

2013 NEW BEGINNINGS

Part 1 of 2

Q & A

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With

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Antonia (“A”)

Franco (“F”)

A Let’s start off tonight with a general question. Lots of people have been wondering, “Why do I not feel change?” or “Why do I not feel different?” or “How am I *supposed* to feel in the 4th Dimension?” So basically, the question is, “Why am I not feeling any different right now?” (with the passing of December 21, 2012, and the passing into the 4th Dimension)

F Well, what’s happening right now is many people are feeling the same way: that nothing has changed or something of that nature. Because we had set a lot of expectations of how we were going to feel (after December 21, 2012). Now I can assure you that everyone, at one point or another, throughout this transformation of going through the alignment and through the activation and the shift, there has been a change of some sort, an activation of some sort which has been triggered. And also a reactivation of codes that have all been prepared and allowed.

F Now, at this point in time, not all of it is on a conscious level and able to be observed and in a form where we can see a transformation. Now there are many, many, many, many people who are feeling different: they are feeling lighter, they are feeling more optimistic, they are feeling more energetic. Others are feeling waves of heaviness, waves of transformation that’s going on within themselves and they are having more stuff coming up to the surface.

F Now these energy activations and so forth...remember the 4th Dimensional consciousness, as we’ve stepped into that...a smaller percentage of the population has already stepped into it. But *everyone* has been activated to some degree but not everyone will be able to experience it. Even someone in a 3rd Dimensional consciousness that has not, or will not be able to at this point in time...still has, at this point in time, received something from this and has activated something within themselves. They are not experiencing it *yet*...not only in the physical form but also at the mind level. However, *something* subtle inside of them changed. There has

between a movement...

F Because when I tune into people there are changes occurring in the energetic field within their body and there is consciousness that is being stirred up within the soul. Because a lot of this work happened at the soul level. Now the soul has already changed and has integrated as much as it is able to...because each and every soul is different because it depends on how much work each soul has done...how many layers or veils it has removed over all the levels of incarnation. This is why when we talk about the soul stepping into 4th and 5th Dimensional consciousness, we are talking about the soul.

F Now the soul has to rely on the physicality and the mind to bring itself through it. So if the mind and the body have been altered in a tremendous way where it has gone through heavy programming and conditioning and so forth, and a lot of exposure to the environmental toxicities and environmental encodements that come through chemicals, drugs, medication and other influences like genetically-modified food and whatever else that may have occurred, and also heavy emotional activation...then they're not going to experience it (i.e. the transformation) in the physical form that easily. Therefore, the process will continue for them in the sense that the soul has achieved a certain level of activation but the environmental change in the energy of the planet, the changes in the souls who have now jumped into it and who are moving forward, are going to continue to create alterations...just by going through their process...they will continue to create alterations within the physical form and mind construct of all the souls on the planet in some manner or other.

F That is the reason that there are a lot of souls are on the planet. Even knowing that they may not be evolved enough to experience the shift from 3rd to 4th, they are here still. And the reason they are here still is because there is still a gain that is achieved by being here, by feeling this transformational energy that's going through, through the changes. Because that is the planet that they felt, at that point in time, would be best relatable for them to make a movement.

F Because, remember, this transformation is galactic and universal! So it's not just happening here. However, here it is going from one extreme polarity to another. Of course, there is an integration process that it's going through. But the souls have chosen to be here for that.

F Now, as you may have noticed, there are souls that were here for the transformation and then very shortly after, left. Some left beforehand. Others will leave later on. They will get whatever they can from it. So *everyone*, no matter what, who is on this planet is experiencing *something*.

F Now, to experience it in the physical form will depend on the state that they are in...feeling. The fact is, on the physical form, if they are still heavily encoded, if there's still a lot of programs, if there's still a lot of influences that have taken over,

that will take a little time to process through.

F Now, there's the other component where we have put a lot of faith, for example, in the fact that this shift was going to change their life and they were kind of saying, "I'm just going to wait for it," or even if that attitude was not taken and they were saying, "Well, this is going to fix everything," then that becomes an obstacle in itself. Because, in actual fact, this shift is there to boost the process. It is there to allow us to shift, however, the shifting is something we are doing ourselves.

F You see, we are the ones who are learning how to walk. We are the ones who are learning and making changes within ourselves and clearing up anything that still represents the old, to do this transformation. So we are actually doing the transformation ourselves. It's just the energetic fields and all the things that have all been activated stimulate us to move forward.

F Now the other component about all of this is that it has alleviated much of the negative energy influence that we had before. And this is why when we were doing the 12-12-12...when we reached that neutral point, that was when there was a huge shift at that point because all of a sudden we didn't have the negative energy pushing against us. And now, after December 21st, it's actually pushing us forward and compelling us.

F So what has been occurring also, is that it's been giving us the opportunity to do even further clearing. So what's happening with many people is that they may not have been experiencing the changes but there is much more stuff coming through and much more awareness in the sense of seeing that there's more programs, still more attachments to the old world. And even just observing that, "I did not experience a change," is already an observation that was not able to be achieved in the same form before. So now that you're seeing that, it's, "OK, now things are changing so how do I change it? How do I change myself so that I can actually be part of these changes?"

F Because, really, for us to see something, we have to be aligned to it. Even through there's changes around us, we can be oblivious. There *are* a lot of changes. And as you have known, and if you talk to a lot of people, a lot of people are feeling different changes. But then, the majority of them are not. Now, just because you are not does not mean that you are not going to "make it," or that in some way or some how, "I've missed the boat," or that nothing has happened...that's not the case. The people who are not feeling or seeing something different, there's a multitude of things (which we just basically covered at this point) that are playing out.

F So right now, when we are tuning in to ourselves, we know that there's a change that has occurred. However, we have to understand and appreciate that there is still a very powerful collective consciousness still dwelling in the 3rd Dimensional consciousness. There is still a world that is being projected in a 3rd Dimensional consciousness....*on the surface*. That means...when I say the "surface"

I'm talking about the interactions of systems and so forth that are in place. The *foundational* aspect of it, the vibrational tone, the spectrum of light that it's utilizing and so forth at this time is of a 4th Dimensional consciousness.

F So the "heart rate" of the planet and everything on it is now beating at the rhythm of a 4th Dimensional consciousness. However, the transformation is on the surface...meaning, for example, if we took it down to a person, the soul steps into the 4th Dimensional consciousness and the rest of the external world (meaning the physical, the interaction of the mind, basically) and how it's perceived and what it's playing for has not stepped into the 4th Dimensional consciousness yet. So what's happening is that we need now to let go of all 3rd Dimensional consciousness, but at the same time to start to integrate with these new levels of consciousness...meaning making transformation within ourselves, taking a look at our path and where we are attached...to bring a clarity to where we know for ourselves that we have stepped into a 4th Dimensional consciousness.

F The biggest cue that we have to indicate that we have stepped into 4th Dimensional consciousness is that we are not going to be feeling the same attachment to drama, to people, to situations. And we're not going to be pulled in in the same way at the moment when somebody steps in or some event steps in or something is playing out in your regular world and you're not being lost in it. So, instead, you now see yourself as a viewer...or the observer, or whatever you want to call it...as the observer, and also you will be able to navigate through it. So you will still function within it, but while you're functioning within it, first of all, you do not personalize it and, second of all, you are not going to get engaged so much that it "becomes" you...meaning the situation takes and absorbs you and now you become whatever is playing out. You're not going to be experiencing that in that same level. That is the first stage of a 4th Dimensional consciousness within yourself as a person.

F Now, what is playing out on the planet right now with all the systems, with all the different institutions, with the big game that humanity is playing...like going to work and doing all the things that we're doing....this is still the way it is for the fact that, although the pulse has changed, but now the external has to start to change. The same way as we personally are changing, we are now needing to change the systems out there. Now a lot of that has already started as you can tell with a lot of things that are playing out at this point in time.

F Just to give you an example, if we are localizing and just seeing our circumstances around us and just seeing one side of the event then we are going to see that the wars are still going on, this is going on, the banks are doing this and doing that and whatever else is going on. And you're looking at that and if you expected all of that to change, then it's going to look like nothing's changed. But when you see things that are occurring and you observe them in a different state, you will see that there's already a difference. And the difference is going to continue to increase...because the changes *are* happening. They are happening.

