

ACCESSING INNER GUIDANCE AND TRUSTING SELF

Group Teaching
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With

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Antonia

Good evening, everyone, and welcome to the Masterpiece Life Conference Call Network. My name is Antonia Hagens and I will be your host and I want to welcome Franco DeNicola, my good and dear friend, who is joining us tonight so that we can bring to you this great love, this great assistance, this clearing call, which is based on trusting/accessing your Inner Guidance and trusting yourself.

And I think this is the perfect time to be having this call: the beginning of 2012. And Franco and I have had many discussions about the changes that are coming this year and we all want to be in a state of really being able to access our Inner Guidance and trusting ourselves to move forward. And that may be very different things for everyone listening here tonight and so that is why this program is (so important).

So I welcome you. Thank you, thank you for being here. This is a paid program and we appreciate your contributing because it is the contributions that allow us to put these programs together for you.

So with that, Franco, I want to welcome you again tonight

Franco

Thank you. And I welcome everybody to 2012! The big famous year that everybody has been talking about for quite a few years now, and we're right in it, now. It is a year what some people call it "the final stretch", our final year that we are still in this last cycle that humanity is going to maintain separation. And the unification, the Oneness, the state, the rapid shift in consciousness ...all of it will create, or actually unfold, at the end of this year.

So there is going to be...and we are already deep in it... but it's going to be even more accelerated for this to all play out, so we are in for an awesome ride. **And that's what it is: it's a ride. We have to remember that; we need to keep in mind: it's a ride, and we signed up for the ride.** We didn't sign up to torture

ourselves, to feel in some way that this is here to punish us or that somehow during this journey that we are on that we made a mistake or something of that nature. No, it is exactly where we need to be.

And each one of us has selected this timing, selected our journey, and really are creating all these beautiful alignments to allow the fantastic expansion that we are all hooking up to and are allowing to take form for each and every one of us. And, as you were saying earlier, each one of us, of course, is going to have it in a different form. **But all of it, each one of us, is creating a beautiful piece of that puzzle that makes the beautiful canvas of this piece that we are offering and contributing as a part of the universal aspect of it and then going further to the Source-ness of All There Is.**

Antonia

Yes. And as we move forward, things may seem to get out of control or they may seem to not make sense and that is where the importance of being able to quieten and access your Inner Guidance is very important. And I think, when we're talking about doing that, not only by taking that time out to meditate, but, once again, to be able to get into that state where you are able to listen and trust what your Inner Guidance is providing for you.

Franco

Exactly

Antonia

Now, Franco, I know you wanted to.... I want to tell everybody that tonight's program will be divided up into two segments. And the first segment will be actually starting now – the conversation - we always have an explanation as to why we are to do this topic of Clearing for this month. And then we will take a brief pause and come back and then start with the Clearing.

*So why don't we go...I know we talked a little bit today...but why don't we go talk more about why accessing Inner Guidance and trusting Self is important. It's kind of funny because we know that it's important, but let's talk about how to go about it. Because we all need tools, and state of Being is what we all strive for, but there's always tools that help us access that better. **So why don't we go over some tools for all the people that are listening tonight and will be listening to this at other times that can assist each and every one of us on how to better access our Inner Guidance and know how to go forward trusting ourselves.***

Franco

Excellent. We will do exactly that.

Now the reason we have gone through this subject...I mean, this came up when we were talking about it, Antonia, when we were communicating back and forth with e-mails, on what were important topics for this start of this first Clearing session for this year. And we had a few that were already on the list. This one had shown up as a real "hot topic" because of the fact that things are accelerating right now and people are feeling a sense of confusion and they are going out looking for answers. And a lot of the time the answers they are looking for are resource materials and so forth. Or a dependency on others.

And in doing so, we seem to find that we are getting different perceptions, ideas, belief systems, and so forth, that at times come up and at other times there are levels of clarity and so forth. And it can cause a little bit of confusion back and forth when we're hearing different perspectives and so forth.

