

# FROM VICTIMIZATION & SURVIVAL TO ONENESS EMPOWERMENT

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With

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***Antonia***

**Franco**

***Antonia***

*The Clearing we are going to be doing tonight is moving from victimization and survival to Oneness empowerment. And this was specifically because we felt that with all the truth starting to come out, people are starting to wake up and realize how government has been manipulated, how the whole banking system has been manipulated, how the health system...and all of these beautiful truths are coming to light for people to wake up and ask questions and learn more.*

*For a lot of people, when you first go through that level of awareness and awakening, you feel like you have been made a victim of what's been happening. And then you feel like you are stuck in a survival state. And that's why people sometimes feel stuck: they have all this information and they know what's going on, but they feel kind of paralyzed and stuck about not actually being able to do anything with it. And even if they do something, they feel like it's not making much of a difference, it doesn't seem to have a lot of impact. So tonight's Clearing is specifically to address that.*

*There's a lot of energy coming in throughout October and November (2013). And, once again, it's about humanity...we're shifting really quickly and the energy is moving really fast, and changes are happening very quickly. And, as we all have agreed to come together to co-create this, we are assisting people to release their veils faster.*

*Right, Franco?*

**Franco**

Absolutely.

One thing I may not have mentioned much before...a lot of times we expect things to change around us and for somebody to come along and make these changes for us because we feel

that we've been done wrong and we are disempowered and don't have the capability...how can I say it?...just really be participating in the changes that are going on.

And one of the things that I've noticed in tuning into the collective and the collective Souls is that...you know, let me give you a very simple example here...People who have children help them out and so forth. But they get to the point where they turn around to Mommy or Daddy and say, "Listen. I want to do it myself." And even though they can't tie their shoes properly or they have to do it over and over again and might feel frustrated, they really want to do it...themselves...and then feel that empowerment after they did it. The parent might be watching and might be wanting to step in and assist, but the child insists on doing it on their own.

This is what the Souls are doing. The Souls have decided that, as a collective, we want to do it. We want to be participating through the whole process of this transformation. It's not about seeing that we were at one scale of polarity and now we need to bring things back to an equilibrium where we actually dissolve the polarities, but something outside of us to do it...in a sense. So it's not like, "I'm going to step back and let all the changes happen and let some saviour or some concept or idea of some sort stepping in and making the changes and then I will be able to take it from there."

Instead, the Souls have decided that this is a unique opportunity. This transformation is so powerful, so intensely...it's making such huge strides in such a short period of time...that the Souls are saying, "I do not want to miss *any* of the action involved and all the empowerment that will be achieved while making the changes!"

So as much as we may feel, in one way or another, that this is a huge task and that we feel stuck and so forth, at that Essence of Who We are, as that Soul, as that Spark amongst a cluster of Light, it is basically at this time saying, "I want to do it! I want to be part of it and I want to go through all the nitty gritty. I do not want to miss any of the fun, any of the actions, any of the experiences that I can get from this!"

And, the thing is, it wants to do it on its own, but it's doing it together at the same time. So it's not like we are going to rely on anyone to do it for us. And we are not stubborn enough at the Soul level to turn around and say (not that the Soul works that way), "No, I've got to do it *all* by myself!" But it wants to do its part. Each Soul wants to do its part. But it's also doing it together so that each part assists the other. But not in a dis-empowered state; rather, in an empowered state.

So even with the work that we are doing in assisting and others who are playing different roles, we will be engaged in assisting and facilitating, but each and every Soul is doing their own part, their own thing...because that's what it's choosing.

You'll see at times that sometimes we feel that we need to help somebody or we have to take them out of that mess. What happens is that they get right back into that scenario or another scenario that might be even more intense. The reason for this is because they are

saying, "No. I have to do it. I have to do this one way or the other. I really want the whole experience...fully."

So this is where we're at right now. And it's very beautiful and very powerful and uplifting because of that. Because each Soul is self-empowering itself, fully, at this point.

As much as the belief systems and the mind get involved..."We want somebody to come and save us, to make the playing field fairer and so on," the Soul says, "Yes. We're done with all the other stuff that we've played with in the polarized world, and the roles that we've played being in a dis-empowered state. And we now want to go into an empowered state. But we want to get there while we're enjoying that process that we are doing." So this is one of the things.

Even right now, yes, we have other brother/sister Souls from other planets, we do have a lot going on right now that can really step in there and dis-engage the structure and can take everything apart very quickly and very efficiently. But, the thing is, as a collective and the Souls who have chosen to incarnate here, they are saying, "Yes, we don't mind a little bit of assistance, but we want to be really deep in it to work this out ourselves. Because as we do this, the empowerment that we engage, the Essence that we are able to access in our level of consciousness will be amazing. So we appreciate whatever sharing and boost we get to boost us to get us moving, but, at the same time..." So, "We will show you, we will give you the energies that are coming from the whole cluster of Who We Are on a grander scale to get things moving," may be there, but we are doing it...doing it ourselves....and together...at the same time.

### **Antonia**

*Yes. And in many previous conversations we have talked about the fact that it's not just humanity that's going through this transformation, it's all of our galactic family. We are all coming together as One. We are all at different points in that process, but we are all doing it. It's not that one...and we've talked about this before...but there is no hierarchy, there is no one species of beings that are above or superior to another. We are all equal. We are all One.*

*And I know we've talked about a lot of the channellings that go on...just remember that whatever's happening over the next little while, we are One, we are all equal...we all have equal power. We may have different facets of expression, we may have different gifts and different things that we are here to assist with and to contribute, but we are all equal.*

*And, you know, I was thinking about this a lot today...and I know that there are already other civilizations, other beings already existing on the planet...but the closest that I've found right now has been the Kogi. I did an interview with them a couple of years back (which is posted on the Masterpiece Life website). And within the Kogi society, whenever anyone became a teacher or became part of the healing community or whatever...and I think at the time that they had five different functions in their society, but there was no one which had more importance over another. The shaman was not more important than the teacher, was not*

*more important than the farmer. Everybody was equal. And it was beautiful. And in their language there was no "I" and there was no "me"...it didn't exist. And still, they were not an egoless society; they acknowledged ego. But they were very quick to point out that they know ego is there and that it's part of the human experience, but they just did not let ego take control. They make sure that ego stays outside.*

*So when people say that we can't live communally and we can't just contribute...because theirs is a money-less society...I think of the Kogi and how they have been doing this for thousands of years.*

## **Franco**

Exactly. Anyone who is getting into higher consciousness...everyone is doing the same...but as they get into a higher consciousness generally the realization comes that the moment you see yourself as being bigger/better than someone else, you are now dis-empowering all that you're working with and you are actually dis-empowering yourself. You are cutting off a part of your consciousness and your Life Force in order to even be able to play that way. So it's a complete realization that we are One.

The progress that each and every Soul makes is part and parcel of you...of each other. So the moment we dis-empower one, we are dis-empowering part of the Whole. So that is completely and foremost.

