

FEMININE & MASCULINE BALANCING TO NEUTRAL

Q & A – Part 2 of 2

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With

**Franco DeNicola and
Antonia Hagens, Masterpiece Life**

Antonia

Franco

Antonia

Welcome, Franco.

Franco

Thank you. Even though this is the last call for 2013 we are always connected through the work that we are doing together, without maybe having the communication aspect of it. So we don't have to worry about whether or not we're going to be supported or energetically supporting each other per se, because we are always connected to one another.

So if there's a question in our hearts or something that we want to ask or we feel that we require some clarity around or even just an expanded view of something...and really it's just putting it out there...just putting it to the group...in the sense of in your consciousness...and just as your question like, "OK, this is what I would like to have some clarification or expansion on or a grander view of what my experience is. I am open to receive." That opens up a pathway for the soul so that you will be able to get input from your soul. But it also connects a pathway to your Third Eye, which is connecting to all of us at this time. So we will assist one another in that way.

And this happens quite often. I am conscious of that playing out. In many instances I see many questions coming through in the collective thought-form and there's answers being applied to them, or expanded consciousness...or just a sharing of energy....really...just a pulse goes out to ignite their own inner knowing and create adjustments within them.

So even though we're just doing this this evening, we're still always connected. We're always connected to each other's Essence and Source. And, of course, we're always connected to Source itself because we basically all are Source.

Antonia

Absolutely. And especially with the changes happening more and more. As Franco was saying, we are all connected...we are all connected to each other. Separation is just an illusion that dissolving very quickly. Just like the old idea that someone had a thought to create something, there was always other people around the world having exactly the same thought or idea at the same time.

And the same thing with this. And as one person clears beliefs or removes veils, or whatever terminology you want to use, then it's happening not just on an individual fragment of the soul, but it's also happening over the collective. And it's happening more and more. You'll notice how thoughts are spreading faster, ideas are spreading faster, connections are spreading faster.

It's an exciting time that we're in and we've all come here for this incredible ride right now, and we're all witness to humanity waking up at an ever-faster pace. And it's happening because we have agreed...as a soul contract we have agreed to be here. It doesn't matter if we call ourselves on the pro team or on the con team or the negative team or the positive team, we are all playing out a role.

And masculine and feminine and the energies thereof have for a very, very, very long time been used to cause and create separation, cause and create a divide that was never really meant to be there, and for control. And I think this is very important one to be looking at in any society...how masculine energy and feminine energy...

So to get to the questions...earlier today Franco and I were discussing the fact that there seems to be some confusion around the difference between the male/female gender and masculine/feminine energies. So why don't we start by looking at that. Because I think that lays the groundwork for going into the other questions.

Franco

OK. Well, I'll mention a couple of things that led up to that.

Regarding separation...just so we understand what this whole separation aspect is about. You know, you've heard the terminology all the time: that we are all One, we are all connected, and we created this opportunity to create this illusion of separation.

The purpose of separation was to individualize each fragment of experience that operates on a certain frequency or with a certain consciousness, so that when we are separate we are also having an experience that's isolated. "Isolated" meaning that you are not receiving as much input...or at least you're cutting off the input from the other aspects of yourself...and you're experiencing it on your own. In doing so, you experience something totally different because you are now pushed to the maximum to the degree where you are not aligned or dependent on other sources within yourself that are supporting whatever's there. So you almost have to create your own powerful foundation, your own powerful

state of discovery. And within that discovery, your discovery is always going to be slightly different in the sense of that expression and experience.

So there was a very powerful tool behind that and concept of why it was put together...the whole separation aspect. If you want to have multitudes of different expressions and experiences and you really want to create that intensity of each fragmentation of expression and experience to create something *totally* new...with just barely fundamental basics to work with...then separation is a very powerful tool that was used.

So when the modification came around, which people talked about saying manipulation, corruption, and changes within the program which create even further separation...it really just gave us a much broader, intensified playground. But the playground actually became more intensified because there was nothing to support it, in a sense, and whenever we tried to build something without support, it would just collapse all around us. So, in essence, we couldn't even rely on the connection with Nature itself, the animal kingdom, with one another, with higher aspects of ourselves, or anything. This is why we clapsed to the whole idea of "there's something outside of us," "there's something greater" ...that was because of all that separate aspect of it.