Plus, **everyone is on a specific journey.** And each one of us is on a very specific journey. Because when we look at it, our journey here in this physical form is really mandated by our soul. Our soul is the reason that we are in this physical form. It is the reason we have chosen this lifetime. It is the reason that we are unfolding all that we are. And we have agreed to have these unfoldments. And also be at this time when these energies are at the state that they are to allow us to expand. And that is the purpose here. **Each one of us being on our own specific journey, the soul came in with a list of "items", or what we call opportunities, to learn and also to experience itself so it becomes experientially rich, and to utilize that as a form of enlightenment.**

And the enlightenment process...and this is where it becomes very key...is enlightenment...You know, a lot of people talk about "remembering Who You Are". Yes, it is a part of that; it is remembering Who You Are while going through this human experience. **But, the thing is, you are not just remembering Who You Are, you are also experiencing different levels so that you actually create an expanded version of Who You Are. You see, we are not here to stay stagnant; we are here on a complete expansion of Self.**

Even Source...I mean, this is Who We Are, Source itself, God, whatever you want to call It...has created all these realities, all these plays, all these playgrounds, all these fragmented souls to create and experience all these different physical experiences to expand itself. It could have just stayed as Source and stayed stagnant, but that is not It's nature. And that's not our nature. Our nature...because we are Source, fragments of Source, created to experience and to expand...we are always constantly in an expansion mode discovering higher and higher aspects of Self. And creating higher and higher aspects of Self through all that we are experiencing. **So at this time we are all on a fast track of expansion.**

And, you know, always relying on other sources outside of us to dictate or even make a decision which direction to go in our lives or what we need to experience or not. **Because every time that we are asking for opinions or what should I do or not do or something of that nature, we are asking someone based on their journey.** And if they are showing you and explaining to you an opportunity, a tool or some method that you can discover your own personal journey, that's great. But them saying this is what you should do, or not do...

You know, as far as we can choose to exact a certain journey or not or make a certain choice or not, the path...each path that we take...is custom. We are the ones that are customizing it. We are the ones that know exactly where we need to go.

Now, of course, we have to understand that as part of the human experience and as part of what we have experienced thus far, we have gone to the point where, you know, we became so...I'd like to say "disconnected" ...but we've created layers and layers of isolation from our Inner Guidance, Who We Truly Are, from the Soul. Because by staying connected to our Soul and actually listening to it...Because **the key area you have to understand is that we are always constantly "connected". Our Soul is always constantly communicating, we're always accessing other Souls through our Third Eye, and we are also connecting to our Universal Consciousness and Source Consciousness - all the time.**

But, at times what happened is, we have gone through this human experience and we have taken in and been "programmed." And this is part of the program that we've accepted. **We've been programmed that we have to analyze, we have to calculate, we need to create that list... you know, the positives and negatives about it, the positive outcomes, the negative outcomes...weighing...creating that scale. And what we've done is we've taken the journey and made it very analytical, very cause and effect, and all this other stuff, and started to create all these separations. In a sense, now, we are not connecting with our Inner Guidance but we are now using our intellect which is programmed of course as to what is right, what is wrong, what is good, what is bad, what about this outcome vs. another outcome.** But each time we are looking at that (one outcome vs another outcome) is where are we getting that? This is again something that we share with one another.

Even education when we are taught that life works "this way", and this is the proper etiquette, and this is the way we should function, and if you do this and you study this way you will be successful/unsuccessful and you will have this or that. Again, what we do is we have created a structure saying that this is the only acceptable state of being. **And then as long as we walk through that structure, we just keep repeating these cycles.**

Now, of course, everything that we experience is an opportunity for us to learn from. However, **we get to the point where we no longer choose to create that stagnant, limited state that we keep sharing with one another. We want to go further than that.** And that's part of the other aspect of it.

Now we talked about trusting Self. And the biggest obstacle that we run into with that...and, again, to understand it... is that we stopped trusting ourselves because somehow by accepting the fact that...you know... we can understand that a lot of times we do something and we take on the belief system that we made a mistake. We make a choice, and we have a specific outcome and of course the outcome doesn't align with or doesn't look like what we expected. And a lot of times what we expected was an outcome that was projected by others, or other people that have experienced it, or what we created as a norm. We make a choice and end up in a relationship that might take a different form than what we pictured. Or we make a choice in a business position or whatever it may be and of course the outcome will be a little different than what we expected.