And that's why they never have a hierarchy, they never take a role where they make one person more important than another. There are different degrees of consciousness and different degrees of knowing, but it's not owned...it's shared. And because one has arrived at a certain level of consciousness, the immediate thing is to share it with everyone to bring them up to that...even though each one is going to accentuate very differently than the next...but it is shared automatically. Because the more it's shared, the more it creates an activation or a stimulation and growth within the other Souls and that then affects the Whole...completely. So it all goes together. So that's one of the reason that nobody puts themself...

And as you go into the higher consciousness levels of Creators and Self-Creators and so forth, there is definitely no hierarchy. The only hierarchy that exists is when they are still in the unconscious or limited conscious state where there's still a form of ego even though there is...our egos are one type but there's egos on all different levels...and that is only when that is still engaged...because it hasn't worked itself through that part. Or else, once it's worked itself through that part, it doesn't exist any longer...hierarchy does not exist.

The higher the consciousness you achieve, you will notice more and more that you are One and more and more that there is no such thing as hierarchy because we are all equal...*exactly the same.*

## **Antonia**

*Yes. And I just want to add that as we keep moving forward and with all the unfoldments, one important thing to remember is that we are all One, we are all equal and we are all powerful. There are no other beings or humans that are more powerful than any other. That was a game we played and agreed upon as part of separation, but that ended in December (2012). But we've been so conditioned and there have been so many belief systems layered into society about there's hierarchy: whether you call them kings, queens, presidents, your boss...even parents...whatever...but I think that is a really important aspect to remember for humanity, for us, is that we are One and we are all equal.*

## **Franco**

And the roles of those in the hierarchy that exists at the present time is when we were using that as part of our experience...where we were having that experience of intense separation and polarization, and, of course, imbalances...which were part of the learning process.

But, right now, the only reason they exist is because we haven't allowed it to be completely dissolved. It is being dissolved and as the awakening process goes on you will notice that no one has authority over anyone else. Everyone is equal and everyone is in charge of their own experience. So if we are choosing to interact with someone, it is on an equal plane. And if they are able to play a role that someone else is not able to play efficiently because that's the way it's designed (because we are all going to play different roles), then the one role will complement the other role and support the other role. But every role will complement each other and so forth. So it becomes that way.

Even if someone is put into a sort of guidance role or a leadership role...and a leader does not, in a sense, lead...they actually keep the people in power so that each one will take their role and play out whatever they need to play out. And it will be just keeping things on track so if anyone, while they are still in the learning process, goes a little bit off, they can provide a reminder...a gentle reminder that, "OK, this is what we're doing. This is our goal as a collective," and bring that back into place.

And if someone actually has a little higher consciousness at that point, they take on the role of sharing that consciousness because of the fact that they are able to access it at that point. But each and every Soul will be able to and will have the same level of access as we go along. So it is just more of that than anything else.

## **Antonia**

*OK, we will now address some of the questions that have come in. The first one is:*

***"I am feeling much more empowered, but for me it is more about using my energies and not letting my presence die by getting deceived by another. Sometimes when I use my energies right I do something great that I didn't see coming. You say that it is***

*about realizing that you are fully in charge, yet I can't seem to see that that's the case yet. I see it more as surrendering to Great Spirit or Higher Consciousness."*

## **Franco**

That's a great question. Because the moment we are surrendering...which basically is that we stop fighting ourselves and allow...and when we talk about a Higher Consciousness, it's Who You Truly Are...it's your Higher Consciousness, your Soul...and allowing that to be in place. So you're getting out of the way, so to speak, and letting your Soul be in the driver's seat. Then, of course, things will unfold the way they need to unfold without needing to go through all the different exercises that we have created in the struggle...

Because the first thing that we need to understand is that our Energy Source is the most powerful as we are going in the direction that we are choosing. Because the reason we feel less energy is when we are utilizing our self ...or the program, our thought patterns and so forth just lead us around and around in circles. So it's really saying, "OK, let's not really put so much effort here." It's almost like I'm going to reduce some of the energy or vibrancy that you have, the Spark within you, so that you can realize that you can actually see it that it's a tedious process and, "Do I really need to do this any longer?"

But when you are creating an alignment by observing and letting your Inner Guidance...Who You Are...The Great Spirit...The Higher Consciousness...and allowing the Soul to really guide you in the direction that would be best suited for you, then, of course, you are going to feel much more vibrant because you are moving forward in alignment with what you desire.

The Soul has no judgment about what you do and don't do. It is also there to guide you in the direction that is best suited for part and parcel of what it wants to learn, what it wants to experience and why you're here. So, by doing so, by getting involved in that aspect of it, it is really just keeping you on track and that's what you're doing.

When we're looking at losing power to anybody else or somebody else taking that energy or that power, really you don't...you can't do that...someone can't take your energy. You can replenish your energy because you are going in a certain direction or you may feel that somebody has power over you, and you can feel disempowered or feel that drain of energy when you get into the state where you see that you are not making progress or that someone else is dictating your life. That might be a role they are playing out, but it is really for you to self-empower and decide what you feel inside, "What direction do I want to go? What do I choose to do at this point in time?" Each moment you have that opportunity to re-direct yourself in any way you choose.

So, when you are looking at all of that, by paying attention and being present with Who You Are within you...your Soul...the Energy...the Life Force within you...and feel that guidance within yourself, then you are going to move in the direction in which you need to move.

And sometimes those directions...and more than sometimes because sometimes it becomes most of the time...it may bring you to certain scenarios that you may think, "Why would my Soul be guiding me into this challenge? Or bringing me into an environment that would trigger all these programs or trigger all this uncomfortableness coming up?" But that is still part and parcel of exactly what you need to see so that you can get what you need out of that experience, learn what is still kind of driving you or is part of your navigation system that is no longer necessary, and feel yourself in a way where you can see that, "Oh, wait a minute. I really don't have the freedom to navigate here because there are still these default programs that come up," so you can then address those programs. So that's the only reason. It's not that the Soul is taking you down a path because it wants to beat you up or it's not looking after your best interest. It's always looking after your best interest. Because your best interest is its best interest. And that's what it utilizes: it utilizes your human experience in a physical form and mind to do what it came here to do.

So because of all the changes right now, because of all the new energies and the fact that we are stepping into a new world and a new consciousness, there is a shifting. There is a purging and clearing of old consciousness, old programs, old belief systems, old perceptions...all of that is...So it will do whatever is necessary and stage whatever is necessary.

But also there is the other part where if you're putting energies into places where it's not necessary any longer and it needs to shift, then you may start to feel very depleted, you may start to feel your energy being drained or that...Say you go to work and you engage with a group of people and it's really not a place where you need to be anymore because the energy is not in line with your true desire, you are going to feel depleted, you're going to feel drained. And a lot of people look at it and say, "Well, when I'm with these people, I feel that my energy is being robbed from me or being taken from me. But, in actual fact, nobody's robbing you of any energy, nobody's taking your energy. You're just turning down the energy supply so that you will notice and pay attention to, "Do I really need to be here?" (laughs) "Do I need to still continue to do this?" That's all it is.

### **Antonia**

*Thank you. Our next question is as follows:*

***"I think most people in the world want peace, but conflict does not subside. Is that because they hold an image of war in their mind while asking for peace? It would be nice if we could be taught to hold only an image of peace and be grateful in order to generate a more rapid fulfillment. This could be used for all other things we desire.***

***"I think that if Source acted on words alone we would be in the world we want. So it is very important to have a list of words and phrases that will generate the right emotions and outcomes."***

## **Franco**

Well that's an interesting way of looking at it.