So the separation played a very powerful role.

Yes, it was only an illusion, but that illusion was there and very purposely put in place.

Now, what's happening, is once we're connecting, there's a whole different playground being set up. It's because each individual per se has had all these fragmented, isolated aspects of learning from it...now that we're re-connecting again...and when I say "re-connecting" I mean taking down the barriers so that...actually seeing the connection and feeling the connection and sharing with one another...now it's a matter of pooling all the different expressions and experiences that were all fragmented so that we can create something completely new now.

So now, it's not isolated creation or isolated expansion, it is now taking in all the isolated...and bringing it all in. So you're bringing in a lot more resources, a lot more isolated materials to create.

It's like a house: you're going to bring in materials in all forms to build this house. If you have only one form of material, the house is limited to what you can create. But if you have a lot of different materials...plastic, metals, wood and all the different other elements and so forth that you use, and different forms of it and shapes of it, then of course, your house becomes a lot more creative, a lot more expressive in the sense where you are creating something totally different. And each room can be designed now. And, of course, you bring in the design aspect, so you bring in variety in the home. I'm just giving you an analogy about how we are bring in other resoruces.

So the fact that we are now coming back together will bring in all the different expressions and experiences that each and every one has had. So there's nothing "wrong" with any of it...because we brought it all into play.

Now, you said something about teams. Something we should all understand...and I'm sure most of us do at one time or another inside...is that no matter what role you played...negative/positive, dark or light, or anything of that nature...even if you're playing the role of intense darkness or intense manipulations and so forth...it's still part of the term.

It's like anything. If you bring in sports and play. It's interesting, because if you bring two teams to play together, they are playing against each other. And each team sees the other one as some sort of...I wouldn't say "enemy", but in a way you could look at it that way...it's the opponent...it's the one you need to compete against...it's the one you need to win over. But if you look at it, if the team wasn't there and they were just playing, it would create a different energy. So it doesn't matter which side of the team you are playing on, you are still playing. And it's not that one team is better than the other...each team is playing a certain role. One might be in a defence mode trying to keep their positioning in the score levels or whatever else you call it, and the other is trying to get in there and win enough games to become in the new position. So one may be on the defence side and another one might be pro-active or wanting to move forward. But, you see, it doesn't matter what the roles are that are being played, they are still part of the team. The team is working together. So the two components are necessary to that degree.

Eventually...and this is what's happening now...is that the roles change. The roles now do not need to see the polarities before of having opponents, in a sense, The team now takes on a different form in the sense that, "We are going to each play a different part of the roles, but there is no longer the same intensities, the same energies as before." So instead of who wins and who loses and who's better and who's less than, it's going to be, "How do we play with one another so that we give each other the opportunity to advance our skills, to advance the whole dance, the whole play?" It's very different than tearing down somebody so that you can be number one versus you are now playing and you do play always pushing yourself further (in a gentle way) to see how much more you can do, and allowing them to do the same. But you're not judging or comparing or competing against one another; you're just using each other to grow within it, to be able to raise your level of skill and the game within it.

Now we step into the whole thing about the feminine and masculine energy. As surprising as it might be, I would like to say this: there is no such thing as feminine or masculine energy per se at a creative form. That means that there is no division within it. They were created as part of the expression and experience in the world of polarity, in a sense. But, both parts make up the whole. Both parts are being experienced on both levels.

Once we get to a certain level of beingness or energy, frequency and consciousness, of course we get into a dimensional expression, then that is not required any longer because

now we use all of it but it doesn't even have something that you might say, "Well this belongs to the feminine energy and this belongs to the masculine energy." It doesn't have either. It's like it's all just One. It's bringing all of it together and it's just another expanded expression.

Now that's very different than the male and female gender. The male and female *gender* is the expression on a *physical* level...that means the vehicle, the *body* that you're in, is an expression of the male or female gender.