F It's not like a snap of the fingers and everything changes...we could do that, but humanity is not prepared for that. And most of the souls who are still on the planet...because the ratio is still tilted towards a 3rd Dimensional consciousness (rather than the 4th)... but as we go along within the next few years, that's going to shift because more and more souls will shift into 4th Dimensional consciousness and more of those who are still in 3rd Dimensional consciousness are going to depart (they are going to leave the planet).

F And just the fact that somebody leaves the planet doesn't mean that they were in 3rd Dimensional consciousness and could not shift to 4th; they may have completed what they wanted to complete here. Because each soul knows exactly what time it needs to do whatever it came here to do and sometimes it may have a smaller agenda to address or it has another plan where it wanted to get whatever it can here and then go somewhere else.

F As you know, Antonia, there are people, and even younger people who are awakening and have made strides in heading in a certain direction and then they depart. And you go, "Well that doesn't make any sense because that person was on track, why would they leave? And at such a young age?" or something of that nature. But understand that their soul knows *exactly*...and it's not that, "Oh I couldn't do it," because, if that was the case, and somebody already on the path, the soul would have said, "No, we're going to hang on. We have two years to do this, so we're going to do this." But, at that point in time, it said, "OK, you know, we've done what we could do at this point in time," and they may choose to reincarnate somewhere else or they may choose to work behind the scenes for a while. They may choose to honor a certain agreement that they may have made with the family dynamics to create a movement for them, and so they get what they need. So we can't start looking at the fact that certain things happen on the surface, and then make a judgment that they failed or something of that nature, or that the process is not operating the way it needs to operate. No.

F Because, you have to understand, each and every soul is on their own particular journey and it knows how long it needs to be here. Because there are souls who come onto the planet and they are here for only a few months or a few years...whatever...they come in and they go out. They have presented something to the planet to shift the energy there. They've achieved and received something...because every soul receives something out of it...they will receive whatever they need to receive and they move on. It's not anything else.

F We need to understand that each soul needs to be honored for its own journey because their journey is their journey and each soul is another facet of ourselves. We are not here to compare based on *our* observations, *our* opinion, *our* way of understanding things and say, "Well, that's what it is." We need to understand that each and every soul has its own agenda, its own path. But all of it is orchestrated in perfection. And all of it will affect each and every soul there.

F So, going back quickly to what we started with....to notice what's going on with changes within ourselves is to realize at this point in time to not be looking for the change itself. Take that new consciousness within ourself, that new understanding...whatever is coming through us from our soul (because that is where the activation mainly occurred)....and then the body is going through the transformation, and our mind and ego is going through a transformation...and to start doing whatever you feel guided to do...without having any expectations or conditions attached to it. Because a lot of times we expect it to look a certain way when, really, it's taking a different path and that path is the best for it.

F And even if that path looks like it is staying in a 3rd Dimensional consciousness for a while...because you have to understand...some souls need to remain in a 3rd Dimensional consciousness for a little while longer...for servitude. Because they still have to wrap up certain experiences that they have not been able to do and would not be able to do that efficiently in the 4th Dimensional consciousness. It's not a failure. It's not that they didn't do the work. It's that that's where they still need to reside for a period of time. And that residing in that space may also be a mutual agreement that had been made with other participating souls in their surroundings, within their playground.

F You have to understand...it's not about sacrifice. But at the same time, it is an agreement saying, "OK, I'll stay behind for a little while to continue playing a certain role to assist you. But, at the same time, I'm also going to wrap up some things that I have left."

F So the changes have occurred. How it's playing out for each and every single soul will depend on each soul.

F So that is the kind of answer I can give you. I can be more elaborate, but let's play with some more questions and if we need to go back there we will.

A Thanks for that.

A The next question is, "Is there any chance to survive and grow without connecting and getting help from other brothers and sisters from other planets?"

A I know we've talked about this in the past, so why don't we just touch on this a bit again...about getting assistance from other brother/sister planets.

F Well, the transformation that we are going through, we are doing ourselves. The beings on the planet, being humans, have reincarnated here specifically to be on this planet. So each and every one of us is here to do whatever we came here to do, and we are doing it, actually.

F The assistance that we are getting from other beings from other planets is not in any way taking away the opportunity or in any way altering the paths that we need to take. All they have been doing is working behind the scenes and sharing. It's like anything else...you share when you have something to share.

F You have to understand, the beings that are coming from other planets who are assisting us and so forth, their experience is different from ours. They are coming from a playground that is very different from ours. They have a physicality that operates different from ours. They don't have the same programming, genetic and DNA encodements and so forth. They may have certain similarities, absolutely, of course...but they are not identical.

F At the same time, they have gone through certain challenges, certain experiences and have been able to get to an advanced state (specifically the ones who are coming here) where they will be able to contribute in one way or another, not only consciousness but possibly also technology and so forth, to only help expedite the process for us.

F Now, when I say that, the reason that any help has been coming is because of the alteration we've had in our programs...because of the alterations that we've had on our planet and our operating system, we have been in sort of a disadvantaged state. And it's been a little bit more difficult for us to do our own evolution...even though we *are* doing that evolution.

F Even the work that I do...because I work with them behind the scenes a lot and I'm working with various amounts of beings...and the reason I'm working with them is because I bring the "human" context to it. Now, there's two parts that I bring in: one is a fully-enlightened soul because most of the beings I'm working with are not fully enlightened...they are still going through an evolutionary cycle themselves...but I bring in a fully-enlightened aspect of it. But, at the same time, I have come onto the planet and *completely* engrained myself into a human form and *completely* interconnected with the human experience and also the operating systems...of not only one physicality, but encompassing a thousand of them, in actual fact. So all of the different species or races on the planet here have all been encoded (in my soul) and so forth.

F When I am working with the beings, they know that they don't have the same capability to access and to assist because they can share but they are coming in from a different frequency, a different consciousness, a different way of understanding a physical form and also a planetary form. So whenever the work is being done it is still streamed...in a way...though what I'm doing to facilitate. But that's because it's coming through a human form even though the consciousness is much higher than the streaming is coming through which is at the soul level, I still stream through a 3rd and then a 4th Dimensional consciousness physicality.

F However, without any of the assistance that we've been getting...because of our "stuck" state, because of the state where we have been, we would not have made it up to this point in time...we would have self-destructed. Meaning we would have used our out-of-control ego, out-of-control emotions, and also our heavily-programmed state of response, and we would have basically "fried" ourselves...through nuclear, through pollution, through other devastations and so forth. We would already have had a World War III, and we would already have fried ourselves from it.

F So their influence, their assistance, was only to keep us away from going down those paths so that we would have ample time to make adjustments of our own, with some assistance. So we are basically still learning how to walk, still learning how to exist on a planet by ourselves. All they are doing is taking out any potential...because of all our alterations...any potential to follow the path that was there before.

F For example, a lot of the work that we have done...and I say "we" because I have been involved with it...and this is the reason that we haven't been doing these calls for a little while and the reason why I haven't been doing more appointments or any other events for a while now...and I am tied up for pretty close to the end of the month (January 2013)...the reason we've been going there is because we've been collapsing timelines and clearing up a lot of the stuff that was put into place because of the state of consciousness, because of the out-of-control, war-like mentality that was encoded...so that we would not self-destruct and so that we would remove any timeline that would bring us to Armageddon, bring us to nuclear destruction, pollutionary destruction, self-poisoning and so forth...in the sense of creating large-scale events. And we've also been removing timelines that would have allowed planet Earth to make huge "burps" or huge transformations like polar shifts and so forth, that would have been quite devastating.

F So (their involvement) has been only to give us time, only so that we can make the changes. So their assistance has only been to give us enough time to be able to do the work ourselves. But ultimately we are doing it ourselves. And what is being shared is really just activating within ourselves our own true knowing so that we can align with it and then, of course, create our new world through it.

A I'm also going to add a bit of clarification because there have been quite a few questions in the cue about assistance and a lot of other channelings coming about different states happening right now.

A As Franco has been saying, because we have fast-tracked and we are doing all of this work together... So, first of all, whenever we talk about "beings of assistance," I kind of compare it to something like we've all decided to get together to create something. When we talk about other dimensions (whether we call them brothers, sisters, ET's or other beings), we are all reflections of each other. And we have all decided to get together to create the next step of "something more." So, in this, we

all bring something to each other. You kind of have to take out the current human perception of “lesser/greater” and “higher/better.” And we have all evolved at different stages and that was just the way it was to be. And we are all offering something to create something...to create a different stage.