Yes, first and foremost each and every Soul wants to express its natural state. It's natural state is pure unconditional Love. Its natural state is neutrality, fluidity...and one of the largest parts is: peace.

With peace it has freedom to flow. In a state of peace it does not judge, it does not compare, it does not compete. There is no survival, there is no struggle. In a state of peace it is in its natural state of experiencing, creating and being part of the whole creation. But it's done in a very fluid, playful state. So each and every Soul desires to be able to experience it and express it. It's its natural state.

However, there are layers and layers of programs that are being dissolved and that are still playing out in the polarized world...where we are no longer in that polarized world but we are still using up or clearing out the polarized world by experiencing it.

So, in a sense, if you look back at the layers and layers of programs, if you want peace you have to fight for it. If you want peace you have to make things right. If you want peace you have to fight "evil." If you want peace you have to take care of what we label as "enemies" and so forth.

And so the fighting and conflict...and the other layer...the other part of it is the righteousness part comes in and, "I'm right and everybody else is wrong," and so forth. So it's still creating that.

Plus the belief systems of different hierarchies, different modalities, belief systems and so forth are still stimulating that.

But the reason this is all playing out, again, is to really play it out to the fullest so we can come to the realization that this does not take us to peace.

You see, right now there is a bigger observation that's occurring than ever before. People who are going to battle, war and so forth are now noticing that there is no peace in it. It's actually creating and stimulating the opposite. So this is why more and more are choosing to be out. In the military there are so many people stepping out. So many people are choosing not to participate.

And the same thing in different parts of our organizations that we have...there are more and more being pulled and pushed to step out of it. Because they are coming to the realization that that modality...

Because look at it this way: When they are selling the whole concept of going to war, what is it about? Protection. Security. And, "We want peace." So let's go out and play the illusion of wiping each other out, creating more pain, so that at some point we can achieve peace. But we're realizing that that's not working any longer and it's not the ultimate way of experiencing peace.



So that is changing...right now...which is why people are not interested in going to war even though they may fear what it looks like...this is not the answer...this is how they feel inside, "We're not here to fight anymore."

So the rest of the battling that's going on, a lot of it is within. But it really is just the conflict within ourselves and it's how we've been programmed to a Higher Knowing, in a sense. So, as we're going along, those layers, those programs which have been ingrained for thousands and thousands of years, and we've had multitudes of lifetimes where this was a program, a belief system that, "If you want security, if you want freedom, you have to fight for it."

And then there's this whole energy of "right," "wrong," "good," "bad," "dark," "light," "good," and "evil," and all that stuff. So, interestingly enough, if you look back at a lot of the programs and belief systems that are still being perpetuated...even until today they are still talking about, "Are we still in the battle between Light and Dark?" If you really understand the big picture and if you look at it there was never a battle. There was never a battle between right and wrong, good and bad or Light and Dark. It's all facets of The Whole and they are just expressing it in different forms and all of it is giving a certain level of polarity to experience both sides. But now that is no longer necessary.

So when are talking about the fear of the Darkness and Light...Darkness is still part of Light. It may be emanating something that may look like it's not as much Light, but it's only there so we can have that particular experience *that we agreed upon* at that point in time.

And this wasn't only on our planet; this was on many, many, many planets. And it was not only on many planets, but it was a galactic energy at the time and it was a universal energy where we had this massive amount of polarization that was going on: back/forth, right/wrong, good/bad.

So when we look back at some of the histories that came about and they talk about the wars that they had...galactic wars, planetary wars and all that stuff...this is when they were still accentuating that. But those wars were just conflicts to create certain experiences and nothing more.

And now all of that is subsiding. And it's subsiding because we no longer need to have both sides.

You see, the polarized part of it is dissolving throughout; it's not just on our planet. It's throughout all of it. So that level of peace, that choosing to be in that state is prevalent everywhere now...on all levels.

So the fact that we still have dark energies, dark entities and so forth, it is just holding itself in place, at this point, while it is still providing some service to certain Souls who have not yet gotten their fill of it. But look at the amount of lower-vibrating entities, energies and so forth that are departing our planet.

And they are not going because they are going to go to another planet to express itself there...or going into the non-form and still project that. It's saying, "OK, I'm now done with my job. You know those filaments of Light that I have within myself? I'm going to allow them to expand and to change so that I'm no longer in a polarized state. So I'm not going from Dark to Light; I'm going from Dark (and the same thing with Light) and coming to a center point which encompasses all the Dark and Light in a Neutral state and it no longer has the polarized aspect of it. So it now becomes a full-fledged, full-spectrum cluster of consciousness carrying all parts of it. But it is no longer isolated as being one or the other or creating a conflict between the two.

So when people say, "We're in the middle of a battle between Light and Dark and good and evil and so forth," really that's not the case. That is what we projected and played with and have labelled it as, but it's not about that. It's looking at it and saying, "How does it serve? Do we still need to play this part any longer? If not, then we take it out of service, basically."

Because everything is from the same field of energy...everything is. So we are creating whatever we want to bring into the field to play with, to bring into our environment to play with. When you don't need to play with something any longer, it's no longer there...it's not necessary.

And even with the work that's been done in the sense of all the planets being interconnected and the various super-imposed matrixes that were feeding each other and so forth...again, even that has changed in a sense. Even the super-imposed matrix is breaking down because the super-imposed matrix has not only always accentuated polarization but also has been creating a scrambling effect where everything worked in reverse so that we could experience that dis-connect.

But that is all ending now. It's all dissolving, in a sense, because we no longer need to play out.

Not that there was anything "right" or "wrong" about it. This is the thing: we can look back and say, "Look at all we've done. How foolish!" No. We look back and say, "Wow! What magnificent types of creations we had and how deep we got into that rabbit hole of seeing ourselves separated!" But you're not going to judge yourself and think, "How foolish I was for doing that!" You're going to see the perfection of it and see what you have accomplished within yourself in expansion because of it. You will see the perfection of that creation to such a level that you will have a huge appreciation for whatever came out of it and whatever we created.

Because we co-created all of it...collectively. And when we're talking about co-creation we are talking about not only everyone on the planet but everyone on all the other planets too. Because every creation, every expression, every manifestation that has occurred on any planet has somehow been interconnected with other planets anyway. Because we are all One in that respect.

## **Antonia**

*Absolutely. Our next question is as follows:*

***“Thank you for all your love and guidance. With all the new energies coming in and the shifting, I am noticing more and more friends and family are talking about joint pain and painful arthritic symptoms that seem to be coming up frequently. And most of these are new health issues. How can we best handle these issues without defining ourselves by them when they can be so out of the ordinary and quite painful for many?”***

## **Franco**

Well you're the health expert so why don't you answer that, Antonia?

