing. Depending on the ego structure and our programming, how rigid it maintains itself, that's how long it will maintain itself in stability. The energy will not support it. Humanity will keep holding on to it as long as possible. It is like holding on to something with a tight grip and, of course, it is getting heavier and heavier and heavier. Vibrations are increasing and eventually you lose your grip and then let go. This is where we are heading.

Questions:

Am I Far Enough Along?

Every step each soul takes is affecting the shift. To bring this to clarity, we are all connected. Each step that a soul makes in enlightenment and dissolving the different programs, is affecting the collective consciousness. As that is happening, it is assisting the collective consciousness and that affects everybody in that consciousness. This is the key. This is the reason why the more souls that are moving forward, the easier it makes it for every other soul to move forward as well. It will make a difference for the whole collective. So yes, it does not matter how far along you are. Now of course, the further along you are, the more powerful your change affect will be. You have already dissolved a lot of the programs, and as you do that, you actually emanate a different frequency. Your frequency starts to change. All of the belief systems, and all of these levels of density that you are experiencing are what keeps the frequency down. You are walking around and even if you don't say a word, your frequency is changing and it is affecting everyone around you. So yes, you are making a difference. All the souls that are reading this are already making a difference because of the fact that you are reading this book. If you were not ready to know this, you would not be reading this book. If you are reading this, then you have already made some major strides in releasing ego programs.

Will My Partner Come along as well?

Regarding the soul mate, it does not make a difference. There is the twin soul aspect of it, which is your other half of the soul. If you do meet your twin soul, then a higher level of frequency exists and you do affect things a little bit more, but that is not important. Now there are more twin souls coming together because they do work together. The fact that their frequencies are coming together creates a powerful infusion. Soul mates play a role in our lives. There is a difference between twin souls and soul mates. Twin souls are the other half of your soul. I will cover this latter on in a new book.

What is a soul mate? These are simply souls that you have made an agreement with. You have reincarnated in other lifetimes with each other and you have agreed to come in together at different points in each other's lives to play. This is to assist you in breaking out of your parameters -the dynamics that you have been playing with going through the programs. They will come and go. Do they need to be with you for you to make progress? Absolutely not. Everything is in perfect timing. You will meet them. They will be in your life as long as they need to be, and then they move on. They will help. They will help everyone. We are constantly meeting soul mates all the time. We have been made to believe that there is one soul mate that we need to search for, that we are supposed to be with and that life will only be miraculous with this soul. No, there isn't! We have many agreements. Many souls come into many people's lives. We are currently in a state that no matter what you

are doing, you are moving forward and assisting the collective.

I am starting to notice my judgements. What do I do next?

This is good. You are now aware of your judgements. That is the first step - to realize that you are having those judgements. To turn them off is quite simple and difficult at the same time. The big step is to observe the judgement. As you see the judgement, see yourself judging. Then you say to yourself, "I see that I am judging and I am choosing not to judge." Do not judge yourself as you become aware of your judgements. Do not see yourself as a bad person because you judge. Just notice that you are choosing not to play that judgement part. As you observe judgement and chose to no longer judge you wipe it out of your mind. You just push it off to the side, you do not suppress it if a judgement comes out, let it play out. See the judgement for what it is and then say, "I am no longer playing this", and you stop it. As you do that, you will notice the judgement diminish. It will become less and less until you do not judge anymore. You can walk around, deal with other people and situations and you find that you no longer automatically judge. It is peaceful when you do not judge - completely and absolutely. It is beautiful that you are having the challenge because it makes you stronger, and you can empower yourself to see that you have power over the software program because judgement is just another part of the software program. When you notice the judgement coming up, do not suppress it instead say 'stop', observe it and then let it go. You will notice as you do this more, you will see less and less judgement. By doing this you are conditioning the mind to not use that part of the program.

The mind then sees you no longer choose to play with the program. It sees that you are not giving it power. Every time you engage with it - the judgement - you re-experience the judgement and you reinforce it. You are giving it more power so the ego says, "Hey it's being used so let's maintain it. It has a function here. Let's keep it intact."

In this time of great change, how can one help a family member who is suffering with relationships, as well as health and financial issues and is not even open to being positive?