A So, in this, it's not that we can't evolve without them...we are all evolving each other. There is no other planet that is not evolving with us, along with us, and, in a way, interconnected with us...I don't want to say “inter-dependent” because it's not a dependency...it's an “interconnection.” Therefore, what happens on one planet affects...and it's a ripple...the Earth is connected...us to them. So it's not about “us versus them,” “they're better than us,” or *whatever*. It's more about we are all doing this...it's like a woven fabric of time...everything flows and ripples together. And as there is one ripple in one area, so it ripples out. And that is more how I would address that question.

A And as Franco also said, in this fabric that we are all weaving together, it no longer serves for Earth to go through an Armageddon state. So those of you who have heard about channelings or what not, it's just an old paradigm that they are channeling through. It is not where we are heading. We have fast-tracked through that and we are not in that state.

A We are going through a unification. We are going through a Oneness consciousness. That is the direction in which we are going.

A So I hope that answers the other questions about other prophecies, other stuff happening, other dimensions, other ET's, ET's having a negative influence on the planet. We are all one woven fabric and we are all in this together. Not just the consciousness on the Earth, but all consciousness.

A Because it is all coming back into the One. Right, Franco?

F Exactly. And you made a great point there. Even the factors with even the assistance we've been getting...because of the weaving, the inter-connection we have, anything that happens to us that is intense, will affect everyone...will affect all our brother/sister soul planets out there.

F So one of the key things is if we all of a sudden had that event where we fried ourselves nuclear-ly, we would create such a powerful effect through all the planets because we are all inter-connected, and also all the beings there because they all back and forth. So any assistance in that regard, too, was for their own benefit also because we are all...like you said...all inter-connected. We are all evolving together. So there is a partnership that comes in.

F And like you were saying (Antonia), it's not about “them and us” ...we're all the same. We might have different physicalities and live on different playgrounds, but we've all at different times had opportunities and have been on those other

planets. So we are all interchanging all the time.

F And you made an excellent point (Antonia) and thank you for pointing that out again. There are a lot of channelings and they are creating a fear-based stuff that's coming through...but they are old channelings reflecting old timelines. Because a lot of times when the channelings are there, depending on the state of consciousness and the frequency of the channeler at that point, they will be able to tune into certain channels that may be of older timelines when we had those probabilities and possibilities available. But we are not there any longer. So a lot of things have changed but there is still old stuff that's being streamed sometimes because we are tuning in to the "oldies" channel, in a sense.

F But, again, everything that is unfolding is to contribute.

F Now the other component, too, is that we've, on this planet, stayed dwelling in a...I don't want to say so much a "3rd Dimensional consciousness," but in a "darker aspect" of a 3rd Dimensional consciousness for a much longer period of time as a collective that we would have liked to. Now, again, you have to understand that Source itself, the collective itself, is adaptable and also, at the same time, allowing all that needs to be experienced to do so without too much interference on that aspect of it. But it comes to the point where the soul says, "Enough! I can't get of my pattern here. I need to shift from this!"

F So the coming together was, "OK we're all shifting together and we don't want to leave planet Earth behind so we may take that part out so that we are not seeing them destroy themselves and we would like to see them be in alignment with ourselves. So let's work together."

F So, again, no one is coming here because we need to be "saved." There's no one doing anything because we are not capable. All we are doing is utilizing a friend. It's like calling a friend over and saying, "Can you help me move this?" Yes, you could probably move it yourself...with a lot of struggle, with a lot of strain, based on the fact that it's something big or whatever it may be. But if you call your buddy over or you call a few friends over and you all pick it up together, it's going to be a lot easier. So we're calling in some friends and saying, "Hey, we've got a big task because this thing got a little bigger than we intended. We stayed with this a little longer, so we are a little more set in our ways. Can you come and help us out?" And when we're coming together, it's not that, "Oh, we're going to come and save you because we're better than you." No. It's like, "OK, let's get together!" Because when we do that, just the fact that they are doing that and we're exchanging with them, it's like buddies coming together and then it's like, "OK, let's have a little party together afterward. Let's also do something else that we can do together."

F And so (our coming together with our brothers/sisters from other planets to evolve) it is mutually beneficial.

A The next question is as follows. “*I know that I am God/Source and that I have created everything in my reality. But why do I have trouble truly believing this and not worrying? What stands in the way of truly acting from Source consciousness?*”

F The mind!!!

F That’s your answer. (laughs)

F There’s so much conditioning and programming that we (are made to believe that we) are just this physicality, that we are our experiences...and then, of course, we’ve had so much to keep returning us back into belief systems that we’ve taken on...that we’re this physicality, that there’s something bigger and grander than us, and all these levels of separation...And then the environment has been reflecting that around us.

F And so even though the soul itself knows, the true Essence of you knows, it’s not been accepted because the mind is still trying to grasp and analyze it and, “How could this be possible when I can’t get what I want?” sort of thing. “Well, I can’t get what I want. I’m not in control of it. Even though I would like to have this, this and this, if I was the Creator of all, then I could have whatever I wanted and I could manifest anything I wanted,” and so forth.

F But that’s just the mind. Because the mind is the only thing at this time that has “depth.” The soul may have a limited access to that consciousness...because, again, the more veils you still have...because they haven’t dissolved through your experiential realm...the harder it is to access knowing that you are Source. However, that knowing is there; it’s just covered up and you’re not able to access it.

F But as you go through this process of clearing yourself and going through the awakening process at this point, you will come to that realization more and more. And it doesn’t have to be achieved to the point that, “I am God and I am Everything That Is,” for you to do anything else. No. Again, as you are doing what you’re doing and connecting more and more with your Essence, connecting with your Heart...and we’re talking about your Heart Chakra...your soul, really...connecting to your soul...connecting to the higher aspect of yourself...the more you do that, the more you clear any obstacles, and the things that you learn through your experience in this human form, will continue to remove these veils. And you will come to that realization more and more and it will become ingrained in your mind.

F Even with myself, even with the soul being fully enlightened, I don’t go thinking that, “I am Source and I am Everything.” I *know* it. I *know* that. But I don’t even think about it. It’s just there. It’s just there. I don’t even think of it. But I am still doing whatever I’m doing here on this planet because that’s what I came here to do...as much as everybody else has come here to do whatever they came here to do and going through their process.

F And it also depends on how we want to utilize that whole idea. For example, we might be thinking, "If I'm God, then I can have whatever I want," or whatever it is. Or, "If I am Source itself, then I can manifest because I want to change this, this, and this." In that case, it's going to stay obscured for a period of time. The knowing doesn't mean that you then turn around and utilize it for an ego aspect or a mind aspect or a program aspect of it. It's knowing it and that, "Everything's fine. I am just going to have this experience."

F But the first thing is to go into the level where you go from belief systems...because most of the time it's a belief system of, "I *believe* I am this, but I still don't *know* it." Once you get to the process of knowing it through the process of self-realization and self-discovery, then there's no question. There's no such thing as a "belief" anymore. There's no such thing as "hope." There's no such thing as "faith." Because none of that serves. All of those are doubting! All of that is, "I don't really know it. I don't really accept it, or even live it, or have it in my very Essence. But I believe that I'm God, I have faith that this is true." Then that is a level where you haven't achieved that aspect of it so there's still not enough of that clarity within yourself.

F Because when you step into the knowing, you don't even have to question it. You don't have to do anything. Because you just know it.

F And when you know it, you don't have to acknowledge it. It's just there.

F It's like it's become your Essence, your every Essence. But now you're still realizing that, "As Source, I am still in a physical form. I am having a human experience and I've come here purposefully to have various experiences and to learn and expand from this human experience...even though I may be Source."

F Remember, when Source fragmented Itself, It did forget that It was Source so that it could have experiences...as humans, as Pleadians, as Syrians, and all the billions of different races and planets and so forth that are out there that are experiencing. They don't walk around saying, "Well, I am Source Itself." They know it...but not all of them know it either...because everyone is going through their evolution.

F So at this point it still has not been grounded within yourself...yet. And that is because we are still in the mind and we are still trying to prove it and we are still trying to utilize it for something else. It's just achieving that knowing, being in that state of peace with it, while at the same time having a human experience and you're still learning from the experience, you're here for as long as it serves you. And when it doesn't serve you any longer, you move on. And at that point in time, there is no question about, "Do I want to live longer? Do I want to do this? Do I want to do that? What did I do or didn't do? Why didn't I create my ideal world?" ...or anything of that nature. Because it doesn't matter.