## **Antonia**

*Well, from a health perspective, I will answer that in a “body” way and Franco can answer from the other perspective.*

*So let's go back to in the old 3-D world there was a lot of toxins...not only in the food but in the air, in the water and so forth...that were purposely put there into the system to keep humanity enslaved...to keep us dependent on drugs and so on and so forth. The energies have now shifted and that's now being lightened up.*

*Now, how the body works is sometimes there is a weakness in the body and toxins accumulate there. So in certain people it may be their joints. And, specifically, if someone has been eating a lot of (unfortunately) wheat...which is one of the most commonly consumed foods in our society...so wheat and a lot of dairy...I tend to find that when somebody cleans their diet of wheat, of gluten and dairy, the arthritic pain goes away. That has been my experience.*

*Now you can also look at it a different way: in terms of beliefs. Because we are in North America and we have the North American belief system here and we get pounded by so many things, it's interesting to note how people in Europe who do have a wheat-based diet do not have the levels of arthritis and so on that we have here. So there's two sides to look at: look at what are the beliefs that we have chosen to bring into our lives so that we can release them...*

*Because right now as the frequencies are changing faster and faster, it's bringing everything up to the surface. And one thing is the body needs to detoxify. So simple juicing...you could even start with making your own simple juices at home to support the body to get more nutrients into the body.*

*And eliminate wheat. And most of the wheat products...wheat, soy, dairy...they have been so modified and so filled with junk...stuff that the body cannot process. The body was not designed to process it. And that was done intentionally to create a society of ill people so they could sell more pharmaceuticals (laughs)...unfortunately. But that was fine...that was then.*

*I do find that people are having more issues now with pain, but I think it's more of all the clearing going on and the frequencies going on. So if you can talk to your family about what*

*you put in your body is what your body uses for energy. You don't just all of a sudden show up one day and have a massive pain. Something in the body has continued to that point and then says, "OK, I can't ignore it anymore." And that's typically the case.*

*Of course, avoid vaccines...I think everyone on this call knows that by now because we've been talking about that for years. They were created only to keep you in a lower state.*

*So, really, for the person who is having those pains, it's a wake-up call to investigate and look. And for a lot of people I find that...definitely in my practice, it's when they have pain or discomfort that they start searching and questioning.*

*So I hope that helps. Anything you want to add to that, Franco?*

### **Franco**

Yes. What you shared is on the chemistry and chemical aspect of it...which does complement and does play a role, for sure.

The other aspect of when we're talking about pain coming into joints or whatever parts of the physicality...the biggest component is, again, it's just their way of integrating themselves in their experience and in their life. So, in a way, it's like saying, "It's how I feel." But, in a way, it's really looking at how you interpret, experience and feel about your journey and whatever's playing out in your life. The more that we're resisting and holding onto old ways of looking at things and so forth or feeling ourselves disempowered and getting caught up in belief systems that, "I'm falling apart," or this or that, it will energetically...

Because you can take inflammation, pain...because that's basically what it is: if you're talking about arthritis, it's inflammation...it's inflammation of your own body attacking your own self, really. So, yes, there are codes and there are things that you have mentioned in the food chain that do stimulate that. However, like you said, in certain parts, depending on how they interpret and see things, they may consume the same amounts or the same components of the same food (e.g. wheat, soy and dairy and so forth) and not have the same experience as someone else. It's the energy of where they are, the energy of what's playing out there as a collective has a different interpretation of how to express their own self-directing and noticing what direction or what changes to make in their own life.

You'll find that people, once they make adjustments in their life because they have now seen a different clarity about their journey and they start to shift...these pains and discomforts and so forth change and shift. Because the moment you are fighting your self in your own state where you are uncomfortable about your life and you are judging your life and you're feeling life is terrible and you have no control, that you're basically just trying to make it through and you're really just not enjoying the experience in any way because of the belief systems, perceptions, and so on that we have put forth and adopted as part of our experience, it's going to be reflected through pain, through discomfort, through scenarios where you're not going to have the freedom of movement. Because of how you're

reflecting how you're feeling internally.

When we are at peace...and, again, remember the other components of it. Remember that the pain is not there because you made mistakes or because your thoughts are not good or how you interpreted the food you've taken in...because you can eat junk food or whatever you want to call it, and still not be affected by it because your own energy will transform it.

However, there's another component to that: If you're saying, "Well, I don't care. I'm going to eat anything I want because nothing will hurt me," then that energy is very different than when you don't even notice it that this is not going to be conducive.

But, at the same time, as these frequencies are changing, as our energy changes, as our consciousness changes, you are going to be gravitating to food that is a certain vibration to complement whatever is going on. So as much as the food is a part of it, really, the biggest component...which even governs how you process the food and also the choice of food that you take in (which is a smaller part of all of this) is really what's happening in your own consciousness...how you feel about yourself, how you integrate your own environment, your experience, what you could call your scenarios, or what you've created as a reality within your life. That is first and foremost the biggest component.

The other part of all of this is also to show you...it's like you were saying earlier, Antonia: it's like a wake-up call, "Listen, we need to pay attention here. We have some things that are playing out here that are keeping us in a stuck state. And if we're not going to make these changes then we're either going to keep increasing it until we choose, 'OK, now we're going to use something else to exit because we're not making the progress.'"

So there is a lot more discomfort but that part of it is part and parcel of the purging that's coming through so that you're able to address certain things that are coming through. But, at the same time, it's really for us to see where we're at.

Because if you look at the people who are going through pain and if you start talking to them and see how they feel about life, how they feel about their whole experience, you will notice a trend. You will notice that the way they internalize their experience and feel about their whole experience of life will really show you why those things are there. And those experiences of pain are there *only* so that attention is paid to that and making adjustments.

When somebody goes in and changes their diet, the biggest component of all of that is not, "Oh my God, I have to take this or I'm going to have pain or I'm going to have discomfort," because in that way you are still operating in a 3-D world where you're engaging yourself in fear and you're trying to protect yourself and trying to cover yourself. And then you find that those same people are still having different ailments or still having different situations coming into their life.

The choice that you're making when you're coming from a conscious state, the choice is, "OK. I'm in this physicality. I understand that I'm utilizing this physicality. And I understand that the physicality is what I use for my growth and expansion and so forth,

and I'm choosing to give it and to be in alignment with it, and really listen to what supports it and doesn't support it...because I'm now uniting...I'm bringing mind, body and soul together and I really want them to take this journey together. And I don't want to fragment it and say, 'Well, OK, I'm going to raise my consciousness and, at the same time, I'm not in alignment with my physicality.'" But the consciousness relies on the physicality and the mind anyway. The Soul does its learning, it's growth and so forth in a physical form. If it wasn't that way it wouldn't be in a physical form, it would be in a non-physical form. It would actually create an etheric body, an energetic body on the playground, but, at the same time, never really have a full embodiment if it was beneficial in that way. But it chose to do it in that way because this is how it gets the maximum amount of growth, experience and expansion within itself. So it chooses to take on a physicality. Now it's a matter of utilizing the physicality fully in a very easy, flowing, playful state. And that's it.

So once that's observed and adjustments are made, you'll notice that everything starts to reflect: the choices, how you feel, what food you ingest, the way you see things...and then your body will reflect accordingly. So the pain will start to disappear and you will feel lighter, flow with more fluidity, and so forth.