The first way to help is not to get engaged. I know this sounds weird, but it is to not get wrapped up with their experience. One of the things that is confusing is that people talk about compassion. Compassion is empowering in one way, but totally disempowering in another. If we allow compassion to become a factor where we actually become wrapped up in their emotions, and in their grief, then all you are doing is fuelling it -and becoming a part of reinforcing it. If someone is going through drama, or intensity, the compassion is to understand that they are just going through this process, and that they have the power to go beyond it. With a clear state, you can share whatever feels like - at the heart level, without judgment, without trying to teach them anything - sharing with them at that point and not getting engaged in the emotions involved in it. Especially when it comes to loved ones. With people who are close in your life, the program is a lot more difficult because the program says, "They are in your life, you need to be there, you need to support them. You need to be part of their life." Yes and no. There is no difference between one soul and another, they are just playing another part. However, they

need to empower themselves. How you to empower them is by not getting engaged in what they are going through. You see with clarity and help them with clarity so when they are not seeing the clarity you share the clarity with them. If they are going into a very dark state, without you getting in it, share with them, “You are being wrapped up in whatever is presenting at this time.”

The second part is to trust that there is also a higher self in them, and that their soul is creating all these situations in their life. Please understand this. No one does anything that is not beneficial at some level for them. The soul will allow anything that is coming into their life to be a tool to help them. So if they are going through various levels of dark states - struggling with relationships, struggling with finances, or whatever they are struggling with - it all presents for them as a tool to see beyond the program, to help them to dissolve the program. All you can share is some clarity and light as it comes to you, without getting engaged in it. Be sure to not feel bad or pity for them. Allow them to go through the process in a loving state and know that it is perfect for them. That is why I said, and please remember, “No one goes through anything that they do not need to experience at the soul level. It is always, always beneficial for them to assist them to move forward.” They can get out of it at any time. If you feel so, support them, but do not get engaged and do not feel bad for them.

How about being positive?

Our state is to be neutral and not to say, “Look at the bright side! Look at the bright

side!” Instead say, “It is what it is. This is what is playing out in you right now. You can let it go. Let's look at things a little differently”. Be an open platform. That will give you clarity on how to deal with that. It may be difficult at first, especially if there is an emotional attachment to a certain individual or a certain family member. If you are getting locked up in their experience and you are feeling, “I need to play this role” then realize that you have chosen that software program. Remember, whatever they are going through, whatever you are observing and whatever they are making you feel, the stuff that you are feeling personally, and the stuff that it is bringing up in you, is all part of your program that your soul level is desiring to dissolve. Those members would not be there in front of your eyes and making you feel a certain way unless it was beneficial for you too. Everything is perfect, perfect unfolding power.

How does Christ and heaven and hell fit into all of this?

We have God, which is the source. I am using the word loosely because that's what people refer to as the source itself. It duplicated itself, which we call the Christ Consciousness, into trillions of fragments of souls going out to experience. First manifesting different realms and then experiencing itself and doing an evolutionary process through all of these other realms. That is Christ consciousness. If you are referring to Jesus himself, he was a being like you. He was a super-being that came onto the planet as a super-human to bring in a message. The message he brought was love some 2000 thousand years ago. When he came on the planet, he came in to introduce love because love was not a factor at that point. Even human love did

not really exist at that point. People were into ownership. People had children because they needed a support system to help them in their old age - to man the farms and cattle and so forth. Family was another property as were relationships and self. At that time it was all about ownership. You come into my life and you do this for me. I do that for you and that is it. Everything was ownership. Love really did not exist. It was a very small fragment. He brought that message to man.

Heaven again is another mind construct. Basically it is the realm that the soul - the source that exists - what we call the God-Source or the source of what is. Is it out there? No. It is everywhere. We are God. We are the source. We are the source that has gone out and decided to manifest, create, and experience its' creation through itself, through various realms to have the experience of forgetting what it is - it's source, it's knowing of everything and to experience un-knowing to re-know itself again.

There is no hell. As shocking as that may seem, that too is a mind construct. Let's put it this way: everything that exists is source. As a source, it is pure, pure potentiality. We can create different aspects, different experiences, or different manifestations but it is all source - it is all light. Life can also produce darkness, to experience itself, to experience that darkness and then the experience of going back to its lightness. As for hell, there is no hell. There is no devil. We do have, through pure potentiality, a manifestation which we can create which is dark energy that works at lower frequencies, creating experiences that we can call "hellish". That is again a categorization. Are we here to earn our way to heaven? Absolutely not. There is no such thing as that aspect. All we are doing here is evolving, becoming enlightened, and remembering who we are. We are the God-essence or source as

we call it. Is there a hell waiting for us because the religious belief systems have conjured that up as a fear mechanism? No there is not. There is no hellish experience.