So what happens is, as we go through this, and as a child....especially, specifically as a child...and again, this is all agreed upon and we experience all that...but as a child, we start making choices, and we start to follow our own Inner Guidance. And then we do something that looks (because we are following our own Inner Guidance) it looks like it's outside of the norm...outside of what your parents may have dictated, teachers may have dictated, or other adults may have dictated, or other young kids... whatever it is. **So each time the dictations come through and we don't match it, then we feel that we made a mistake. And this is one of the things that becomes an issue where we can't trust ourselves. Because we start to believe that we make a lot of mistakes; we make choices that are poor. That in some way, as we are going through life, if we are not really on the ball that we can go down a path that is not for our Highest Good.**

But we don't even look at it that way. We just see it as not giving us a specific outcome that we may have intended to have and then, of course, there's something "wrong". So the more times that we believe that made a "mistake", then, of course, what happens? We can't trust ourselves. We start to create all these layers. "Look...I'm a real mess-up! I keep making mistakes. I keep causing situations or making choices...poor choices..." Of course, we make "poor choices"!

"Each time that I fall in love, or each time that I feel that I should go down this path, and then, look, something else happens that's not good," or a negative situation financially, emotionally with a relationship...whatever it may be. Maybe we want to create some type of lifestyle and then it doesn't go that way. So by us referring to that and using that as a reference point...because the ego is very good at that, **the ego uses all experiences and creates and projects a belief system.**

And because of what we have experienced and labeled...and it's always a label that we "made mistakes" **...and the whole concept of taking that in is making a**

mistake, if, indeed, anything could possibly be a mistake.... then how could we trust ourselves?

Now, of course, we have to look outside. We may have to go look at somebody else who may have a lifestyle or a direction that might match more of what we want to have, "because I can't figure it out." "Look at me! I make so many mistakes!" Or, "Look at the state of my life: I don't have the abundance, I don't have the relationship, I don't have all my toys and stuff that I want, I don't have emotional peace, I'm not feeling comfortable in my journey, I'm not appreciated by others, I'm not accepted by others..." and all of that.

So, of course, there's got to be something "wrong". So we created all these layers and layers and layers and by doing so, what do we do? We start to get a stronger and stronger belief system that we can't trust ourselves. And then, because we are making certain choices and it has a different outcome, then we feel we don't have access to our Inner Guidance. Or, whenever we hear that Inner Guidance or feel that Inner Guidance, we can't trust it because...look at the outcome.

We have to start to look at it that we came here for a very specific reason. At the soul level, we've chosen everything that we are experiencing. And we now create moment by moment...as we always have, but now we create even more fluidly.

So, first of all, there are no mistakes! We can never, ever, ever, ever make a mistake. We make a choice, we take a certain direction, or whatever the case may be, and we have a series of experiences based on those choices. And those experiences are there as opportunities for us to learn and expand from them. They are there to address certain things.

So, right now, because we are in a rapid "purge and clear" – because we are finishing off this last cycle and we are entering...and this is what is so powerful in 2012...is that we are just wrapping up the last part of this cycle and we are going to be entering a new cycle. So the importance, the power put behind "purge and clear" is so much more intense than it has ever been before. Yes, there will still be some more of it after December 21, 2012, so we are still going to be doing some of it in 2013 and 2014, however, **we are preparing ourselves so that we can actually do the consciousness shift.** So here we are with this all happening.

So we are going to create scenarios and situations and so forth that are basically geared for us to activate certain events, certain situations to unfold and show our programs, to show how we navigate or have been navigating. So that we can actually take what has been controlling us or driving us...that we have agreed to experience to some point...and now we want to create an alignment. And this alignment is being created so that we can actually get to a certain state where we can clear the slate and create at a whole new frequency and a whole new state of consciousness.

So that means that we are going to make choices. We are going to bring things into our lives, experiences that at the mind level and what we've defined as an observation, that we bring in "difficulties" or we have "challenges," or "emotional breakdowns." or financial situations, or this or that and that somehow we are making "poor choices." We're making "mistakes." We're "not connected to our Inner Guidance."