I've seen people with a massive amount of arthritis and in different states, and when I've worked with them it always leads back to huge emotional programs, huge emotional baggage that's being carried. And the emotion is only the expression in the physical form of the story, program and so forth. It's really about the stories, the programs, the belief systems and perceptions that it has carried on.

All of it has served. There's nothing wrong with any of it...it has all served. But now we've come to the point where we're noticing that it's time to change, time to let go of this modality, this channel.

You know, it's like us sitting in front of the TV and turning on a certain channel and we keep watching these shows but, at some point, we say, "OK, I'm done with this channel. I'm going to find something else that gives me something else to experience, something else to learn." That's it.

So that's how it works.

**Antonia**

*Thank you, Franco.*

*I'm going to add a clarification because a comment came in when we were talking about peace...and someone was saying that you said that if you want peace then you have to fight for it and you have to fight evil. So, just to clarify...we're not saying that is actually the case...we are saying that that was a belief system and that was the programming that's been put onto people. So we're absolutely not saying that is actually true.*

**Franco**

No, not at all. That belief is what brings us back into that state. That's how it's been perpetuating war: we've been told that it's because we need to fight for it. But that's the program...that's the program that we're dissolving.

**Antonia**

*Exactly. And now for one last question.*

***“When we get into a higher consciousness level, do we start seeing auras and start seeing the energy around us? This would help us to see the effects we have on each other in our interactions.”***

*I just want to comment on that first, Franco.*

*We often say about us getting to a higher consciousness level and I just want to remind everybody that we are already high frequency beings. So it's not about us having to raise our vibration or become of higher consciousness because we are already that...we are all Source. It's just removing the veils, removing the belief systems that have shrouded us and kept us down. And that's what we are in the process of doing.*

*Do you want to add more to that, Franco?*

**Franco**

Yes. Could you repeat part of the question?

**Antonia**

*Well, the point was that as we all get into a higher consciousness level, do we start seeing auras and seeing energy around us. Because, if we did, then this would assist in us realizing the effect we have on each another...meaning that you would be able to see the energy result of your interaction immediately in front of you. So therefore, there would be no need for something like war because you would see what that energy is right away.*

**Franco**

OK. So as your consciousness shifts and you are restoring or allowing your energy to go back to a higher state...because it is always high but it has been kept down low to have a certain experience...as you're doing that you are becoming more aware and able to connect more with how things react.

Some people can see auras and others can feel...feel how the energy of an exchange feels like. Or they can feel the energy or the emotions of the other person.

But even with all of that in place...the purpose of all of that is to learn from one another. So if you're feeling how someone is responding to certain things, it's really just about learning from each other how they respond in certain ways to certain events or in certain interactions...or whatever it may be.

We could look at it from the point of view that, "If I can see how I am affecting someone by my actions, by my interactions or by groups of interaction," then we would make a decision to not act in that way and make adjustments accordingly. It makes sense in a certain way of looking at it. However, we have to realize that, as our consciousness raises, those modalities of wanting to fight, wanting war or anything of that nature is not part of your consciousness anyway. So you will see that it is not part of it.

It's almost like you're stepping into a state where that part, that component, that program, that modality of default that has been programmed in doesn't have any power. It's almost like it's not even there. Because the clearer you get, the more peaceful you become because there's no reactive program. So the more conscious you become and the more ingrained in that consciousness you become, you'll see that your natural state is pure, unconditional Love, absolute neutrality.

And neutrality means that you can play with all spectrums and none of it pulls it one way or the other. Through neutrality you can play freely and are not affected by anyone else. Through neutrality you are actually in the most powerful state of being because now you can create without any limits whatsoever. Because in neutrality you are not stopping yourself from experiencing *any* component of your capability to create any longer.

And then, of course, there's peace. Peace is part of the neutral state too.

So all three components become grander and grander and grander.

And, of course, the Oneness Consciousness...or the Oneness connection becomes stronger too.

The fact is, when you are interacting with someone and you are in a higher consciousness, you are going to be in each other's presence...first of all the whole judgment aspect, comparison aspect, right/wrong, good/bad and so on wouldn't even apply because none of that would even come into your consciousness, so it wouldn't be something that would be a trigger or anything of that nature...in that state.

But, at the same time, you see that each and every other soul around you is *you*. And no matter what interactions that you have it all affects you, regardless. And you can feel that...you can connect with that. You will have a much clearer channel.

Because we are all connected already as it is. It's just that we've put in a lot of blockages or things that actually filter it and create other programs of righteousness and all that stuff in between, so it doesn't stream clearly. But, as your consciousness shifts, it becomes very clear. So the fact that you interact with someone a certain way, you can immediately sense what they feel and how it affects them.

But there is another part to all of this and that is to understand that each and every Soul, regardless of what we're playing with at this point in time or any point in time, is ultimately always totally in charge of their personal experience. There is no interaction with each



other unless, in one way or another, you are going to utilize it...whoever's involved is going to utilize it for their own personal growth.

So even the fact that there's war that's taking form...and we're going to get into the victimization part shortly...even that and the people who are engaged in it are just using that as a vehicle to complete whatever modality or unfinished business of playing in that polarized world, playing that victimized role, or playing whatever role they have chosen to bring up that maybe they haven't completed in past lives, or whatever...It's just for that.

And the moment the Soul says, "We don't need to play with this anymore, it will not engage." So, with respect to war and any battling or whatever, is really just a completion of that polarized aspect of it. Because once it's completed, it can't utilize it anymore and there's no necessity for it in any way, shape or form, then guess what? It will no longer be there. People will not judge each other or compare each other and there will be none of that.

So that's coming from all different sides when you are looking at the different aspects of it. The moment your consciousness shifts, all those pieces come together. And guess what? If you see or don't see the aura, or feel or don't feel the energy, you still navigate very differently with one another. Because, first of all, the first thing you see is that person is just another facet of you, so how can we enhance each other so that we can play more freely all together.

Now even though we've always been playing...you have to understand, it's not that we haven't been playing...we *have* been playing...and that's why I said that we are each in charge of our own experience. And we are only going to have the experience that we have agreed to have. So we have been playing, but, the thing is there's going to be changes in the way that we're playing. And that's the main component about what is shifting in all of that with the higher consciousness coming through.

### ***Antonia***

*Thank you.*

*We just received a suggestion from one of our listeners that a spoon of cayenne pepper in a glass of fresh carrot juice is amazing to help clear inflammation.*

*OK. So now perhaps we could start addressing our topic for tonight: victimization and survival.*

### **Franco**

Yes. As you were saying earlier, we gone from victimization and survival into Oneness empowerment. The reason we've gone into that is because, like you were saying, as more and more information comes up to the surface...

You know, victimization is *huge*. It's amazing how we *really* wanted to experience that to a massive degree...because it is *so* interconnected, so interlaced with layers and layers and layers of stuff that are interacting with it. In actual fact, it is an amazing creation (laughs) and how elaborately it was created.

So with respect to the victimization aspect of it...the first part that people will notice as they are waking up, as they start to see what's going on: looking at, "Look! Our food is compromising our health and it's being done in a purposeful way. The medical system is not about health, it's about destroying health and keeping us enslaved in the medical system until it can actually extinguish us!" We look at the governmental side and the fact that it's really not giving us freedom...in fact it's taking away freedom and doing all kinds of things to us and we are just a victim of it. The monetary system is just an enslavement process where we all have to keep doing something and creating all this and projecting "difficult" experiences that we may not feel totally conducive to do...and having these little digits or pieces of paper so that we can actually survive and so forth.