Here is a fragment that I used to use with people who are religious - and I am just playing with this for the sake of playing with it. The belief system says that there is a hell, you have sins, and you go down to this pit of fire. Then we have all the stories about eternal damnation. If you believe that there is a God, and God is our father -per se -let me ask you a question. If you had a child or children, and your children really misbehaved, and did not agree to your rules that you created. And you made the rules tough enough for them because they are dealing with the mind, would you damn them forever to hell, to a place to damn them for eternity? Would you do that? Any father that has any love or compassion would say no. That is even a father with an ego. All these stories that we hear about heaven, hell - it is all based on ego. It is all based on programs. It is all based on a God that is a reflection of our ego. God does not operate on ego. The source, I used the word God because it was mentioned, but the source does not operate on ego. Ego is a software program that is individualized here on this planet and that we are experiencing now. Once we step out of the body, the ego program does not exist. At that point in time, our whole view of things is totally different. We do not have judgement. We do not have categorizations. If you look at the belief systems that religion sells - God is jealous, God gets angry, God judges, God has all of these rules and if you do not follow them he sends you to what we call hell – it is just an extension of an hierarchy arrangement in an egotistic way.

Are we going to see a collapse of the monetary system as we know it right now?

The whole money system is a man-made concept for control and slavery. It was designed to conquer and separate. To create the “haves” and “have not’s”. It has been designed to be a control system. The shift that we are going through will no longer support that. It is already starting to become visible in that respect. Our monetary system, all of our financial structures are going to collapse. How quickly and by when is still to be determined. It has had the opportunity to collapse and of course the state of humanity is, “Oh, no, no, we cannot have it collapse”. It is being artificially supported, but it does not need to stay in place. We are going into a world where there is no money. Money will still remain in some for the next 20 years, but by the time the 20 years are up, there will not be any sign of it whatsoever. It is not going to stay intact. It is going to shift. Shift and reconstruct until it dissolves completely. The only reason it is going to stay intact, to some degree, is because people won't let it go. It is a whole concept that this needs to be in place. All the other structures that we have in place are going to shift. Once we shift it over the 2012 mark, you will notice that a lot more of this will collapse to the point where we are going to see the insanity of it. Even a lot of the manipulation that has been going on behind the scenes, is coming up to the surface now and will be coming up more and more along the way. Yes, once the shift is over, and we are in a different world, there will not be ownership any longer. The monetary system, a lot of the structures that we have now, will completely dissolve.

You will notice that we are going to a simpler life. Not meaning that we are going back to living like apes on trees or anything like that. But it is going to be a lot simpler . We are not going to have all of these layers and layers and layers. We are going to have a much simpler life where people will not be driven to consume or driven to have stuff. This is because there will be a common sharing, a common experience for everybody. As for debt, play with what you need to play with now. The form will shift. The form that it will take will depend on how quickly the collective starts letting it go. As the frequencies increase it will force more and more of that to collapse. The control mechanism of money presented a certain experience for humanity and we have chosen to go beyond it. All of that will no longer stay intact as we go along. It is unfolding and it is dissolving.

Anything can change at any time. Do not give into the whole idea of debt and the fear that this is going to be a weight around your neck for the rest of your life. Do not give it any power. Just realize that this is a momentary experience. I am going to deal with this momentary experience and I am not going to get concerned about how it is going to look. Just do what you feel like doing in a peaceful manner and everything will unfold. What has to dissolve will dissolve. The key is to not give it any fear and power, or to feel that it has you by the neck and that you cannot live life because of it. Don't go crazy with it. At the same time be in the moment with that aspect. This is my situation now. It will change. Everything is changing constantly. As your consciousness changes, everything changes. Just allow it to be in the moment. This is the way it is. Take whatever procedural steps you are taking but do not paint a picture in the future that I am going to be here doing this for the next 20 years, 30 years, 40 years – paying off these debts.

How long will we have to wait to see the positive benefits of these changes?