Now when we understand that the sole purpose...sole purpose...of our soul is to do this "purge and clear," to align with these new levels of consciousness, to allow these new frequencies to come through so that we can create a new world at a different state, what do you think it's going to do? It's going to allow and guide you along the way to have the exact experiences to allow this to uncover. Plus it will also utilize other souls to do so. So those are the ones that are going to push the buttons or are going to bring a level of clarity.

Like even this conversation we are having right now and what is being shared. You're only on-line, you're only connected to this and listening...whenever you are listening to this...because you needed to hear this to create that shift within yourself so that you can better navigate and move forward in a more efficient state. You brought yourself. It has nothing to do with what your mind has created. Inside your soul said, "OK this is what we need to tune into this evening," (or tomorrow, or whenever you listen to it) because this is why. So, it's not always pushing buttons or activating certain emotions, but it's also allowing this clarity to come through.

So what we are providing is just allowing the accessibility so that you can tune into your own Inner Guidance with clarity and get rid of all these layers that we "can't trust ourselves."

The whole idea of trusting yourself is knowing that whatever choice we're going to make, that whatever path we choose, is for our Highest Good.

A lot of times we don't understand the Highest Good, because we believe and have been programmed through observation of our world, that our Highest Good is to make choices so that we have financial abundance, we have our stuff, everything aligns, our kids are good, this is good, that's good, and so forth.

Remember, the soul is not so concerned about the external. It is not tied into the fact...and I hear this sometimes too from other people...that you are not always having what you want in your world, you are not creating your ideal world, then there's something wrong; you are not connected to your Higher Guidance.

I can tell you, your Higher Guidance is not concerned about what you have or don't have and so forth. Now...it will utilize it when you don't have it and it creates a certain experience for you.

For example, you are not able to access a certain desire that you want, or lifestyle, or a relationship, or financial, or whatever it may be, and it creates discomfort within yourself. Your Higher Self, your soul, is assisting you to see..."Hey, look, you've got judgment, you've got belief systems that make you feel that you're inadequate, that you're not good enough, that you're not capable enough." Because you're not able to achieve these belief systems, these stories that we've convinced ourselves are true. So it's just exposing to you..."Oh, wait a minute, look...these programs are still active; I am not free. I am not free to move on further because these programs are still operating." But at the mind level, we're thinking, "Oh, there's something wrong. I'm making a mistake here." Or that "I'm not good enough." Or that "I'm not aligned." **So these are the things we need to look at and it's to really understand that whatever our journey looks like that it's exactly specifically for what we need.**

Now go back to the whole idea of error and making mistakes and so forth. **We do not make a mistake. It's not possible to make a mistake. We make choices and we have a certain outcomes. Each and every outcome is perfect for whatever we need to do, based on what we need at that moment.**

Now, we realize that we are in a state of "pure potentiality." That means that we have multitudes and multitudes of probabilities in each and every moment.

So somebody says you have a choice to go this way or that way or whatever way you go. Now sometimes people look at it and say, "Well, you know, I made a choice and I started to go down the path, and I felt it was a big mistake. Look at all these horrible, difficult, intense stuff that came into my life." Well, did you make a mistake at that point? Well, at the mind level, we could say, "Yea, I really screwed up!" But, if you look at the big picture, what really happened? We made a choice. We had a series of experiences. We started to realize and see that this path has created a certain activation/emotion and so forth within myself or whoever and at that point we say, "Ah, there's a program still active here."

Not only that, it also gives you a certain level of clarity because we may still need that to make an adjustment and say "Oh, OK, if I go in this direction then this is what plays out. Alright, now I can quickly adjust." That's the easy way of doing it and looking at it, but the mind, of course, says "No, no, we screwed up." And we get caught up in the whole idea that we made a mistake. No, **we just had the exact experience that we needed to have to allow us to realize and to make a shift within ourselves. But understanding that each moment we have the freedom to make a new choice.**

Realizing that we do not make a mistake is a huge, huge, huge opening.