And there's a third level that we can throw in the mix here. The next level of it is that now we have feminine and masculine, not only energy, but *consciousness* that was created. How was that created? That was created when we took on the physical form, but that's made up of so many different fragments and parts because, the thing is, it is a consciousness of how a male or female *should* operate...their operating system. And it's kind of an imprint that you work with. It's an operating system. But that operating system brings in a lot of components: cultural, religion, different parts of the world, different states of consciousness throughout the evolutionary cycle or enlightenment cycle, the different expressions that have overlaid over the multitudes and multitudes of incarnations, multitudes and multitudes of series of physicalities that we've come through. So there's that component to it.

And then there's the actual gender...which is just the physicality.

A soul itself is gender-less because it does not have one gender or another. The soul also has *access* to both masculine and feminine *energies*, but it also doesn't carry either one as its main imprint; it only uses them as part of its expression.

So when a soul incarnates and takes on a physicality, it will choose a particular gender to express itself because that particular gender...but, you have to understand, the gender comes with its encodements and programs. Because a gender stepping into a physicality in one part of the country versus another part of the country or a different culture or different religious background and bringing all those various aspects in together with different states of consciousness, will definitely have different ways of expressing yourself when it comes to expressing and defining itself.

The physicality as a physicality is very basic. It has certain organs and certain components that work a certain way and, of course, it has a chemistry behind it...or an energetic field, let's call it that. But then, the energetic field is still driven by the codes that go in there which are basically genetically and also from the DNA part. But the soul itself imprints its own journey.

So a soul will choose to come into a particular physicality and choose a gender based on,...not only where it's being born and who it's being born to, what it's going to take in with respect to programs and so forth, but it chooses a gender because each gender has a series of operating systems that actually create more of the stage, more of the platform to play with within itself. So it comes in and does that.

A soul can carry many more imprints of one versus the other, so if they had many incarnations as a female or male, then it will have more imprints of one or the other. But the imprints themselves don't really carry such an impact except for the fact that if they have experienced themselves as a woman, for example, in whatever...the 1400's maybe, and then again maybe later on in the 1700's, the 1900's the 20th century, and so forth...as it expressed and experienced itself in each of those lives. If it had taken on a female or male role and that particular role never really got played out perfectly...or in a sense, completed, per se...and it still carries the imprint of "Well I really did not finish the expression and experience and learn from that particular gender vehicle that I've taken on with all the programs." So it will then carry some of the unfinished component of it, which it would like to express and experience at some point in another incarnation.

Now the soul will choose either masculine or feminine...it doesn't mean that each...you can go through a series of maybe incarnating three consecutive times as a male and after that maybe incarnating four consecutive times as a female, or it can also go into mixed gender or anything of that nature. It will use whatever it is. So the soul itself is utilizing all of that.

Then there's another level where there's basically the energy of the planet itself. Now the energy of the planet itself is just a carrying of the collective. Planets will carry certain encodements where they will actually express more of either a masculine energy or a feminine energy. But the masculine energy itself will differ between each planet anyway, but, at the same time, will carry more of that type of energy, which...again...is just encoded...they are all just different aspects of expressions that were put in as part of the playground.

So our planet Earth has had a more prominently masculine energy, which is a more masculine expression. So even though you are coming into a female physicality, the masculine energy is still kind of more prevalent.

But now the energies that are coming in are bringing in the feminine aspect of it, which is bringing the planet into a neutral state.

And then, as for a humanity that's expressing and experiencing itself, it is no longer being pulled from one side to the other...in the sense where if a female comes onto the planet where the predominant energy is masculine...which, again, is much more concrete and controlling, over-powering and so forth...and learning through a different form of expression...because the masculine energy is conquering and discovering, whereas the feminine energy is about bringing together, combining and so forth. So when we're talking about shifting, it is now bringing that component in so that it's not about the same energy that we've played with up to now.

So the planetary feminine energy that's coming in is neutralizing the playground so that it's not either masculine or feminine energy. So if you come in and express yourself as a male or a female then you are not on a planet which is pushing one or the other. You can actually experience and express yourself fully as either male or female.

Now, of course, as your soul becomes enlightened, then the more prominent aspects of neutrality...or what we could call non-gender roles...or, in this case, masculine and feminine being balanced...then it plays out differently. You will still be in a gender and you will choose to express yourself in a gender, but the gender itself will not be prominent one way or the other.