F Because you are already creating *exactly* what you need, exactly when you need it so you can have various experiences that you need...because that's what you came here to do. Even though you have to repeat something over and over again, it's only because the mind is still stuck in a certain state. And, until you achieve it, you will continue to repeat it.

F But you're always still manifesting, you're still creating everything that you need, *exactly* how you need it, in the perfect timing, with all the beautiful orchestration of other souls that you are playing with at the same time.

A Thank you for that.

A There is another question which has been coming up in various forms fairly frequently. "How can I create some financial stability in my life with these new energies, and do I have to ask for it? I am a little confused with just 'being' and 'asking.' Could you please clarify this for me?"

F That's where it gets, in a sense...because...and you're correct about the frequency of this type of question because it's come up with a lot of people. "How do I continue to function here because we need money and, at the same time, I'm going through these changes?" And some people feel that they can't even do what they were doing before and they find themselves in a position where they need to let go of whatever they were doing.

F Financial stability starts within yourself.

F Now, first of all, financial stability is still a 3rd Dimensional or "old world" state of consciousness. Unfortunately we are still working in that because it hasn't dissolved. And it's going to take a while to dissolve because there are still many souls who support it, including many of the souls who are in 4th Dimensional consciousness. Because, again, they are not ingrained in that yet. And, remember, the 4th Dimensional consciousness is only for a two-year period anyway...well, two years, but you can extend it to four, at this point in time.

F The financial stability at this point in time is looking at what you're doing in your life and what it actually represents to you and what definition is being given to it. Because, the thing is, right now, yes, we still need financial support, however, we do not need to get caught up in the fact that, "I need to build some portfolio, some huge nest egg, or create a certain amount of abundance or wealth around me at this point in time to sustain me for a long period of time," We're going to go moment by moment. So at this point in time, the "stability" is looking at, "What do I need and what don't I need?" and make adjustments in that area. And if I feel that I have to go and do something...whatever that may be...find something in alignment...as much as possible...to allow that to come in. But always look at our attachments to what we need to have and not to have in our lives. And, really, what we've given importance

to so that we can adjust it so that we don't put that heavy load on ourselves.

F But, the thing is, if there is fear around it, if there is imbalance or a feeling that something is out of whack with that part of it, that's still a program of "doubt" within ourselves, a program of fear of what it's going to look like if I don't have enough abundance. Because that becomes something that blocks it. When that blocking is not really a blocking...it's only a holding pattern that occurs for us to get beyond that part of it. Because that's still an old program.

F So if we have worries about money, if we have concerns that we're not going to have enough, or concern about what our life is going to look like if we don't have a certain amount there and it creates fear within ourselves, then there will be a restriction...

F Because a lot of people talk about "blocks" and stuff like that. The truth behind that...when you look at it with clarity...it is just a restriction that has occurred temporarily for people to have a lot of their fears, a lot of their old programs surface so that they can address them. So if there is any form of fear coming up, that needs to be addressed. Any sense of lack, or doubt, or anything of that nature needs to be addressed. Those things are only coming up for us so that we can clear them.

F Once you are doing that progressively as you are going through it and you no longer define yourself with having or not having money and allow yourself to be open, then, not only will it flow with you but opportunities will come where you can be of service...even though it may be 3-D related to some degree...where you can be of service and some form of abundance...financial or whatever it is...but, at the same time, you are also not carrying the heavy load that you were carrying before...because a lot of our attachments to stuff and expectations for things to be a certain way will start to reduce so that we don't have to carry all of that.

F Because what happens is, a lot of times, it's about a "letting go" and later on whatever we need...we will need less, but at the same time we may want to explore and have more...and more of it will show up.

F And there are still adjustments occurring on the planet regarding the financial aspects. Because there is going to be more of a balancing. There is going to be more unfolding as we go along so that we all do not need to be working and doing all that we're doing right now.

F However, we are not there yet but it is a process that's occurring. And it's a process that each one of us (is affecting) in our fears of what it looks like when it's not there or the fact that things have to stay a certain way.

F So to allow things to flow is to look at all the things that come up when it's not there. So, all the concerns, all the fears, all the different stories that come up within ourselves...we need to address those things.

F But at the same time to be open and look more clearly at what you need and don't need and eliminate anything that you don't need. Because that, again, becomes an anchor for you (weighing you down). At the same time, be open to do something where you can be of service to allow that to flow. And, in some cases, you don't have to, depending on where you're at and how you're doing certain things, other means will flow to you.

F So it's not so much about "being" ...that's true in a sense of where you are just being yourself but, at the same time, we are still living on a planet which requires us to do something at certain times. That doesn't mean that everybody needs to do that, depending on their own personal experience...but just to be in an open state.

F But, remember, any restrictions of things moving forward that creates *any* emotional activations, stories, or concerns, fears, and so forth...the reason that they are there, that restriction at that point in time is only to accentuate and activate those fears so you can address them.

F Because if you have no fear, because you've addressed all these stories, insecurities, aspects of it...once all that stuff is taken care of, then there is no thought patterns that come up like, "I'm not going to have enough!" or anything of that nature...or, "What am I going to do?" You're just going to be in that moment, and in that moment things are flowing and opportunities are showing up or you're just actively looking for ways to be of service in some way and allowing those things to flow.

F But, as we go along, as our 4th Dimensional consciousness engrains itself within the next two years, things will balance and change so that there will be a lot more freedom along the way.

F But, again, it depends on all the souls on the planet.

F So, at this point in time, do whatever you need to do to address all the fears and all the stuff that comes up and then find how you can be of service. And, at the same time, see what you need and don't need. Because many times we believe we need certain things or that we need to be responsible for certain people or we need to have a certain nest egg...or whatever it is...because we have that "spin" ingrained in us that if we don't have a certain amount put away or if we don't have RSP's or savings plans and if we don't have those things we are not going to be secure...because that's an old modality...then, of course, that's going to interfere too.

F But, again, the interference is not the interference because it's stopping you from getting it, it's helping you address the fact that you can be lighter. So that you

can not only get rid of what you don't need to carry on, but, at the same time, you can streamline what really, truly will serve you...at this new stage of consciousness.

F Because, again, a lot of times what happens is that we still have our old belief system that things have to be the way it used to be...in the sense that, "I still need to do this...I still need to save...I still need to protect myself...I still need to have all this to feel secure." But we want to step into a 4th Dimensional consciousness and then into a 5th where that doesn't become prominent at all. Where you're living moment by moment and you just let life flow and you are of service to others...who are other facets of yourself anyway...so you are in service to yourself.

F So that's how you do it. Would you like to add anything, Antonia?

A Well, I think that as we are moving further into the 4th, there is a strong connection/bond to being in "community" ...meaning to look for other....I know that although we all live in a 3-D world right now, it will shift and we are looking for ways to bridge. One way is to go back to living in a more community-like experience. And by that I mean that we all have things to share and to contribute. And in just the past two days, I have been talking to people who are totally not "on the spiritual path" ...so they say...yet they talk about having gone to visit a relative in another part of the world and how in that part of the world everybody just shares and everybody has something and they pass it on, and they pass this on, and they pass that on. And all over the world, there are other ways of being in "community" than the "illusion" that we buy into of competition, of survival, of having to have "this."

A I think part of it is, as we are moving along into the 4th Dimension, more and more awareness of how to live in a more communal environment will be more activated. People are just sharing, contributing...and not to expect something back, but just because you can...because it feels good.

F Exactly! That's an excellent point you've made, Antonia, and I've talked about this with some other people too as we were going through different talks...is the fact of, like you said, coming together. Because a lot of times people will say, "Well, how do I survive?" and stuff like that. Again, when you say, "How am I going to survive?" we are looking at ourselves as being isolated and we are seeing ourselves as we need to do it ourselves. That modality is part of the 3-D that is dissolving. And it's now about Oneness. It's about togetherness.