And when we start looking at that and saying, "Look at the corruption! Look at the manipulation!" And, of course, the first thing that we start to see is that we are a victim. We've been victimized! We've been raped! We've been tortured! We've been...all of this stuff. And that is an ego process or component that comes up which is an old modality...and we see ourselves as a victim.

Even to the point that in the sense of victimization it's so huge because it's been so prevalent for thousands and thousands and thousands of years. And if we go back to other civilizations and other aspects of form that have been projected on our planet and other planets, it runs very deep.

Even to the point that we feel a victim to Source itself! Or what we label as God. We say, "Well, God put me here and I'm here to fend for myself. So I'm just a victim of his will. And we have no say in the matter. I have no say in what I choose to experience...because it's up to God. It's up to Source. Or it's up to some deity. Or it's up to some authority. And it always goes back to the same thing...

### ***Antonia***

*And also, Franco, what I hear more recently is that we are a victim of our Soul. The Soul is in the governing position so therefore we are just a victim to whatever the Soul wants to do.*

### **Franco**

Absolutely...that's beautiful...beautiful.

So we see ourselves as a victim of so many different states that are coming through. And it's not really about that.

First of all, when we really understand, we have never, ever, ever been a victim.

We have agreed to play different roles and we have always had the choice of how to navigate...which brings us back to who is the choice maker.

The choice maker is a combination between your thought forms (being conscious and unconscious aspects of belief systems)...but, the biggest part, like you just finished saying...which now a lot has brought out...is that it's our Soul. Our Soul, Who We Truly Are, is in the majority driving capacity at this point in time and now we are the victim. "You see! We have no say. The Soul decides if I'm going to have a shitty day or if I'm going to have a good day, if I'm going to have an accident, if I'm going to get a promotion, or if I'm going to do this or that...it's up the Soul. And I have no say in the matter." And it's interesting how that aspect of it developed...feeling this disempowerment. But again, it was all designed through programs and so forth that we've adopted and utilized for some period of time, but, in actual fact....

You know, when we look it, the mere fact that we are in this physicality...the reason that we are in this physicality is because the Soul had chosen to embody a physicality. And the sole purpose for being here is for what the Soul came here to do. The Soul is the Higher Aspect of Self.

It's like this: You have a car...you purchased, or rented, or leased it or whatever...but you have this car for a very specific purpose. You, the driver, whoever that may be, gets into the car and wants to utilize this car to go from A to B to Z and wherever else and to experience various and different things. If it's an all-terrain vehicle you might go into nature and you are going to do whatever you choose to do. The car is your vehicle. It's your way of expressing your experience and doing what you came here to do with it. So I rented a car, and I did that for this very purpose. And, in some cases, people take on cars in order to have something to identify themselves with and so forth.

But, at the same time, at some point the car turns around and says, "No, no, no! You're not the driver! I don't like you driving me. I want to go where I want to go. The car decides in its own computer and develops its own consciousness in the computer and says, "No! You know something? I want to go where I want to go. It doesn't matter what you say. You can sit in the back seat. I don't care what you do. I'm going to go wherever I want to go." So in human form, that's the ego mind that has said, "Wait a minute here! I'm not going to be the victim. I'm not going to go where you tell me to go. And I'm not liking the idea that you're telling me where to go. I want to be in the driver's seat and I don't like the Soul choosing where I need to go," or something of that nature.

That's a simplified analogy, but, in a sense, you're here because at the Soul level you decided to be here. And you've created and chosen and have always had the choice to

create whatever experience. And you are learning from it...no matter what experience it is which we might have deemed as being "good," "bad," "right," "wrong," "painful," "pleasurable," or whatever of that nature...it's still all part and parcel of what it came here to do.

We've never, ever, *ever* been a victim to our Soul! It is One unit. It's just that we've fragmented to have an experience: you know, that separation...that ultimate separation...we fragmented with Who We Are and then we created an alternate identity. The moment we start identifying with the body as being who we are, or identifying with the stuff around us as who we are, and what our role is on the outside, we are creating an identity based on the vehicle, based on the computer. Not based on why you're here in that Presence within the Soul Itself, which is the True Aspect of you.

You have to understand...your physicality is utilized for a period of time, for whatever duration is best for the journey that it wants to take. At some point, guess what? You leave the physicality behind. Who You Truly Are now releases the body, releases the form and goes into non-form to prepare Itself to choose another form to go into to have another experience. Who You Truly Are continues to exist *forever*...it's *eternal*. It is Source Itself having one series of isolated experiences as part of the Whole.

So you can't be a victim to your Soul because everything that's projected on the outside is there to serve the growth and learning and so forth that the Soul wants to experience. The ego mind is part of the component program that gives you the experience that you're here to experience, in a way. So it serves. It's not that it's evil. It has created an entity that is so powerful that supersedes all of it that was part of the experience originally. But now we are reversing that part so that we actually don't use that as our governing force. We've experienced that side of thing, that total disempowerment that we chose to experience. We've done that and we've done an amazing job with it.

The thing is, the victimization now is, in a sense, when we're looking at it, is to see the truth behind it: that we never have been a victim...and we can never be a victim.

We are each playing a role with one another. And each role serves the other. And we are fully in charge of what the role consists of. And the role will maintain, intensify, decrease and change to whatever form and in whatever way is best to achieve what it came here to do individually...and collectively...at the same time.

So the automatic default is, yes, we are a victim to all this stuff. And what's happening is that you're coming to the realization as part of the awakening process that you've never been a victim. It was just an illusionary expression and experience only to have what we came here to have for that period of time.

But now we're not there anymore. So we need to look at letting go of that program and default that we're a victim and that we need to go into survival where we see ourselves as, "Look at this! I've been taken advantage of, I'm a victim, and all I'm trying to do is survive."

And that's the other modality that comes in: survival. These are still old programs which have served for the longest period of time, but that is part of the dissolving that is taking place.

Realistically, we've always been in charge and we've always been empowered. We've just been unconscious of it. And as much as we allow the ego mind and all the programs to run things, it was still serving in one way or another.

So what's happening now is this Oneness Consciousness empowerment that's coming in...Everything that's unfolding right now that's happening in our systems...of which we will see more and more come to the surface...but not only more and more coming to the surface but we will also see that it will all start to break down. It will all start to come apart because it no longer serves. And the energy of the consciousness of the people involved no longer require it.

It's interesting because anything that we create energetically, it is held in place only in servitude; it serves. The moment we are no longer activating it or utilizing it...and there's no one utilizing it...it just transmutes, it transforms. Because it's only there to serve. *Everything* is there to serve.

Like we were talking about this morning, if we have a certain channel that has a certain series of programs and so forth, as long as there's an audience the channel is there. Once the audience no longer feels gravitated to the programs that are there that are being projected on that particular channel, the programs will be removed. The channel will be gone because it is no longer serving. Either the channel transmutes and has a different series of programs that will be attractive or interesting to the parties who are going to observe them...or not.