So as much as you are in either a male or a female physicality and you can express yourself in that form, neither one empowers or takes over your whole expression and experience...as compared to now when you step into a male body and take on the male role, all the programs of the male role take over your whole expression and experience, and your whole role of what you're playing is all embedded into that.

Because there's another part to it, in a sense. One of the things that plays out with the gender aspect of it, because of the energies and frequencies that operate within...so, like I was saying, the planetary energy in one way is carrying the masculine part, which is shifting too...but then you have feminine and masculine...because there's a part where when there's that isolation where the male and female is now balanced, then there's always that tendency to feel that you're incomplete; that there's something missing.

There's two parts. One is the other part of the soul that has that particular pull. But then the main one is really not feeling complete because you're expressing something but you need the other part of the energies.

So that was part of the separational component: the expression was isolated but then we were drawn to bring the two parts together.

And when you bring the two parts together it actually creates sort of a balancing within it...it's not a holistic balancing, but it is a balance in some way where a man and a woman get together and that's when they...because each part brings a certain component and it's like, "OK, I need to have this in my life." And this is one of the big powerful pulls where we're always looking for a mate or to have someone there. And even though we think we want them there to complete us, it's never really to complete us but it feels that way because of the fact that we're missing that component part. So that's kind of what's played out.

Now with respect to the balancing that happening within ourselves, when this neutrality is achieved within the physical form, you are still in a male or female body, but then you are then also now accessing all aspects of those expressions to the point where it becomes neutral...and you never feel that you're missing anything.

So you're not really going to feel that I need to have someone in my life to complete me. Or feel out of balance. Or feel that there's something you cannot get in touch with. Or that somehow you feel that you're missing access to some energy, consciousness or capability or feeling or expressing or experiencing a certain way...because that other aspect is not there.

When you are in that neutral state you don't need another to complete you...in the sense where you don't need the other energy to balance you because you are already balanced. You are balanced, so you don't need either.

There are lots of facets to this...I'm covering only one part of it because we can talk about the souls at another time...

But when you're coming together you're not there to get into a relationship or connecting with someone to find completion any longer.

Some people may think that with neutrality that they are not going to want one another or need one another and we're not going to be drawn to each other...in actual fact, we will...but it will be in a very holistic way and it won't be in a needy state or in a missing state and it's not looking for completion.

You are stepping into the relationship already complete. Each party comes into the relationship complete. So there's no dependency on each other or requirement from each other. Now you allow each other to express fully and completely. And you complement each other in the sense of bringing in each other's experience and playing together. But there's nothing missing; each one is complete.

But the play together actually accentuates the play with one another. So you are complementing each other's experience through that...rather than coming from a missing state or a state where someone else needs to complete you.

So you can see how that experience is very different.

People say, "Well, we get to that state where we're both and we won't need each other." Well, that's true, we won't "need" each other...but that's the point. We don't need to "need" each other. Because we are all One here. We will still feel drawn to connect and to accentuate the experience...but, again, we're coming in in a complete state rather than a missing state.

So, in essence, if you're alone, you're fine. If you're with someone, you're fine. And in your expression and experience you will have a preference as to whether or not you want to play with someone else or not...or play with multitudes of other people at the same time.

But, you're not going to be in the essence where, say you're stepping into...just to give you another analogy...you're stepping into a party and you're a single woman or a single man and now that you are in the party all of a sudden you are hunting or searching or scanning the area to find a mate...to find someone that you can connect with because you feel that you need to have somebody with you. That is when there is still no balance within the masculine and feminine.

But when you are balanced and you go to the same party, you're just stepping into the party to enjoy the party. You're going to connect with anyone and everyone. You're not going to be looking for anybody specific. So now you have a lot more playmates, first of all.

Second of all, when you're not looking, you allow all the beautiful interactions to occur. And should some interaction come along that feels complementary, then it's very natural and complementary...but there's no "need" or expectations, no conditions. You won't have the energy of neediness or the energy of I need to "have" ...or dominate that particular person. So none of that will come into play.

So the playground changes. The playground actually *expands* because the playground becomes much more fun and easy to navigate.