Now, the soul always chooses the path, or at least attempts the path, that has the least amount of resistance. Now if we get locked up in the mind level, and we

get caught up in the idea that my life needs to be this way and I need to go down there...because we are still driven by belief systems, programs, and structures that we have taken in but no longer serves you...then its going to create different experiences. It's going to bring other players into the mix to allow that to shift. **Now it's going to start off gently, but as you go along it may intensify if the shifting is not going on.** But does that mean that we are making a mistake, that we're stubborn and we're getting caught up in these old patterns? Well, yes, it may be that, but it's not that you've done anything wrong. It's just that you are becoming experientially rich when you hold on to a certain state and how long you need to be in that intensity before you can let it go. **Again, it just another experience.**

So, again, to look at all that is playing out as a way to navigate through it, rather than seeing it as we can't trust ourselves or that we're making a mistake. By understanding that this is a journey of learning, and if the soul is not concerned about how much money I have in the bank, or who's in your life or any of that stuff. It will utilize it sometime when we create an attachment to it, to jolt us out of our attachments. But it's not concerned what you do or don't do, what job you have, or anything of that nature. It's not. It's is just a costume part of it. It is just the role that it has taken on.

It's importance is to achieve what it came here to achieve. To experience a variety of things...but right now, a lot of it is "purge and clear"...to learn from them and to become enlightened. That's what it's concerned about. And I use the word "concerned" as just an analogy here, but that's its motive, that is its mandate to do. All the other stuff is not necessary or not important. Now you can look at it and say, "Well I live in this world and I need to have stuff," or whatever it is. Yes, whatever you need to function on the planet will take form. But we need to be at ease with that.

Now, to go back a little further, in regards to Inner Guidance, to connect with that. **We're always connected. What makes it seem disconnected are the layers, the belief systems, the "mistakes", and so forth.**

The other part of it is that we get so caught up in the mind that we analyze everything. We calculate everything. We're always looking at the external and it should be this way or that way. And the mind is so active. The ego is always active. The ego is always taking on all your experiences, everything that you've lived in the past and so forth and projects it into the future and creating an illusionary path. "You know, I'm here to protect you." ...and "You need to go in this direction or that direction." ..."Because you remember what happened with that person." ...and "Remember what happened when you made this choice?" ...or "Remember when you made that choice?" So there's a lot of that dialogue going on.

So your Inner Guidance, your soul, is very gently (and sometimes it can be a little bit more vigilant) letting you know that "Hey, we need to make an adjustment. It's time for us to move on. We do not need to stay in this pattern any longer because it's

time to move forward.” But we get caught up. We get caught up in what we see as our external world, what we keep hearing is the direction of our life. That we need to succeed or do this or do that, or we need to look this way or act that way or that we need to belong. Or all that stuff that’s playing out. Or we’re in families, we’re in relationships and we need to follow and we need to do this, we need to honour one another, we need to...bang, bang, bang,...all that stuff that we are playing with, that the mind is so active and so forth. **And so when you’re receiving your Inner Guidance it gets drowned.**

Because our Inner Guidance is coming through our Heart Chakra. And through the Heart Chakra is the portal that is connected to our soul. And our soul is navigating us, or giving us certain levels of knowing that this is what we are here to do. Because when we’re making a decision or we are in a state of fear, or whatever it is because we are afraid of a certain outcome, a lot of times when we quiet down enough we can hear that little gentle voice that’s saying “Everything’s OK” or “You need to adjust this...or let go of that.” But then, automatically, the mind kicks back in and covers it all up. So, when Antonia was talking earlier about “quieting the mind,” the meditation and so forth, **what the meditation does is quieten the mind so that you can hear your Inner guidance a little clearer.**

Now there are different levels of guidance too.

We have our Inner Guidance, which is basically our soul which is communicating to us and it has it’s own agenda. You have to understand, the soul selected all of this. We are in this physical form, we are exactly where we are and we are interacting with who we are because the soul has told us to have that journey. So, it’s like, I selected my path and then something highjacks it – something else outside of us highjacks it. Which would be the ego mind. Now again, is there something wrong with that? No. It part of our experience. But now it wants to get back in control and say “We’re here to do this, the energies are here to support us to make this shift. So let’s get in alignment.” So there’s the soul aspect of it. So the soul says “Ok. We came here and we need to do this, this, and this.”