So when we're talking about fear and all those energies, the only reason a lot of those energies are still there is because they are being utilized. Once we don't utilize it, guess what? That whole consciousness, that whole energy around fear, survival, struggle, victimization, feeling weak or anything of that nature dissolves because it is no longer a necessity. There's nothing giving it life.

Every part of the energy that exists is Pure Light, Pure Potentiality...meaning full spectrum Essence of material, of energy, with consciousness within it to create whatever form, whatever experience, whatever pockets of consciousness to give us certain experiences. And it's only there because we are creating it. The moment it no longer serves and doesn't support and doesn't need to be in that form, it dissolves. It goes back to its natural, neutral state. That's how it works in the energetic field.

So anything that is still in place, somewhere, somehow, someone or a cluster of people are still using it. And they are only using it to finish whatever they need to finish in their experiential realm. When it's done, guess what? It's no longer there. It dissolves. Period. It just goes back to Pure Potentiality, Pure Light, ready to be formed into something else of use.

The same thing with toxicity and all the other things we have put onto our planet. It's held at a certain frequency. It's going to give us a variety of different experiences. So you can be toxic and the planet is full of toxins...and right now that toxin is creating a polarized world. It is still reflecting the old world. It is still showing us the old patterns and belief systems and the way we integrate it with nature and so forth. So it's supporting that. So the only reason it is still staying in that form and creating imbalance within our physicality is because it still has power because we are still utilizing it at one point or another.

As our consciousness expands and as our frequency continues to increase, what was once known as the first phase of it, as the frequency of the Souls are increasing, as their vibration is increasing, those toxins no longer affect them. And the ones who are still in that frequency, the toxins still affect them, still play a specific role within themselves. However, once the Souls have completely used the experience that toxins provide, those toxins transmute. They now no longer need to keep that vibrational form and the projection of whatever was being projected. So it changes.

So you could be full of vaccines, full of chemicals, codes and so forth, as you're going along you will notice that...even if it used to have an effect on you...it will no longer affect you. The moment that everyone is at a certain level of vibration and vaccines are vibrating in a certain band and there is no necessity to use it any longer, those become a completely new form of energy and they just becomes part of the body's energy or they are expelled and become neutral...completely. Those codes dissolve, those energy fields that they were encoded with, completely dissolve. And it goes back to pure, natural, new, non-form energy ready to take on a new form.

And that's how the planet will transform itself once we're done with war, once we're done with all the things that we've been utilizing, the Souls will come to a point where, "OK, I'm done with experience. I'm done and I don't need it any longer." As soon as we reach a capacity, a majority of that, you will notice that it will completely dissolve. There will not be another single battle. There will not be another reason to fight because it is not necessary whatsoever. No one can utilize it. We've all gone past it. So it transforms. It's only being formed now and held in place because part of it is still of use.

The whole Universe works that way. No matter on what level you look at it. It becomes much easier when you can see that aspect of it. You'll see that everything in your life, personally and everything around you, somehow serves. The moment it no longer serves not only do you no longer pay attention to it, but it doesn't even come into your reality.

For example, if you are in a conflictive state of people interacting where people are violent or whatever it is, the moment you are no longer requiring that, guess what? You no longer gravitate towards it or they are all disappearing from your reality; they are not even wanting to be any part of you. Because it doesn't serve.

As it goes on and on and on along the way and everybody is done with that part of it, it ceases to exist. It's gone. It turns back to a neutral energy ready to be created in some other form.

And then, of course, with higher consciousness, the form is created in a very different way, utilizing very different frequencies for different experiences...and it is no longer experiences of polarity.

So when we are looking at what we label as chaos in our world, it is held in place there...and I know in some ways it's accentuated...but in that part of it, it's really to expedite the opportunity for the Souls that still need it in one way or another to purge and clear whatever it needs to purge and clear or to wrap up whatever it needs to wrap up from past lives or whatever it is. But, once it's done, it will no longer exist. That's how it works.

That's how our universe works.

So when we relate it back to victimization, the moment you come to the realization that you have never, ever, ever been a victim, that you co-created and chose to play each and every role to your servitude, and the moment you are done with it, it no longer exists.

So victimization does not exist.

Survival...the whole idea of survival is, again, disconnection and separation where we're not seen as one unit in charge of our creation. Because the moment we are in survival, it means that, "I have to fight against something. I have to do something." This was an encodement. It was never, never, never our natural design. We allowed that encodement to come into ourselves because we wanted to experience that part. But, in essence, it's not our natural state. And that's fine. We wanted to experience a non-natural state. And now we are going back into that natural state. Once you bring all those in, you will see that victimization and survival do not have any purpose any longer. And it's not real, it's not concrete and it's not something that we require as part of our experience any longer. So, guess what? It all disappears.

Many, many people who are awakening and as their consciousness raises do not even think about survival. They don't see themselves as a victim because they can't be a victim. There's no possible way because we created all of this. It's like I created an experience and I gave everybody the instructions on how to play the game and then the game starts and then, all of a sudden, "I don't like the game! I'm a victim here!" But that's just part of the process of our experience that we created at that point in time. But is there any truth to it? No. But it seems real because we are playing with it. But once it's done, it's done.

So when we're talking about what we're working on tonight, that is stepping out of victimization and survival to Oneness empowerment, it is to become more conscious of our creative ability and to wrap up whatever we played with in the past that no longer serves and to move forward in that regard.

We are one unit playing with each other and that's the most powerful part of it. When you see that we're all playing roles, we're all providing opportunities for ourselves to become a grander aspect of Self, then the whole concept of anything that's opposite to that...survival, victimization, or anything like that...it doesn't even make any sense. And not only does it not make any sense, but it doesn't even come into our sense of observation. It just is. "I created this. I'm going to experience it. And when I'm done, it's gone."

Because, first of all, you are Source. You are the Essence of everything that is. You are the Creator of all that is. You create what you need. Once you're done, you un-create it. You are fully in charge of all interactions and nothing is co-created unless, at one point or another, you chose to be part of it and you take the full degree of whatever you choose to whatever degree. So if it's co-created, each Soul is in charge of how much they want to be involved in that creation and the experience that comes along with it. It's never anything different than that.

And that's the realization we are coming into. And as we get more and more into that realization, a huge empowerment comes about. And then your whole creative ability and the way you experience and project yourself is completely expanded and very different than what you've done here.

You know, people talk about wanting to create heaven on Earth. Well, what is heaven? The thing is, we can create any degree of experience that we feel comfortable with. We can be in a situation that can look hellish but we can say, "Is this hell? Is this heaven?" Those are just perceptions. We are in a beautiful maze of Pure Potentiality, creating certain forms, certain experiences in which to play and learn and expand. So everything is in absolute perfection.

Now you could turn around and say, "Well isn't it heaven when we are all back to our natural state and we are all One?" Absolutely, you could say that as a definition. So if that's the definition, then can we create that? Of course. But we are going there anyway, because that's our choice. As a collective we've chosen that.

And right now we are doing everything possible to wrap up every last part that does not reflect that. To learn what we need to learn and then move on. To get whatever we need to get and then move on. To wrap up anything that we've carried on from past lives, then move on. Anything that has been taken on through the lineage, learn from it, grow, expand, and move on. Move on. Move on.