And it's very *fluid*.

And, of course, it doesn't trigger all the other programs that we've played with thus far... where say you connect yourself or feel attached to somebody at one point or another, and say you're a male and you've attached yourself to a female so now you are on guard to make sure that this person that you've claimed as yours remains yours and that, somehow or other, there's no other person coming along...and now you can stimulate the whole idea of jealousy and all that stuff. And the same thing with a woman: "This is my man (or woman)"...and having a predatory set-up and working in that...where, again, it creates fear, it creates the illusion of separation, loss and all that stuff. Whereas in the other way where you are coming in complete, there is none of that. You let everybody just be themselves.

So, in a sense, you're in a relationship that's completely open...and when I say "open" it is energy just naturally flowing through it and you're not holding to one another. But you'll notice that the bond is so (inaudible) that it's very natural, very fluid, and there is none of the interference that comes in when you're looking at jealousy or ownership, control, conditions, expectations...none of that will apply any longer.

Now the reason that this is happening is because we're getting completed with all of this. It's not that we don't need it any longer. We've had it, we enjoyed it, we've had that experience up to now, so now we're shifting into something new...because it's a whole different level of expression.

It is a more natural expression, if you want to call it that. In our natural state we don't have those separated energies. They were just created to accentuate the experience part.

So that's how I can clarify the whole idea about the masculine and feminine energy: it was created as part of a modality of expression and experience. Does it actually exist in the sense where it's in its form and exists as part of a creation? Not on the first level of it, but it was added on as an additional bonus to experience within it.

A gender is a gender...energy is energy...and programs are programs...and they are all separate.

And a male or a female in a balanced form is very fluid. It does not adhere to programs.

For example, taking on a masculine role and playing out that masculine role...and, again, the role is part of the program of what a man should act like, look like, be like, should do or

shouldn't do, how they should interact with the opposite sex and so forth. That's a very dictated, a very defined state. And like I said, the program varies with religions, cultures and so on in different parts of the world.

But in a balanced form, when you're stepping into it, when you're balanced energetically feminine and masculine and you get to the neutral state, you will still be in a male physicality but you won't be dictated by any of those programs. You basically don't operate within those programs. You may choose to play with them, but they do not define you. You now have all parts active and available to you. So you can now be nurturing and bring together, that powerful connection that a lot of woman are capable of doing...I'm not saying everybody, but a lot of women can...and the same thing with women feeling the energy, power and so forth that men have.

And it's actually going to be very organic, very natural.

Because even the expression we have now is somewhat unnatural...but, again, there really is nothing that is unnatural...but it not from the form that it wants to hold as something prominent for any period of time. It is an expression and experience but it is temporary.

So you will be in either a male or female physicality and you will be in a neutral, playful state where you don't define yourself any longer. So you bring in both aspects: you can feel like a woman, act like a man, or whatever...but none of it dominates you so it's very very fluid, very light. You're not bound by the fact that, "I need to play a specific role. I need to do this or that to be accepted or to be part of the feminine movement or to feel what it's like to be female in this or male in this," ...and so forth. So it's very different in that regard.

So, in essence, it expands our experience. The limitation experience or the concentration experience that we've created...and now we're bringing in the other components of it.

But still being expressed in the physical forms of male or female. They just doesn't carry the same energy and intense programs...or really, limited programs that they had before.

Anything you want to add to that, Antonia?

Antonia

When we're in the neutral state then all those beliefs that have been programed in don't exist. You can easily flow from one to the other.

Now let's take a look at the neutral state and is there passion and sexuality in that state. Often people ask about what if someone likes someone of the same gender. So let's now look at that: passion, sexuality in general, and homosexuality and how they look when in the neutral state.

Franco

Well, passion in itself is an energetic expression. So just because you have a feminine or a masculine energy does not create passion. It is an expressive form. You can use passion as an expression while being in a masculine energy and while being in a very feminine energy.

But the two energies when they are expressed with one another and create an alignment, then, in a sense, there it is a very powerful energy, a very powerful expression, a very powerful experience within it that is created within that experience.