F It's like we were saying earlier about you can try to move a piece of furniture yourself but as you get together with other people it's so much easier. Like you see when people get together as a group, everybody brings something and there's always enough for everyone. Nobody has accountability for anything, but it's just sharing...everybody's sharing. And because you're coming together, you support each other...and not only support each other for internal guidance, but support each other energetically and also support each individual gifts that you have within

yourselves. And when you see people coming together...it's like anything...even if there's a natural disaster of some sort in a particular area, what happens? The people come together and they all assist each other. They help rebuild or do certain things. And by lending a hand to each other, by bringing food and who has more will share and somebody will have something else...and so it's not about, "I need to hoard," or anything of that nature or to still work in that type of mentality in a world of survival. It's not about survival any more...it's about communal interaction and connection. And through that we create an environment which supports our journey together. So this whole Oneness thing...

F Look at it this way. If all the people on the planet started to come together, I'm telling you it would *completely* change! First of all, there would be no starvation for *anyone*. Second of all, there wouldn't be any lack for *anyone*. Because we all would be working together to make sure *everybody* has a certain amount of accessibility for *everything* they require for their journey. And then...look at it...every part of the planet has different things to contribute. Certain places have certain foods and certain things they can share, there are certain traits, certain gifts and so forth and whatever...and if they all worked hand-in-hand...it would not be about, "I've got to protect myself and they are the enemy," or, "I am better than they are," or something of that nature...none of that would exist. Instead, it's like, "OK, how can we help you so that you have clean water and you have food, and how can you assist us to support our journey?" and it becomes a beautiful exchange of helpfulness.

F And that is one of the *main* components...and I'm glad you covered that, Antonia. It is one of the main components that will usher in this new reality, this new world.

F Because our new world will not be created if we are still playing this separated aspect or component of our experience; it is now about coming together.

F That's why I said at the beginning that this new world is built *together*. It's the first time that we are in the 4th and 5th Dimensional consciousness. And it's about unity. It's about Oneness. Working together. And that's how we change everything.

F It's not about relying on anybody...like the government or some other institution or anything of that nature, to provide for us...and then, of course, they have their own egotistic direction and mandates and so forth. No. It's about us coming together.

F And at that point in time, when we are coming together, then we can make sure that everybody is equally supported. And then there is none of this struggling and survival stuff coming up any more.

A Another question that we have which is along those same lines is, “Is it true that the new Earth ascension into the 5th Dimension is on ‘pause’ until the money issues are sorted out, for example, until we can all share in financial abundance?”

A So we will just clarify that moving into the 5th Dimension has nothing to do with money. There are many aspects that will be in place when the time is right to move to the 5th. And that’s why (because people have been asking for an exact date and time) there is no exact date to move into the 5th, there is no exact timing to move into the 5th. It’s roughly about two years...as Franco said, possibly even four years. But that all depends on the awakening and how many people wake up and move forward...how many more souls progress in the journey of waking up and doing their “work.” So the money issue is not one of the components of whether or not we move into the 5th.

A I know that for us, right now, a lot of us...and I know this...people are going through financial stress. So money issues keep coming up very often as a topic of conversation and I *totally* understand this. We are all undergoing our own money issues as well.

A But you have to realize that when you are talking about consciousness and Oneness, money does not exist. Money is just a tool. And it really has almost no relevance when you are looking at moving from the 4th Dimension to the 5th. It was agreed upon 10,000+ years ago as a “tool” to experience separation. But when you are looking at it from Source, from consciousness, it’s not really an energy.

A Any thing you want to add to that, Franco?

F Exactly. Like you said, it was a tool. But it was a tool that was utilized based on the changes. But, in actual fact, it has no relevance to our experience because, from the perspective of Oneness, that is a component that doesn’t even exist. It’s something that we made up and we are utilizing as the separation aspect of it at this point in time. So, to address that question, it will have no affect whatsoever. As much as that may have been channeled, that is something that has been channeled that is not completely correct.

F In actual fact, the shifting will occur one way or the other, and it doesn’t matter what the circumstances are because the circumstances will adjust accordingly...because the energy changes are going to occur anyway. And the only thing that will change, at this point in time, is how long it will take humanity to shift from one state of consciousness to the other based on the fact that they are going to hold onto old patterns. However, even that is limited.

F For example, the planetary pulse *has* changed to the 4th and *will* change to the 5th within two years. But at the same time, we are given enough time for us to do whatever we need to do to either get on board or get off. But the 5th *is* going to

happen.

F Now with respect to the monetary and everything else, as much as that is still playing out, what it's *really* doing...the only effect that it provides...is that it's been creating a stalling effect which is perpetuated as fear-based...in the sense that, "If we don't have money, our world will stop and we will go into a depression," like something in the 30's or something of that nature or that something horrible is going to happen. With that energetic field, it is stalling a lot of the 3rd Dimensional consciousness beings from moving forward. So that means that ratio is not going to change as quickly, therefore the larger scale of humanity will not move forward as quickly. And it can stall the *outside* world's representation of 4th and 5th Dimensional consciousness. In that respect, then yes.

F But it's going to be more and more difficult to stay in that stalled state because the energy will continue to push...because at the soul level we have agreed mutually with all our brother/sister souls that this change *has* to occur one way or the other. Even though on the surface it might look like it's being held back and it hasn't changed.

F Because when that statement that things had "stalled" was made...what happened is that we stepped into 4th Dimensional consciousness and people were expecting that we've now reached Nirvana. And all of a sudden all of our problems are solved, everything is beautiful in our playground and we're all having a wonderful time where there's no lack or no situation where we are playing with the fact that we need to survive, struggle or anything of that nature of what we played before. But, in actual fact, that's not the case. Actually, we are still learning from the experience. The only thing is the changes have occurred, but humanity still has to do all the work that they need to do to align with all of that.

F Because, again, the playground and schoolyard is for us to learn from. And if we don't take the opportunity to learn from it, it doesn't serve. So it has to remain there so that we can continue to learn from it. We are here to learn. We are here to enlighten. We are here to become experientially rich. We are here, ultimately, to play. So we are not going to remove the "play" component. We are just going to continue to accentuate the "play" so that we continue to move forward and *advance* our "play," *advance* our experience, *advance* our learning, and so forth.

F And you said something earlier (Antonia) about speeding up...we have been speeding up, even with our time and everything else...our perception of time...everything... is changing. Everything is speeding up so that we get this work done much more quickly so that we can participate as One unit in 4th and 5th Dimensional consciousness.

A Yes, and that will also be true going into the 5th. When we move into the 5th, we are all of a sudden not going to hit the state of Nirvana. They are all progressions as we move into more and more levels of consciousness. They are just progressions

where the level of consciousness is removing massive veils so that the souls that are experiencing this consciousness here on planet Earth can move through the experience of the enlightenment process faster, if they choose to. It is just basically allows you to get your work done, to go through it at a lighter level than before.

F And the thing is, too, even with the changes in that regard, we've talked about going into a money-less society, a world where we don't have money, a world where we don't even have exchange or bartering or anything of that nature. Again, it's something that we can achieve very quickly and it's not something that's going to take a huge process. ***But it's bridging the belief system that this is possible, that it's actually feasible, is the thing that's going to expedite it.***

F We have trains of frequencies that we can lock into...because even in the 4th and 5th Dimensional consciousness, they have different streams that we can step forward to. ***A lot of the stuff that we're sharing here at this point in time...and will continue to share because there's a lot more coming through that will help transform our planet...are streams for the most advanced movement forward, which will terminate all the different levels and tiers and monetary requirements and all that stuff...at a very quick rate.***

F It's not going to vanish overnight...it *can*, but we're not in that position because we are still learning from it. But we can make huge, huge leaps from it. But, at the same time, we can also take a bit more scenic tour...it all depends on us *together* and ultimately we can resolve our attachments to having it there...which, again, is all a belief system.

F A child coming onto this planet has no concept of money or anything of that nature; they are programmed into it. And then, of course, all the adults have been programmed all their life with it, and for them to see it not there...because not only have they been programmed and they've had to play the game, they can't see outside that game. How many times have I said to people about the monetary system or whatever and they say, "Well, that's not going to work. That's not possible!" But that's because we've been conditioned to think that in order for people to do anything, they have to be lured by something called money which leads to *possibly* having a better life, not starving, and surviving. But that modality is not so. That is a *perceived* modality and a *perceived* program and rule and part of the game that we put in there.

F But it does not need to be there and we can dissolve that. And that's *us* doing that by accepting that consciousness.