It depends on us. The benefits are individual and collective. The collective is going to take a little longer than the individual. Depending on how devoted and dedicated you are to noticing all the programs that are going on inside of you and to dissolving them. Letting go of all this baggage you carry. The emotions and traumas that we have had, as we let these things go our whole reality starts to shift. Our personal world around us starts to shift. As our personal world shifts, our outside world starts to shift as well. We are going to create and manifest different things in our lives, meaning our frequency will change and experience will change along with it. If there are certain areas that are not conducive for you, you will know when to move. If there are certain situations or opportunities that need to unfold, they will unfold. For example, the money situation – as long as you are not focused on the fact that you have to do it the old way and that you have to deal with this debt for a very long time, and just go moment by moment- things can unfold where it can all dissolve instantly. The change is within you first. That's what is happening. The benefits will then happen within yourself and will be reflected in the collective as you go along. We will start noticing a big part of the change now and the projection within the next 5 years for big, big change. The changes are happening every moment. You are going to notice it as we go along.

What are the other options that we have beyond working every day for money?

Currently that is still in place. The first step is to dissolve how much importance it has, how much power it has over you, and how you feel enslaved by, “This is the way you feel you have to do it.” Start looking at your choices, at how you view the world, and what your desires are. Seeing - “Do I really need all this stuff? Do I need to continue chasing this and chasing that?” Start making different choices. Start noticing what you truly desire and truly need in your life, at this point in time. That can be reflective of how much time and work you need to put into the career that you have – to be open with that. If the career is bringing up certain emotions, certain difficulties, realize that it is just part of the program. See what parts you need to let go of. Once you have done that, you will notice that either your whole view of working will change, or that other opportunities will come up. As you are shifting, your consciousness will change such that your life is not based on work and wealth. As that starts to shift, it feeds that into the collective consciousness. Others will start picking up on that and making shifts as well. As the collective starts to shift it will come up with other options. Other options being, “Hey we do not need to do this, and we do not need to maintain all of these structures.” As a lot of the structures start to dissolve, other opportunities will present, where you do not need to have as much, and you do not need to work as often. You then start realizing that you can do what you actually enjoy doing. Before we get to that point, we are going to have some bumps and some rough patches. That, again, is all beneficial. Those are the first areas that will shift - your perception of work and what you are doing -what you need in your life. That is the first step. The rest of it will start to unfold and will be unfolding as you go along.

How many souls are needed for this shift to take place?

Based on the amount of souls on the planet right now, 6.8 billion, we need somewhere around 300 million souls to be on track to shift the whole collective consciousness. That is 300 million that are actually moving forward, who are entering the super-human state which is, basically, humanity humanizing itself and taking control of its outside world creation.

Where would you say we're at right now, at this present moment in time?

We have passed the half-way mark. It is accelerating very rapidly. The more souls that are coming out, the more will be joining because it opens the doors for many others. The other thing to, that I had mentioned earlier, is that the souls that are actually maintaining a very low density or lower vibration are the ones that within the next 5 years will be checking out of the planet. They will open the space so that the frequency can increase on the planet as a whole. Now it is not a done deal. It is not a fact that we are there. We are out of the self-destructive mode at the moment. We are not going to destroy the planet. Let's put it this way, we are not going to pull ourselves off the planet. We are not burning down the schoolyard or the school

itself. We have passed that part. The effectiveness of how quickly we change depends on how many souls cross over to that accelerated state. The reason why I am actually sharing what I am sharing is that I have had this awareness for some time and have been waiting to share it. Even then, what you are getting is a small portion of it. The planet has not been ready and most people were not ready for it. There are a lot more souls that are ready now. Where I can assist is with the souls that are moving rapidly, to help dissolve the barriers and belief systems. That's what the confusion is about. There is something happening inside that is wanting and pushing to change. But then there are so many different stories, so many different programs that are creating fear and confusion and saying, "I do not know what to do, or where to go next." What we are doing here is revealing a level of clarity that resonates at the soul level, allowing us to move forward and to get us out of the stuck state. We are doing okay. We are moving.

You said "checking out". Where does the soul go and what does it do, if it is not here?

The soul has a space that it holds itself in. In checking out, we look at the physical death as something very traumatic. In reality, at the soul level, it is like parking your car, leaving your car there and saying, "Okay, goodbye. I am going to walk around for a little while then I am going to choose another car, get into that car and drive around again." Each physicality it takes is just another physicality. It is a modality of transportation to get into the experiential realm that we are in right now. When the soul leaves the physicality, it basically goes into a state where it

waits to take on another physicality. The soul will continue to come onto the planet until it is finished this evolutionary cycle - until it achieves its enlightenment. Once it has achieved its enlightenment it no longer needs to incarnate in this realm.