Now what happens is that you have the ego passion, passion which is created through programs which is that sexual drive, that powerful energy where you get people together and they go into the dizzy state of wanting to be physical in a very powerful way, in a sense, and that is one form of expression of passion. But, in most cases, that passion in itself, you will notice after that's passed is very empty and feels very hollow within itself. And it is designed to be that way because it then shows an incompleteness that something is missing.

In a state of neutrality, will passion exist? Absolutely. However, the passion will be a very powerful expression without creating the two polarities. When two people come together, the passion will be a much more wholistic passion. It is a passion where you are not just operating on programs anymore...because it is the whole of you expressing with one another. And you allow both parties to really bring their wholeness into the beautiful connection, the play, the dance...whatever is playing out.

And not only will that take place, but you are actually creating a much more powerful, *united* energy because the two are each wholistic in themselves.

When you are bringing isolated passion, it's still fragmented. But temporarily you create a form of connection and there's an energy of satisfaction within it. But it's like having something very sugary: it gives you a temporary high but then there's a very deep low afterwards. So you need to have more and more of this passion.

Whereas in a wholistic connection, when the passion comes in it creates a whole *new* energy that leaves an *imprint* and leaves a wholeness within each one. So you are basically accentuating each other's wholeness.

So that passion is now very, very conducive to bringing the highest aspects of each other out...to unite...and to *expand*...versus two fragmented expressions of passion creating a dance within it but then once the two are apart it goes back to the old energy it was before where there's an emptiness. Whereas in the neutral state, there is no emptiness...instead there is actually an expansion...and it remains. And it will feel more wholistic to want to do it again.

And there's no sense of vulnerability. There's no sense of they can be taken advantage of or that they need to be playing one role over the other in the sense where, "I need to be the perpetrator and I have to be the other side of it," and so forth. There's none of that.

It's just a matter of the two coming together and bringing their fullest expression, their wholistic expression...which is not lacking *anything* so it's not looking to complete itself. It's bringing its completed self and its full expression.

Can you imagine two competed aspects of itself expressing together and what it can create...versus two incomplete (that is, being in the illusion of being incomplete) and trying to create completion, but that completion is still coming from a lower frequency because it's incomplete. All of that served and brought us to where we are today, but now its changing.

So the passion itself will be even more powerful, more wholistic, grander and expansive in that regard.

When you are coming in and sharing with someone that you are not feeling that they need to be in your life and where they are lacking and you are feeling completely whole...and I know many people haven't had that experience but there are people who have...and sometimes we've had a taste of it where you connect with somebody and you can actually be 100% yourself and you bring the full part of you up...as rare as it may be that may occasionally happen...and you're bringing that through...at least that's the way it was before, but that's changing...so you're bringing that part through and the other person is being wholistically themselves...when you're in that togetherness, that passionate lovemaking or whatever it is, it's very nurturing, very powerful, very conducive, very expansive and feels whole. It doesn't leave that emptiness afterwards. It's very different in that regard. So for people who have had that taste, it feels much more natural.

And then the play becomes much more *expansive* because all the other programs don't kick in.

Because, the thing is, whenever you're still feeling the incomplete part of it, then the programs kick in: "Am I being OK, Am I accepted? Am I loved? Am I doing this right? Am I doing that wrong? Should I be doing this? I have to be careful that they don't see this part of me." And so forth...on and on. All of that stuff behind the scenes, as subtle as it may seem, is there. It's all playing out.

Whereas when you are in a neutral state, of course, none of that even comes up. You're just the whole you...whatever that is, whatever that expression is, is complete and coming to the surface and coming into the whole dance...every part of you is involved in that dance. And now it creating a much more powerful experience.

So you can see the difference within the passion. The passion is actually much more expansive.

When you look at it and experience it with that play you will see that it's definitely not going to be lack of passion. We're not creating "lack" here.

We have this idea, concept and belief system that, in some way, if we don't have the powerful pull that we've been accustomed to expressing and so forth, that life is going to be dull, is going to be passionless.

Look at it this way: right now in the world of separation, we are in survival mode most of the time. And even in a relationship we are in survival mode and even in our gender aspect we are in a survival mode...we can't trust male, we can't trust female, this or that, whatever it is...we're always in survival mode.