F Because Source consciousness does *not* support it. And when I say that...when I say it does not support it...I mean that it's not a requisite part of the experience. It was something that was allowed to be part of a component for a period of time which we *way* over-stayed in and we don't need to play with it any longer. So it's not something that is supported in the sense that it's a prerequisite

part of our experience. So we can allow it to dissolve right away very easily.

F On most other planets there is none of that being used. The whole idea that we need to work and do all this stuff...*to play in a playground*????!!! It doesn't make any sense!

A Thank you, Franco.

A The next question is as follows. "I've quit my job for three months because I could not stand the experience any more and I listened to my inner guidance. But since then, I've endured fear, fear, *fear!* Fear of the unknown, fear of being wrong, fear of not being able to survive any more, fear of having lost everything! This is really intense and surprising for me because I thought I would be "free," find peace of mind, and would be supported by the universe and 4th Dimensional energies. But that's not what has happened. Can you explain what has happened? I know there is also a process of 'purge and clear,' but I wonder if my decision was appropriate. And I am feeling desperate!"

F That is an excellent, excellent question because that addresses a *lot* of people's concerns.

F Now, right off the bat, I'm sure you can see the perfection in all of that.

F To answer the latter part of her question, you have made no mistake. It was exactly what you needed to do. Because the feeling that you had to let it go was exactly to create the environment that you are now experiencing digging up all the old programs that you were not able to access before you made that decision and allowed it to play out.

F Now all the fears that are coming up are all the fears, all the belief systems, programs and encodements that were needing to be cleared. So what you've done is created the perfect environment. So your choice was absolutely in *perfection!* In complete alignment with your soul...because that was navigated by the soul to create that perfect environment to allow all that to come through.

F So now that you've created the environment, all these emotions, all these beliefs and programs have come up...which are all fear-based...are all to be addressed. Now you have the choice to clear every single one of them so they are no longer part of you. And then you've accomplished exactly what you needed to accomplish. And from that point, you can choose to go do something else or to have whatever's going to unfold for you in supporting a life of freedom.

F Because you said in your question that you were looking for "freedom," or that you expected freedom, to feel light, and so forth. Well, I can tell you...and we've talked about this before...true freedom...the only way that you experience true

freedom is when you are free from experiencing exactly what you are experiencing right now...all these programs playing out within you. You can have anything you want, it will not allow you to be “free” until these programs are no longer running.

F So you're choice of wanting freedom was exactly what you've created. You created the environment to address everything that takes you away from the freedom. Because now the fear is coming up, all the different insecurities coming up...all this stuff is coming up are all the chains and stuff you need to clear to bring you to your desire of freedom.

F So your choice was perfect...you are in the perfect environment. Right now I wouldn't be worried about what you need to do next. I would focus on working on all those programs and clearing up all those activations within yourself so that you are completely at peace with nothing (coming up)...and *then* you can go out and play! You can go and do whatever you choose to do because if you do go back into another job of some sort, or an exchange or a community or anything of that nature, you are going to be free. Because you don't need those particular experiences any longer, stuff is going to flow for you a lot easier...meaning money will come in from other sources or the fact that you will be given the opportunity to contribute or do something while this system still plays out to its completion.

F Did you want to add anything to that, Antonia? But the answer was right within that question.

A Yes, I absolutely agree. And also, the advantage right now of being in the 4th Dimension is that the more you are willing to let go, then the faster you can move through those fears. Because a lot of the heaviness that you were experiencing before has been lightened by the addition of the planet's frequency increasing, all the extra assistance coming in...so there is more possibility to move through all those fears faster so that they are being cleared out quickly.

A The next question is, “For people who have shifted into the 4th Dimension, how can we, from a practical point of view, trigger the awakening process of people who are still stuck in the 3rd Dimension? In other words, is there an effective way to help them purge and clear their software programs? There are plenty of techniques and trainings available in the world to heal people, for example, Reconnective Healing, magnets, and so forth. Should we follow one specific method to help these people or should our presence be sufficient to provide a shift in consciousness?”

F How would you address that, Antonia?

A Well, first off, when we talk about someone entering the 4th Dimension, let's clarify that we have *all* entered the 4th Dimension. There is no one who has been left out of entering the 4th Dimension. Some of us still carry heavier 3-D programming than others, but the whole consciousness has shifted into the 4th Dimension.

A In terms of assisting someone in releasing their 3rd Dimensional consciousness...well, first and foremost, it's always about your own individual journey. So how you assist someone else in releasing a 3rd Dimensional consciousness is by you working on that exact thing in yourself. If you are aware or you have the thought that someone is in a 3rd Dimensional consciousness, then that is a judgment. If that judgment is coming up, it's because it is serving *you* to realize that you still have that within yourself. So then the question comes, what do you need to release or let go of within yourself first? That would be part one of the answer to that question.

A Part two of the answer is in terms of the modalities. I, too, have done Reconnective Healing and often assist with Reconnective work. The Reconnective frequencies...or any other modality out there...what I would say to anybody is that it is not about the modality. It's just like if we look at the work, of Jesus Christ...when he came to the planet it was not about making him the "be all and end all" of everything. He came and brought a frequency (i.e. love) that did not exist at that time. And he had talked about there being other stronger frequencies coming to assist people. The same thing with Reconnective Healing or any other modality. When we start labeling a modality as a way of "curing" someone, when we start labeling a modality as the way we should go with something, then right then and there we have "contained" it. And it is a bit of a paradox for humanity because we like to put everything into "one thing," but, once again, the minute we do that we are creating separation from Source...and ourselves.

A So, to come back to the question of Reconnective Healing, magnets, or anything else...yes, they are all totally and completely of assistance. Do I use Reconnective frequencies? Yes. Have the frequencies changed? Yes. So I would say on that point for you to follow what presents to be of assistance.

A As humans it is easy for us to label someone as an "apple," so we can talk about the "apple"...or we could talk about them as an "orange"...but., ultimately, it is all one and the same. And right now, as of December 12, 2012 and going through December 21, 2012, and as we move even further on, there are more and more and more frequencies that are assisting. And as we move further forward in the 4th Dimension, there will be more and more and more frequencies...and we can call them a different name. It doesn't matter.

A The point is for everybody out there to do whatever it is within you that you feel guided to do to feel the "connection." The connection to what? The connection to yourself, the connection to Source, the connection to All That Is. *That* is what you use to assist people. *That* is what you use to assist yourself.

A So don't get hung up on modalities. And, yes, the Reconnective frequencies are great, but don't get hung up on the *name*.

A It's more about you connecting with the breath, allowing your body to feel energy...in whichever way *you* feel energy...because we all "feel" energy differently...allow that to happen. And as you are in that state, that is how you are assisting anybody and everybody around you, that is how you are assisting yourself.

A Anything you want to add to that, Franco?

F Beautifully put! To add just a little bit more...these different modalities are a real complement...but a key has to be kept in mind and understood. That is, that we are here to experience and we are here to learn. So anything that is coming up, we need to get whatever lesson is behind it to learn and achieve whatever we need to achieve from that experience. And then after that experience...

F Because a lot of times we get involved with the letting go. And the letting go is because we are tired of a certain experience or we feel that in some way or somehow we don't want to have a certain thing playing out all the time. For instance, if a certain event like not having enough abundance or something like that, "I want to clear whatever there is there so that I can have abundance." The point is, to achieve a certain level of consciousness within that experience so that that experience is no longer required. At that point, it becomes very easy to clear. And then, of course, energetically that supports the clearing.

F But the energies that are coming through right now...and you made very good points there, Antonia, about the encodements that have come in, and there is much more being put in all the time because I'm working on lots of it all the time...uploading and uploading all the time to assist. But, at the same time, for us to be able to learn whatever we need to learn from whatever experience that we're having, rather than just going into the purge and clear aspect of it...because purging and clearing is a component, yes, a very important component...but, at the same time, it is to wrap up whatever that experience may be that keeps coming up.

F Because a lot of time we want to clear a certain emotional program but it's interconnected with some experience that we have a belief system around or something of that nature, and we need to take a look at it and learn from it. It's like, "Oh yeah. I don't need to have that experience any longer. Great. I've had that experience and I'm done with it," and move forward from there.

F So to assist others is to help them see what they can't see while they are going through their emotional ride. And then, once they see it, help them walk through it. The modality of whatever form that you are guided to use later on may assist in the wrapping up and clearing and so forth, but the real work is in the observation and helping them "see" what is playing out.