Also the soul will communicate through the Third Eye, which is another portal, and that portal connects to every soul on the planet and every soul off planet. It also connects with our collective consciousness, universal consciousness, and Source consciousness. So should there be something on the list that it can’t take care of or it needs some help with, it will communicate with another soul on the planet (it could be a relative, a friend, a loved one, a stranger...it doesn’t matter) and it will say “Can you do this for me?” “Push my buttons. Bring me some form of wisdom...something. I need to make the next step. I need this to activate so I can get back on track or re-direct myself because I got caught up in the mind.” So that part of the guidance will come along.

So this call (*and webcast*) is part of the guidance that you invited. But also, at the same time, the interactions we have here, whether it’s good or bad, whatever we’ve

labeled them, are still opportunities and interactions that are occurring to help us to make these shifts and adjustments in our path.

Again, no matter what choice we make there's always opportunities to learn from it. However, we don't always have to do it in one specific way or we don't always have to go down the "bumpy road". The bumpy road serves at times when we're stuck or when we just can't let go. It's like this. Say we're holding on to something that we know deep inside it's time to let go. What's going to happen? It's going to get hotter and hotter, more and more difficult to keep hold until we finally let it go.

This is the thing with people too, sometimes, is that they hold on to their beliefs, their cultures, their structures, and how it should be, and so forth and then their life starts to fall apart. And things start to get more intense. And we feel that everything is falling apart. And someone may have an emotional breakdown, or whatever they see it as. Or things get so intense that they feel they just can't survive any longer. I hear sometimes from people, "I just can't take it anymore!"

Well, it also serves when we get to the point of complete exhaustion, energetically drained, that we finally say, "I give up. I let go. I cannot hold on to this anymore. I give up." And when we do that, when we give up, all we are giving up on is our belief system, our program, or what we've held on to for so long but it no longer serves. **The moment we let it go, we are now having a more intimate connection with our Inner Guidance. Because now the mind can quiet down, and we can get to the point where we can actually listen to it. And then start making adjustments.** And re-directing ourselves to align and make these shifts occur within ourselves so that we can be prepared for the shift coming through. **So that's how the Inner Guidance comes through.**

So, by meditating, what we do is quieten the mind so we can tune in.

Because the soul has veils, at times it has limited accessibility. And this limited accessibility is there because it hasn't removed enough veils. The experiences we're having on the planet in our physical form are opportunities for what we call enlightenment, which is removing veils which we purposely put there so that we could experience disconnect and not have complete access. And then learn through that process.

So at times we refer, we connect to other realms, we connect to other souls (like we are doing on this call). We connect with other souls/other people and all of a sudden they share something and we say, "Wow, that makes sense." "Yes. It resonates." Because this is where the resonance comes in. When you resonate with someone. When someone shares something with you and it resonates, that is your soul saying, "Yes. Thank you. I got the seed. I got what I needed to make this adjustment within yourself. Thank you." **It resonates because it knows that it is in alignment. The vibration that is coming through is in alignment with where it wants to go next. It is exactly the tool that it needed to make the next step.**

So this is where we now look at it and say, **“Well, how do we allow ourselves to connect to our Inner Guidance?” Well, our Inner Guidance is always there. It is now getting to the point where we “trust the Guidance.” We tune into the Guidance by quieting the mind.**

So wherever a decision or something comes along, we look at it and the mind is giving you all these polarities and saying “Oh, yes, we do this, this, and this.” ... or “We should do that, that or that.” ...and “What if we make a mistake?” ...and all these stories. But now we say, “OK, we’re going to push all that aside. Forget about what I believe. Forget about what anybody else tells me,” - cause we have a lot of beautiful souls that help us by giving us their opinion and so forth. And that serves, absolutely. Because, again, it gives us an opportunity to look at it.

Because if someone tells you something...something is shared with you...and this is the part about things resonating or not resonating...it gives you an opportunity to fine tune your own direction. Because if somebody says to you, “Oh, you should do this, this, and this.” And you might say, “Well, that makes sense, and it’s logical,” and so forth, but deep inside it’s like “Hmmm. OK. But is this really for me?” And you can feel it as either being peaceful or no, not quite so much. Well, that’s your Inner Guidance communicating with you saying, “Well, you know, great share... But is this for us?”