But when we're not in survival mode, we've stepped into the non-polarity aspect of it and we're getting into the neutral state. Imagine the passion in everything that you do...not just in the connection with one another...but we're talking about the passion of doing anything you like...period! The passion of creating something, the passion of expressing yourself, the passion of doing something that is not just for you...*it is for the whole*. You have to look at that passion and how powerful that is!

Look at it when somebody is trying to convince you that you need something. They may be passionate to the degree where they may be able to articulate something in a way that they can actually be very convincing and so forth. But the passion behind something...really the power behind that passion is that there's not only a strong belief with it but they can actually *see* that what they are sharing with you is beneficial for you.

So when you are creating something...a product, service, or anything of that nature in the business world...if you're creating something that is truly beneficial for mankind and you see the true beauty in all of that, your passion is much more powerful, much more crystal-clear. And you really feel wholistic; you don't feel empty.

But if you're creating a business where it's all about you and making money or whatever it is in the essence of whatever you're trying to achieve and it's for self, then you will notice that you will fluctuate. There will be bouts of highs but then you will have the lows. And you will feel, "What am I doing? I'm not enjoying this." For a period of time you may be able to create enough of the illusion that, "Because I'm in this, I'm building, I have these goals and whatever else...and I'm going to have this ideal world." So you're creating this illusion of a carrot in front of you that you're chasing. But eventually that carrot starts to fade in its lustre and you start to feel that emptiness.

But when you are doing something for the whole, you have that passion doesn't go away because that passion, that energy and that expression, that experience is very powerful, very wholistic. Because, the thing is, whatever you're doing that affects the whole it's affecting you. And it's like an energy you're putting out that comes right back to you in all different forms to enhance you even further. So you put out even more and it comes back to you and enhances you even more...and so on.

So you can see that *any* part of your life...no matter what...in neutrality, the passion aspect of it is much more wholistic. And any form of expression is much grander than what we have ever experienced before.

And I can tell you that stepping into it and seeing it in my own experience in other forms that that is a much grander way of expressing your experience.

So there's no shortage of passion when we're stepping into neutrality.

With respect to sexuality or something of that nature...well, what does that mean? (laughs) We are sexual beings. Does that mean anything? Yes...we're in different genders, we feel a connection to express and experience our gender within the opposite gender...but it can be expressed with the same gender too.

This whole idea of...when we're looking at it at the soul level...an expression and experience is just an expression and experience...whatever form it takes. There is no right/wrong, good/bad or that it needs to be one way or another.

You could look at the design of the physicality and say, "Well, a male physicality is designed a certain way. A female and a male are designed differently, they have certain components that will interact and create a certain expression and experience." Yes, from a mechanical aspect, that's true. But that's only a small component of it.

The other part of it really, is the energy with one another. It's the expression of one another. It's about the energy of the people coming together; two individual souls wanting to play with one another.

So if you have the whole idea of the fact of having two of the same-sex experiencing love or experiencing completion within itself, it's no different than a male/female. Yes, some have the idea that one's better than the other or that nature created it this way. Well, there was a certain format that was created to balance, but, at the same time, it's very flexible. It doesn't have any adhered divisions, saying, "Well it has to be this only way," and then it judges being the other way...absolutely not. It is very complete. An expression and experience is whatever it is.

Remember...the soul itself is genderless. The physicality is a physicality. A physicality is a vehicle. Now if we have two of the same vehicles playing with one another, it doesn't mean that it can't express and experience within it and learn from each other. And those particular energies will probably be much more wholistic in learning because there is something...

Remember that the two souls chose their physicality and chose a specific orientation, so it is not a mistake; it's not something that went wrong anywhere in its design or in its program...or anything of that nature. Absolutely not. It was very skilled in making the decision to go that route because that was the best route for what it wanted to achieve. So there's no "error" in it. And that whole expression, that whole experience of whatever it may be, is perfect within it. And it's so perfect that they will hold in that position as long as it serves each other. And there is no judgment of it being better one way or another or that the physicality itself and how it's designed has to have only one modality...absolutely not.

When you get into the neutral state then there's no judgment about it; there's no rights or wrongs. If two people of the same sex come together, they can express and experience with one another...and they bring the whole aspect of themselves into that relationship, into that connection.