F For example, you may be connected to someone and they may be having a certain pattern, you could gently ask them, "Well, can you see what's going on here? Each and every time you keep walking into the same type of relationship, walking

into the same challenges, keep getting into that same emotional pattern. Can you see that happening?" They might respond, "Oh yes. That is happening!" So you might say, "Well, let's take a look at it. Let's see what's playing out for you. Why do you see yourself going through this?" or whatever it may be. But you're coming in from love and you're coming in from a place where you're just allowing them to "see" it, you're guiding them to see what they can't see because they are caught up in the emotion. Once they see, it then they learn the lesson. "OK, why is this playing out with you? Let's take a look at it." That is powerful in doing it that way.

F The other stuff, like you were saying, Antonia, they are changing, the effectiveness changes. But, the thing is, a lot of times a lot of clearing processes...unless you address and you look at the consciousness and the lesson behind it and you really get that part of it wrapped up, it doesn't clear. Even though you may clear or it just doesn't clear 100%.

F It's not just about removing a program, it's about learning from that program. Because, remember, we are here to experience. We are here to learn. We are here to enlighten. So certain challenges are here to assist in situations that are coming into our life and are allowing us to wrap up certain things. So it's really important to look at what's playing out.

F So, first off, you can help someone see what they can't see. And then help them walk through the different things that are playing out so they can have their own discovery and then learn from it. And then, at that point, it can be cleared *on their own*. Or you can help them clear it by just letting go of those components. And *then* if you feel the need to bring in some of these modalities as a complement to the other things you have done, you can bring them in. But the modalities are complementary and they are only a final tool. And even then, they are not absolutely necessary. It's the other parts of it (that are important).

A Thank you.

A The next question is as follows. "I know that the luminous energy field around our body, together with chakras and the physical body itself are not Who We Really Are. However, I have recently heard it suggested that with respect to the chakras specifically, we would actually function much better if we got "rid" of them altogether (although I have no idea how that would actually be accomplished). Can you please comment on this?"

F That's an interesting comment (laughs). Each of our chakras is a transmitter/receiver. They are our transmitter/receiver to different aspects of Self. For example, the different chakras connect to different experiences within ourselves.

F We talk about the Root Chakra which basically connects to the planet, nature and so forth.

F And the Sacral is the connection you make one-on-one to people with whom you have that connection and you also create new life through.

F Of course you have the Solar Plexus, which is the connection of human being to human being...a connection to physical form...it's that connection that is a transmitting/receiving...learning from each physical form's experience.

F The Heart Chakra is our connection to our Soul...our portal connection to our Soul...so that's how we connect there.

F Of course our Throat Chakra is the manifesting/creating energy of sound through exchange of information and so forth. So that is another connection which we share while we are in the physical body.

F And, of course, you have the Third Eye which is sharing from Soul to Soul, which is basically the transmitter/receiver which connects to all our other beautiful brother/sister Souls so that we can coordinate roles that we play with one another.

F And then, of course, there is the Crown Chakra which connects us to the Universal energies that support us and also expands our experience.

F So, as long as you are in a physical body...as long as we are in a physical form and are playing with each other here...then, at that point in time, you will require them to play the role that they play in a very clear state for us to have the experience. The only time you don't need the Chakras is when you are not in a physical form any longer and then you are not learning from "form;" you are learning from the "form-less," as an observer. At that point in time you could say, "Yes. OK now I'm spirit, I'm free, I can do whatever I need to do." However, to get to that point you need to go through a multitude of forms. Because that's how we created the play to be.

F So the chakras do play a role. We do not need to emphasize them or start doing all these other modalities that we need to go through it. If there are any blockages or anything of that nature, again, they are basically just resistance and programs that we've brought in. For example, we are afraid of one another and other course now are going to disconnect from the chakras because we can't trust them, you know? We can't love unconditionally because we've been hurt and we basically isolate ourselves. Because whenever we isolate ourselves to love...first of all, we are Source itself with a Soul. And the Soul is unconditional love...the pure creative Essence that It is within Itself, and now we can't trust anything outside, so we create a barrier. But, again, it is an energetic barrier which is easily dissolved once we get beyond that.

F The same thing with any other connections that we have within ourselves. If we have certain fears where we can't trust other beings and so forth, then, of course, we start to close off our Third Eye and our connection and exchange with our other

brother/sister souls...from other planets, from this planet...to move forward.

F So these are the different types of things we create to create blockages *within*. But doing a lot of this clearing and so forth, you are basically allowing yourself to move forward.

F So the Chakras do play a role...as long as you are in a physical form. As you become higher and higher in consciousness and become more and more “evolved,” for example, and you become a lighter and lighter being, then the chakras will play a lesser role because your connection will be much more profound and it does not need the transmitter/receivers in the same form because...

F It’s like anything right now. For example, right now we need to have sound, like we are doing now. We’re connecting electronically through voice...Antonia and I are communicating and everybody’s listening. Now this is a modality that is required because that is where we are still functioning. At some point in time down the road, as we become more proficient, we will communicate telepathically...we already are, but we are not utilizing that fully. When we are communicating more telepathically, then we won’t need to use the voice any longer in the same form. We can, as part of an experience, but we no longer have that as a necessary modality. We will have a thought and then a person on the other side of the world will receive that thought without even picking up a phone or any connection whatsoever. And we don’t have to Tweet or do anything else of that nature.

F Of course that’s going to change...and it’s the same thing with the chakras. Once the body has that profound connection and becomes “telepathic,” in a sense (if we want to use that as an example), then, of course, it will not need the chakras to have the same functionality as they do now.

A Yes, and to add a little bit more to that...In this next year and going forward, there will be a lot more Heart Chakra activity and a lot more Third Eye activity...which will assist moving forward into the 5th Dimension.

F Yes, in actual fact, right now the chakras are enhancing themselves...and even upgrading. Because what’s happening, with the Oneness consciousness, our connection to each of the chakras, to each of the different experiential realms of this planet, physical form and other beings and other facets of ourselves...and Source itself...is all enhancing. And as it’s enhancing, it’s becoming...as the blockages are dissolved...it’s level of communication is increasing.

F So it’s exactly what you said there, Antonia, it becomes much more accentuated and it becomes much clearer and active. Because each of these chakras actually create part of the Oneness connection.

A Thank you for that.

A Our last question is as follows. “I understand that the collective consciousness influences the Earth and the ‘reality’ in which we live, and that the consciousness of the Earth, the Sun and the galaxies, etc., influence humanity and our collective consciousness. How does this play out in the years to come? Will one have a greater influence on the others? How does this fit in with the fact that there are different parallel worlds and timelines?”

A So basically I think she means that if the collective consciousness shifts, then will the Earth shift faster? And how will this fit into different parallel worlds and timelines?

F Yes, absolutely (the Earth will shift faster in that case). There is influence of change being incurred by the energetic fields, the light realms that are coming onto the planet that are being streamed as part of the upgrade of our galaxy, the upgrade of our universe.

F This is of course affecting the way the Sun, our Sun...because even the alignment that we had with our Central Sun really basically enhanced and activated our own Sun so that the light transmissions...as you probably noticed...have become a little bit more intense, have become a little brighter...and also the spectrum has expanded and the frequency spectrum of the light itself has increased to facilitate the transformation of our physicalities, of the nature on the planet, of the planet itself...but it is also shifting the energy patterns of the negative frequency and it is dissolving that and perpetuating more positive energy...or, in this case, a more collective awareness and consciousness coming through.

F All that is affecting us. The planet is going through a shift, but, again, with all the influence from the outside...and there really is no “outside” ...but the influence of the different realms of codes and light that are coming through that is a much broader collective than our planetary collective. But that is influencing our planet, it is influencing us and, of course, the changes are occurring on the planet and everything around us. But, really, the true changes that will accentuate and move forward will be more accentuated in the sense of our consciousness shifting and us participating.

F Because, again, the world represents our collective consciousness. Our world represents the experience that we are still projecting that we feel we require to learn from. Now the only advantage to this is that, because of the new energies, we will be able to learn more quickly so we do not need to stay within the same paradigm or playground. And what represents on the outside or basically what are all the different components that are still working out in institutions and so forth, and also the way that we interact with the planet and everything else will not really need to remain in the same form because of the fact that we are being influenced...or assisted...encouraged and assisted...to evolve a lot more quickly. So as the consciousness changes, our playground will change more quickly.