And no matter what they share, it’s serving. Because you either use it, or you use it as an opportunity to find your own navigation. What they are sharing is not for you to take on as part of your own navigation. It’s actually to align with what your soul has already been saying. So a lot of times when somebody says, “Yes, it resonates with me. It is that.” Because you already know inside but it hasn’t been so strongly confirmed because the mind has been taking us from that level of confirmation. So it’s giving us the opportunity to confirm it within itself, saying, “Yes!”

So that’s why when we hear things, and we feel a certain way about it...either you feel good or you feel light or whatever...it’s because it resonates. Because it’s sparking, feeding and energizing your Inner Guidance and saying, “Yes, we’re on track.” “We need to shift this way or shift that way.” And this is what’s happening.

And now because things are intensifying and we are going through this rapid shift, it is really, really important for us to follow our Inner Guidance. We’re not here to depend on everybody else to tell us what to do. We are here to connect with ourselves and observe.

And, the thing is, **we need to get out of the judgment of what we see at the mind level or have been believing up to this point in time about “the way it should be.”** Because the main thing here, “the way it should be” depends on the fact that we’ve all agreed that “it should be this way.” But realistically, **most everything that**

we are experiencing on the planet with respect to the way that we should function was all made up along the way. And all of it has served to a certain degree.

But that doesn't mean that that's exactly the way it really and truly is. This was only a tool, an opportunity, part of the stage that we activated and walked through. **But it's not a hard and fast, "This is the way it is!" It isn't. We made it up. We made everything up! We're playing with all of this stuff. But now, we're going right on track. We're allowing ourselves to connect at a higher level than ever before; to follow our Guidance.**

So that we do not need to create....the thing is, like a child that's having an experience and you give them instructions to do something and they don't listen and, of course, they create certain events and so forth, and you make an adjustment. And along the way you get more vigilant, a little bit more intense...you need to adjust this...you need to adjust that. So this is the way it was sold to us too. The cues come off nice and easy. "OK, we're done with this...it's time to do something different." But if we're not adhering to it and we're taking longer to make the shift, then of course it's going to get more intense.

But, that doesn't mean we're making mistakes. It's just utilizing different avenues. But we're still learning from it. We're always learning from everything. But that doesn't mean we need to take the bumpy roads all the time.

So, by navigating right now, we can eliminate things that we have experienced in the past. And we can also eliminate some of the journeys that others have gone through. And it's not because they went down that road and they made mistakes and we don't want to make the same mistakes. Well, they didn't make mistakes. They took a certain journey that created it.

But because we're all connected as One, we're also having accessibility to what they're experiencing. So that we don't need to repeat...not everybody has to go through the same stuff everybody else goes through. No. We're all different. We're all creating the specific experience that we are choosing. So we don't all have to go down the same path. Because each one of us, as we go through the path, we eliminate the path for everybody else. So that we don't have to repeat the exact same thing.

And this is the reason why, you know, we've gone down the path that everybody needs to be the same, everybody needs to be programmed to work in a system that is duplicated for everybody else. So we all have to act a certain way, be a certain way. We all have to have specific careers, we all have to think the same, we all have to consume. We all have to be attached to our parents and our different cultures and different things that we've played out. But, in actual fact, our natural state is not that.

Our natural state is to be all different fragmented aspects of each other. And each one of us that achieves a certain level of enlightenment or illuminates a certain part of the path means that others don't need to go down that route. And this is part of the shift that is going on. So that we do not need to continue to repeat patterns...each one of us going down the same road.

This is why it's very unnatural for children when they are in school. Because they are drilled all with the same information, with the same instructions, and so forth. Because with them, they see that there's only parts of it that fits for them because they don't need to go down that path. They already know. "Look at all the people/souls" ...and even themselves in previous lifetimes... "We've already gone down that path. We don't need to play with this anymore. We don't need to repeat it again."

And this is what part of the shift is about: to clean the slate so that we don't continue to create the same reality, create the same level of experience. We're cleaning the slate so that we can start fresh. So that we can play completely free.