While we think it is dead, it is actually watching. In the past it would use its capability to create different realities. We can go into a very long explanation, but we will make it short. It used to go into a state where it used to create things and experience things without the density, until it was ready to come onto the planet. What it is doing now, because of the shift that is taking place, is going to a state where it observes humanity moving through this evolutionary cycle. It's like when you go watch a baseball game. You have 50,000 people in the audience watching the baseball game and you only have a few players on the ground playing. All the souls that are on the planet now are the souls that are on the playground playing. All the other souls who are not in a physicality are watching what is unfolding on the planet. Later on they will choose another physicality and another experience to come into.

What is the best way to dissolve layers and get to that state of becoming totally connected to your source?

The energy right now is very conducive to that process. The key is to observe the different programs and the different areas that come up - emotions, reactions, thoughts and voices. Things of that nature that are coming up as you are experiencing your life. Observe the feelings that you are feeling. Observe the things that are coming up, that bring discomfort. These are all attached to layers, to

programs, to belief systems. As something comes up, observe it, like we were saying earlier about judgements. Say anger comes up and you are feeling angry. Anger, when it takes control, it is basically in the driver's seat. You experience it. Allow it to be an experience without resisting it or judging it. Afterwards ask yourself and observe, "Where is this coming from?" Ask yourself, "Why am I feeling angry?" Your first observation may be "I feel that I am not being myself" or, "People are always doing this to me!" Then ask yourself again, "Are people actually doing things to me? Or am I just allowing myself to take it personally?"

Observe. That is the most effective way. Observe it. Seeing it for what it is, and then choose to go beyond it, to let it go, to see that there is a certain fear of a belief system. See it for what it is, "This is a belief system and I am choosing to let go of this belief system." Those are the veils. Those are the things that are blocking our experience from being expansive. They are all those programs, voices and so forth that are playing out. The best way is to notice them, see them, not to fight them, not to resist them. Experience it. See it for what it is. See them as just the programs, just the thoughts, just the voices in your head that are being made up at the mind level, then choose to let those go. "I will not play with that one any longer." "I am not playing with this one." As you do that, you will find yourself getting more and more empowered, and you will be able to handle them more and more effectively. Other ones are going to come up. Even trauma and fears come up. It is a matter of going through them. In some cases, yes, you may need some external help. I am hoping to create an environment for that. For now I would say observe it, see it for what it is, realize it is all just thoughts and belief systems coming up, nothing more than that. As you see them, just let them go. Resolve it - choose to not play with it anymore. Be strong with that. Somebody was saying, "I

do not want this to happen to me. I do not want this to happen to me.” Well, look at what you are saying – you do not want this to happen to you. That means that you are feeling victimized, you are feeling that it has power over you. You have given it power because of that. To be free is to not to see it as happening to you - that you are the victim here. To have power is to say, “These are just thoughts, these are just programs. I choose to not go there anymore.” Not in fear. Not that it has power over you. None of that. No, I am not going there. Period.

What can I do to accelerate meaningful change within myself? It seems that the more I change, the more I stay the same.

Allow all things to show up, and to do the observation. If you ask your higher self, “Let's accelerate this. Let it show up. Let it come in full force. I am ready for it.”

Use the technique that we just talked about. The only reason anything continues to repeat itself is that we have not really determined that we want to let it go.

Sometimes it is an attachment to what that presents. You need to check that out to.

Sometimes with the clearing we are doing with people, certain habits, certain programs stay in place. Even if they are uncomfortable, and you want to get rid of those programs, there is some benefit that has been associated with it. I have power over it, or I will get pity from it, or it gives me some excitement. Just notice that and see if it is attached to some benefit we have placed on it. By keeping it like this, I can keep the relationship this way, or I can control the relationship. I can affect certain people this way, or I can do this or that – it is to notice that. If something is sticking around, and it is not going anywhere, ask your higher self,

“Present to me what is holding this in place.” See what unfolds. The clarity will come. When it shows up, be prepared. Make peace with whatever it is. If it feels like there is something beneficial for you, as in - if I keep this, then I keep this cycle of experience in place. Ask yourself, “Do I want to keep this experience in place?” Does it make me feel totally whole here? Or does it keep me in a victim state? Or keep me engaged in a limited form here? If I am choosing to move forward from this, I need to let this go. You then let go. Once you cut that cord, you will notice if there are any other cords. You can dissolve those cords too then the issue that continues to play over and over in your life will dissolve. You will be able to say, “I am not going there anymore” and you clear it.