And no matter what, the Soul is doing everything possible at this point in time.

And you're not the victim to your Soul either. The Soul is creating all these environments and experiences and opportunities that can be deemed as uncomfortable at times. But it is for the whole purpose of advancing, growing and to wrap up whatever we've created as a past experience.

You're never a victim. That's just a perception.



And we're going to blow through that perception and the encodements around that.

**Antonia**

*OK. I think that it's now time for us to do the exercise that we planned to do tonight, Franco.*

**Franco**

OK, let's do the exercise.

**So we're going to close our eyes. As we close our eyes, first of all we just want to bring ourselves into a relaxed state so that we can just observe. We are not going to get engaged with the mind at the moment. We want to just quieten the mind temporarily and we are going to present ourselves in a situation, just to experience it. So just feel ourselves relaxing and just observing our state of consciousness at this moment. And just allowing ourselves to be very, very neutral. And because we've been talking so much and activating so many energies within this process that we've engaged in the last hour or so, it should be very easy to go into that very peaceful state. Because no matter what we've created as fear should be very "light" ...let's put it that way...and maybe not even present at all.**

**So we want to bring ourselves to a state where we bring in the whole consciousness of victimization. And let's take a look at that. We want to see where in our life...and everyone is going to be different...where in our life that we've felt that we were a victim...where we felt that we had no say...where we felt that others were in charge...where we were experiencing or forced to experience something that was not our desire...where we felt that it was unfair what was being done to us...that the universe (or Source or God or whatever) may not have been fair...that our world has been created in such a fashion that we can never really be ourselves...where we felt that everything around us, in one way or another, had power over us.**

**So we are bringing in that state of victimization that we have felt. Let's observe how it feels to be in that state.**

**And while we are in that state, take a look at and tune into Who We are. We are going to tune into our heart. And when we are tuning into our heart, we are tuning into our heart chakra. Our heart chakra is directly linked to our Soul. It's our portal connection to the Soul. So we are tuning into our Soul right now.**

**And let's bring that state of victimization to the level of the Soul and let's bring the Soul to the level of the feeling of victimization. As you are tuning into the Soul right now, let's see how much the Soul relates to that victimization. Just notice: is it feeling victimized? Does it feel unfair? Or does it feel neutral? Does it feel a level of excitement about its ability to create what it chooses to create and experience itself? Feel the different energies as we are tuning into our Soul.**

**And we bring that consciousness of the Soul itself, which is Pure Potentiality itself projecting as Source itself and, at the Soul level, it is now looking at the whole concept of as a victim, looking at your circumstances that you've had in your life where you reflected victimization. Within that energy, that observation, see what it sees in it. Does it see itself lost in it? Or does it see a beautiful scene to play in? A beautiful scene to express and experience within it. A scene of contrasts so it can actually see itself...not so much as an opposite, but as a grader aspect of itself. When we are viewing through the Soul, do we have the drama, do we have the intensity that we experience when we're in the state of victimization?**

**And now let's bring in the rest of it. And now we ignite each and every Soul that's connected at this moment...both now and when the recording of this is played anytime later...and we activate fully in each of the Souls, "We understand fully and completely that, as the Soul, we are the navigator and driver of this experience. That we are fully in charge of all creation. We are the Creator. We are the part that chooses how to create and un-create whatever we choose to experience. We choose to see, at this point in time, as we bring that part of the Soul, realizing that we are here to play, we are here to learn and experience and become a grander aspect of Self...and we do this through all of our creations. We are fully in charge to engage and play with whatever we choose for the duration we choose. We can step in and out the moment we choose. We do not see our self lost in any of the roles. We see the roles as what they are: as a creation of a series of experiences for expansion and growth. We understand at the Soul level as we see it, that we are that empowerment that we are. We are that ultimate Creator aspect.**

**And as we are in this state, we also see all the beautiful playmates that have engaged in the roles that have created victimization. And now it's meeting all the other beautiful Souls that are participating and let's notice if there an argument or a comparison or any form of judgment about each other. Or are the Souls are seeing each other and saying, "Hey! How did it go? Fantastic. Thank you for the role that you played.?" And the other Soul is saying, "Thank you for the role that you played. You provided a beautiful co-creation environment for us to experience and play within. Thank you." And we see all parts of it just coming together.**

**We are looking Soul to Soul right now. And each Soul is expressing a different physical form that have interacted and played whatever roles that they played. And it sees itself right now in its True Sense. Seeing the beauty of how it's serving each other. And recognizing that it's facets of each other. It does not see itself as separate from each other. It sees how each part is made up of the Whole, but each part is assisting in creating the environment to play with one another. So that each part can become a grander aspect of Self accordingly.**

**When we're looking through those eyes at the Soul level, look at how quickly everything shifts within us. We have given so much power to the disempowerment**

and victimization state and then, of course, the activation of survival within that state, how much power does it have now? How quickly it's dissolving. And how quickly it sees it as a beautiful dance and movie and it is now embracing it in a very different form than it did before.

And now going even at the Soul level, let's take a look at survival. And let's see how the Soul feels about survival. Does it even exist? Does the Soul see itself connected to Source Itself? Does it see that it is Everything That Is? That everything that we've created that we needed as part of our experience to move forward as survival, that it actually has the full capacity to create or even create the necessity for it? At that level does it see any form of lack, when it is already Everything That Is? And all that it desires or chooses to create is whatever it chooses. Does it see that part of it? How does survival actually relate when we're looking through the Soul? As we are observing, ask the question, "Does it even exist?" It's saying, "I need water. I'm a droplet that feels isolated in the ocean." But the Soul see that it's part of the ocean and that it has the full resources of the ocean. Because it is the ocean. The mind has chosen to see itself as an isolated droplet. As an isolated droplet that needs to stay in that isolated drop of separation. And for it to exist, it has to protect itself in that state of an isolated drop. But that is a mind construct. When we look at it through the Soul, it sees that it's projecting the idea that it is a droplet. But it also sees that that droplet doesn't really exist. For it is the whole ocean. It really turns and completely shifts the whole idea of survival completely.

Everything around us is created moment by moment to support the experience we choose. And even the experience of victimization, survival, separation were created temporarily as part of our experience. But it knows that is not your natural state. Of course we are creating it from our natural state to experience it. But once we let go of that creation it goes back into the Whole. It goes back into that natural state of completeness, of Essence of all form.

Now as we bring ourselves up from that connection that we were doing...that process that we were doing...and let's see how we feel as we observe. And even if we have to bring in the idea of survival...and the idea of victimization...let's see how that feels now. I'm sure for most of you, if not all, it's very different. And all we did is we just looked at the perspective from an ego program that we realized is an experience and saw it as a Whole. Because even through the eyes of the Soul, the Soul is not the victimizer and we are not a victim of the Soul. We are all part and parcel of it. It's like going to the projector that is projecting the picture and saying, "The picture is a victim of the projector." Without the projector projecting that picture, the picture does not exist. Without the Soul projecting your physicality, the human form does not exist. When you look at it that way, it really changes the whole perspective of our experience in each moment.

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