And this is why it's so key. And that's why our Inner Guidance is allowing it.

So the process this evening is to allow us to remove all the doubt that we don't have accessibility, first of all. The doubt that we are on the right track. Or the doubt that we can make choices that could be labeled as mistakes. Or choices that are going to create uncomfortable scenarios or situations or anything of that nature. It's realizing that you are your own Beingness. Even though we connected – each and every one of us.

And we are supporting you, ourselves, through this journey – one with each other. Again, each one having individualized experiences that creates The Whole. Each one of us as we go through it are re-shaping ourselves and bringing ourselves to our natural state of expansion and creation.

And, of course, there is no rigidity! **This is the key to understand: there is no rigidity of our experience that it has to be one way or another. Because the soul is very flexible.**

Should...and this is where it becomes key...should part of the collective achieve a certain level of experience and because it is shared, that means that certain paths that our soul may have chosen to go down can change. Because it no longer needs to do it because the pathway...because each one of us makes a pathway for all the rest...those pathways have been established by someone else. So we don't need to repeat those paths. So then the soul will create a different path.

This is why I say that we are creating moment by moment. Our state of consciousness is changing, so as our state of consciousness changes we create

different realities. We create different experiences. We make different choices.

This call alone and this activation and whatever we're doing right now, after it's done, is going to give you openings that will alter the choices that you might have made prior to this call but will now be different. You will be making different choices. Anytime you lay it out and activate it within yourself, you make different choices. And these choices, again, are creating alignments within yourself for what you're here to do.

But, like I said, things do change. **Everything is constantly changing. Our natural state is fluidity and change. It is not stagnant. We're not stagnant beings. Source is not stagnant; it's fluid.**

And each one of us is on a specific, calculated journey.

And doubt comes only from the ego. And ideas and stories come from that.

But we realize deep inside...and you can feel it...because our Inner Guidance does not come with fear. **Our Inner Guidance will not create fear. It will just give you a subtle and at times a little bit more intense clarity of feeling, "Yes, this feels right." "This feels like the path I need to take."**

And you're going to make choices and take paths that everyone will say to you, "You're crazy! What are you doing? You shouldn't be there! No, you should be this way or that way." But inside you say, "No, this is what I need to do. This is what my journey is." And they might say, "Look, somebody else did this and look what happened!" Or, "I did this," and whatever. No. This is your journey. And you need to follow your own Inner Guidance.

And understand that this is always changing. It's not like I made a decision and now I need to stick to it because that is a path I need to take. No. **You make a decision. You keep going down that path until the next level of Guidance comes through and then you say, "Ok. We've gone down this path enough, but now we need to shift to the next path." And then the next path...and so forth. And that's how we navigate.**

So tonight we are going to create a higher connection and higher level of trust with our own Inner Guidance and ourself. Ourself. Because this is what we are here to do: express, experience ourself. Our journey. The reason that we are here.

Antonia

Thank you for that, Franco.

Franco

You're welcome.

Antonia

So, why don't we all take a quick break. Whether you need to stand up and stretch or just get yourself more comfortable. And we'll just give it a couple of seconds here and we'll restart (the recording) so that we can just go into the Clearing process.

I highly recommend that you find a place to be comfortable – whether that be sitting up in a chair, whether that be lying down, whether that be lying in your bed – just find a place where you can completely relax and just be guided by the Clearing process.

When the Clearing is complete, we will just very quietly sign off so that if you are sleeping you may continue to do so. Or if you just want to stay lying down and relaxed for a longer period of time, please feel free to do so.

And what we're going to do is just wish you all here right now a wonderful, super evening. It's been a pleasure being with you. And we look forward to all the changes and involvements over these next few months and this year.

Also, I want to remind you that the next FREE Question and Answer call (with webcast) is going to be on Monday, January 23, at 9:00 p.m. That's a FREE call for anybody, so feel free to invite your friends and family that want to be on the program. Once again, we will answer questions in the order that they come in.

So, we've given you all a little bit of time to relax. So why don't we all get into a relaxed state, and just give me a few seconds and we'll get started (the tape) again.

*Transcribed by ARL in January 2012
from a recording of a live conference call/webcast*