It is a matter of looking at the different layers and to notice if there is anything else attached to it. That is the expedited way - to ask for it to show up - to say, “I am ready for it, whatever it is.” When you get hit by it, or whatever presents, be ready to face it, feel it and then say, “No more! I am not going there anymore.” When you feel that strongly inside, you will do it. This is where you engage the power you have within you. Just ask the question. Even if you are closing your eyes and asking the question. If the higher self is muffled with all of the stuff that the ego is creating, you can tell the ego to keep quiet too. Not in an angry state but just say, “I am not listening to you. I am moving on. I want to hear clarity, and only clarity, and that is it!” It is all to do with your determination, firmness, and your real fearlessness of doing it.

It sounds like I -as a person -do not have the ability to choose, since the soul makes the decision from a subconscious level. Do I have the ability to freely choose my own decisions or is the soul the only one that has choice?

We definitely have choice, as to whatever is unfolding, how we choose to see it and what we choose to do with it. The soul only brings up situations right now in an accelerated way, to move forward from the old program, to get into the new program itself, and to dissolve all of these layers and limitations that we have experienced. All of these software programs that we were working out. The soul will bring those situations. Where we have full choice is in how to respond, how to decide.

The soul cannot make any progress on its own. It uses you at the conscious and subconscious levels. The soul works through the super-conscious, but the super-conscious is involved with the manifestation side of things. If your soul is committed to make a move forward at an accelerated rate, and you at the conscious and subconscious levels want to create more manifestations that are superficial or ego-generated, yes then it will not occur. You will not have the same level of control. However, you do have the control that whatever presents, to use that to go to the fullest extent of who you are by dissolving all the layers of what you are not. Which is all of the software programming that limits you from seeing who you are and from being your full potentiality. You have a lot of control. You have a lot of power over that aspect of it. If your soul has chosen to move forward and you are making progress and you want to get wrapped up in the world of finances and playing games and all that stuff, then maybe, you are not going to get that. If your soul has said, “Hey we are not going to get too far this lifetime so go for it. Have

fun while it lasts.” Then of course, you will be able to manifest anything you want as long as you engage the law of attraction and manifestation, at the conscious and sub-conscious levels- then yes, you can still manifest with that aspect of it.

What we want is soul growth and to create a whole different world. Once we have created this new world, and we are in this state, we are no longer limited to the limitations we have now. We will experience an abundance in every form - where you are not dysfunctional or experiencing dysfunction because you feel whole. Completely whole. Right now you are not whole. As long as the mind is in control, you are only fragments of thoughts. Each thought takes you into another experience and each thought gives you some interpretation of what you are experiencing. You are never feeling that sense of peace because those thoughts are fluctuating and recreating again and again in forms. Those thoughts are not letting you see the fullest potential of who you are.

Everything that you have been reading here is going to continue to flourish within. There was a lot of information here. Usually the mind gets all engaged and questions. Reading this book has already shifted you into another frequency. It has given tremendous food for the soul to use to move forward. That will engage you to, in your experiential world to have more clarity, more awareness. It will also actually allow you to notice things a little more clearly so that you can actually address it. As you do so, you move forward more quickly, more effectively. It all works out perfectly hand in hand, throughout this process.

We are on a tremendous, beautiful journey. And yes, it may have its bumps and bruises. It may have whatever it needs, the outcome is absolutely amazing. What we are experiencing on this world right now is the envy of many of our cluster planets that are connected with us. They are all observing, wanting to see this shift take place. It is a phenomenal shift taking place because we are coming from a very dense, dark, limited software program to a lighter, higher vibrating and reconnected state that we are choosing to go forth into. It is all happening in a very short period of time and in an accentuated way. It is creating new precedence as we are going along. We are all here at an amazing time. To be reading this book, you are in a most precious moment.

This experience that you are having right now, is perfect for what you, at the soul level, have chosen to experience. The energies will continue to change and increase within you. I am in tune with all of you. I am always there. If you have any questions that you come up with, and that you choose to ask, just ask it. Ask and trust that you ask the question. I am up 24/7 and getting questions from all of the souls. The questions come at the soul level. There are souls asking questions all the time. I am answering the questions back to them while I am going on with my regular life, which is assisting people. At the same time, it is an ongoing process. You have access to that also. It is not so much of a belief system as the fact of trusting that it is there and the source will be there for you.