F So as we move forward in the years to come...I know there is no “time”...but as the change in what we call “years” to come...of course the energy of the larger collective of the galaxy and the universe will continue to expand and increase perpetually pushing us to move forward. And our collective consciousness will continue to change and that will transform our playground to represent what we need for ourselves to continue to learn, grow, and move forward.

F So the playground is being stimulated into its transformation through our massive collective that makes up our collection of 400 or so planets within basically our galaxy...and also of our universe...but also, at the same time, it is also stimulating us to change so that our playground will transform in accordance with us. So as we change, the planet will change accordingly.

F Everything is speeding up...that’s the key here to understand. Everything is speeding up...and expanding. And we are no longer in the rigid platform that we were before. And the same thing with timelines...when we’re bringing timelines in, a lot of the timelines are being collapsed...*very rapidly*. And, at the same time, parallel worlds are being collapsed.

F Because of the fact that we lived in a world which was so stagnant that we had a multitude of movies...It’s like, for example, for us to learn under the old way, one way we did that was from movies. For us to learn from a movie, we would have to watch a multitude of movies over a period of time for us to achieve a variety of learning. Because each movie was stagnant...it was already pre-programmed and it played out a certain role. And each movie had certain lessons in it. So we would have to watch all these movies for us to learn from. So that was how we created all these parallel worlds for us to continue to expand at the soul level. We needed to create all these alternative worlds for ourselves and our alternative selves, having different experiences with different choices, for us to create any form of variety because of the fact that each and every timeline, each and every parallel world was a stagnant movie that had very little change, including the one that we are living at this moment.

F However, what we are stepping into now is having no need for all of those stagnant movies any longer and we now have *one* movie. But as we collapse all the other movies, we are bringing all those other experiences in as we are collapsing them, and we now have one virtual reality movie...which is *fluid*. That means that now, whatever we choose to learn, it’s not about, “I need to reincarnate,” or the soul has to experience itself on a parallel world while we sleep (because the one we’re on is stagnant so it’s going to go into an alternate parallel world to learn). It no longer needs that because at that point in time it’s either going into Source consciousness to learn from the universe itself, while, at the same time, coming back into this world. But this world is now fluid, this world is no longer stagnant, and it will now reflect whatever we need at this point in time without having other timelines.

F So, basically, we're collapsing timelines, we collapsing our own personal multitude selves...or parallel selves...and we're also collapsing parallel worlds. And creating one fluid world. Because it's no longer necessary to have parallel and multitudes of timelines.

F Now, the timeline that we're in...of course we're still in somewhat of a linear timeline because of the rigidity end of it...so we're shifting timelines. But all the old timelines are being dissolved and the new timelines will become fluid timelines, so we basically no longer have to shift the timelines, and we will now have a timeline which is malleable and will re-shape within the reality of our experience.

F As our Dimensions increase along the way, we no longer need to have the playgrounds being streamed in different timelines; instead, we will have a timeline that automatically re-shapes around our... So it's like you have a thought and you want an experience and the experience appears. And then all the other souls within that area will play the role as you're streaming that... So it's almost like it's a timeline, but it's no longer in the same form.

F It's a little complex to explain...but it's not that complex either. But that's the best explanation I can give right now without getting into a much longer explanation and complication. But, in that sense, everything is speeding up and everything is aligning and we are getting rid of everything that doesn't serve...including timelines.

F And a lot of the timelines that we had before...just to give people a sense of understanding here with what's happened...the work that's being done behind the scenes has been sustaining humanity. So that a lot of the destructive timelines and things that we were there once upon a time are now no longer there, and they've been collapsed to the point where we can no longer return into them. So, even if some of it is still being projected on the planet, it will not be able to be played out. And you will see that more and more that will change.

F And what happens is that now, with the new operating system, any timeline you step out of and you step into a newer timeline, the old timeline *automatically* collapses...it does not remain there for you to step back into. So you don't have the opportunity to go back into that old world...that old timeline...not only your own personal one but also the collective one.

F So I went a little deeper into the answer than I intended, but it's something you can play with...just don't get wrapped up in it. In that case, everything is shifting to compensate and to complement our new way of experiencing as a higher being having a human experience. But the human experience itself is transforming and shifting so that it's not going to play out the same way.

F Our new human experience will be more reflective of our original design...*plus!* So we are going to flourish in this physicality in the design that was originally put together and also in the most *advanced* state that is utilizing the new

consciousness of the universe of Source itself. And then, of course, the bodies will align accordingly.

F These are beautiful, *expansive* times that we are going through right now, and it is giving us the perfect opportunity to wrap up any remaining parts of the experience! But none of it is going to hold us back into it. It's not so "sticky" any longer, it's not pushing us back...

F You'll find that any movement that you make forward, it's not that easy to walk back. And if you do walk back, it's only temporary...only to wrap up something that wasn't wrapped up...and nothing more. It's not that, "I stepped forward and then I stepped back!" That was possible in 2012 and before, but not now going forward. And that's going to become more and more impossible to do. So the stepping back is not a doable component because the energies that were supporting the past experience...and, again, there is no "past"...but what was supporting us in that old experience is not supportive any longer and will not allow us to step back into that.

A Thank you for that, Franco.

A Do you have closing remarks for this Part 1 of the Q & A on this topic?

F It's my pleasure to be working with everybody. We're a team now, working together. And as we are transforming within ourselves...using whatever information we have...making transformations within ourselves, we are all complementing and assisting in the transformation of the planet.

F It is so key for us to do the work we need to do for ourselves and to assist others without taking any sense of responsibility or feeling that we need to push the changes.

F By *being* the change, by *living* the change, and as we do it in larger and larger groups as we connect, we create a beautiful, huge movement. You see, the movement will increase as more of us do it together.

F Right now, it may seem like it's a huge trial, a huge job for us to make these changes because there are so many things that look so rigid. But as we are changing ourselves, as more come on board and get into this crystalline, clear state of understanding that we can change, that we are not stuck here, that we do not need to hold onto these modalities, and we start seeing things with new eyes and so forth...the momentum of change will start to increase *exponentially* along the way. And as it's doing so, you will see that it will get bigger and bigger and bigger.

F And what seems to be impossible, or what seems like it's going to take another 50 years...because I've heard some people channel, "Oh, it's going to take another 50 years before we step into this or that!" Well, if we look at the timeline

with the frequency that we are when that channeling came on, then yes, absolutely, it can take another 50 years...it could take 75 years...or 100 years. I had a conversation with someone a little while back and he was referring to some channeling he had done and said that it would take 200 years before the stuff that we are talking about here this evening would take place. And I asked, "Well, when did you channel that?" and he responded, "Well, one or two years ago." And I said, "Yes, in that frequency that was true. But today you can't say the same thing if you are actually tuning into the most current energies."

F Realistically, seeing our capabilities that we have and everything that we have at our disposal in the state that we are in and the desire at the soul level to make movements that we want to make...it is not as huge. You will see that it will continue to flow.

F And the other thing is that we stepped into this new world...we're at the beginning...we just crossed the threshold. You know, it's like moving into anything new...we need to get accustomed to it, we need to start looking at it with our new eyes... You know, if we leave wherever we're living now and go to another country. We get there and the world doesn't change because we stepped there. We stepped there, we start to observe, we start to adopt ourselves to it and then we start to create a new reality within that new world. And it takes a bit of time sometimes and it depends on how rigid we are.

F As you can see, some people go from one country to another and they bring their old traditions along. And they try to live that old world for as long as they live on the planet. For example, if you look at all the immigrants that came here years ago, many of them are still living in that old paradigm. And then, funny enough, they moved and then struggled so much to keep that old paradigm, but when they actually go back to the country they came from their country had evolved and yet they never evolved...interestingly enough.

F But in this case here, as we're going along, these changes that we are doing at this point in time, we are able to do in a very fluid and easy way as we all start doing our part of it.

F And, the thing is, the "**we**" is very important! Because we see it together.

F And whenever we are sharing with other people, it is always to see them as a part of you...as part of you and also to bring them in as, "OK, let's do it *together*." It's not like, "You do your own thing there." Yes, you've got to do your own work, absolutely. But, at the same time, let's see how we can facilitate each other here and move forward. So it's done in a whole different dynamics.

F And we'll cover some more (on this topic) as we go along.

A Thank you again.

A And everyone please stay tuned for Part 2 of the Q & A on the topic of “2013 New Beginnings.”

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