Now, because they are drawn to a similar sex, it just means that it needs to learn that way, it needs to experience it that way. There's a certain energy that's carried that it wants to create a certain form of completion within it.

It doesn't mean that, at one point or another, each and every soul on the planet at this point in may not have experienced that. I'm not saying that all of them have...but pretty close that almost everyone have had that experience at one point or another...that type of experience in that form...or even in a temporary form...but they have experienced it. Did it make any difference? No. It was just exactly the energy that the soul decided was necessary and beneficial at that time to experience itself through. So it was done in that way...and it was all perfect.

In the state of neutrality, it sees perfection....no matter what! It does not say, "Well, it has to be this way or that way." In neutrality, *everything* is an expression and an experience...and it uses it fully and completely...without bringing any divisions within itself.

So even within the masculine and feminine balancing when it's in a neutral state...again, it's still coming in very wholistically and uses all aspects of it. And the physicality is just a physicality and its form of expression is very, very neutral. It just expresses and experiences that connection in whatever form it is.

Antonia

OK. What about right now we look at the total make-up of roles within society...meaning we've created these male roles and these female roles that don't really even exist...there's only an expectation...and especially the media and everything using sex to sell. At one point it was a certain way, but now it is becoming sooo (laughs) exaggerated that it almost becomes pornographic if you look through a magazine or watch a music video...it's become to the extreme. Is this because there's more feminine energy coming in to balance the masculine and that energy is kind of being shaken up...or is there something else that's still at play that's trying to have the feminine energy still be controlled more by the old masculine?

And I will point out that with this conversation, we are removing any judgement about masculine energy being "bad" and female energy being "good"...so we're out of that conversation. Instead, we're talking about the world up to now has been predominately a masculine frequency and now there's more feminine frequency. So I just wanted to point out about the masculine and feminine because they are so tied into the belief systems...I get it. But I haven't yet found another way to describe it.

But when you look around at society right now, when you look at advertising, when you look at videos, it seems to be so, so, so exaggerated where a female and what it means to be female has been perverted to the extreme. Is this because of the shift in energy happening right now?

I mean, it happens for men too. But it seems to be way more exaggerated for females. We've always used sex to sell cars, for example, but now it's blatant. And not only is it blatant, but every single image out there has been doctored and photoshopped to a point where it's physically impossible to look like what is being portrayed. But that's what's being given to this new young generation and all these women who are creating these belief systems about what they should or shouldn't be. And, of course this is always to shake everything up so that we realize that that none of this is true.

But how are these things playing out with the feminine energies coming through more to assist humanity to come to a more neutral, balanced state?

Franco

Well, what it's really doing at this point in time is it's accentuating that whole intense...The roles have so intensified now to really bring completion. It's getting to the really saturated point where we actually get every facet...

Because you have to understand...we are in a completion mode...a completion and purging and clearing state. The stuff that we're doing right now, the completion that's happening right now is basically the completion of all incarnations that happened from every embodiment that has occurred from generations and generations and generations of expressions. And all of that is being completed now.

So, in actual fact, everything is being brought to their polarity extremes.

So, yes, the perverse part being the over-sexed aspect of it is being brought to the maximum state where it becomes an addiction, where it becomes so out of balance, it becomes so driven...and then a certain level of emptiness and then a more intense emptiness...and then it gets to a point where it basically collapses, in a sense. So it is really completing thousands and thousands of years of incarnational expressions of the masculine role and the feminine role and what they represented...so they are being completed at this time.

So there is so much of this illusionary idea of what a female should be like and what a male should be like. I mean, if you look at it, the female sexuality and the accentuation of that sexuality...and even if you're looking at it in magazines and so forth or whatever other expressions...they take any particular female or male physical form and accentuate it not only in the way they are dressed and so forth, but also to create an illusionary way of looks through photoshopping (or whatever other ways they have of doing it), to create even more artificial aspects...so that it actually pulls us further and further and further away from the true expression of the physicality of a man or woman,...because it creates such an illusion of what it should look like.

But, again, it's just to accentuate the old energies of masculine and feminine so that we get this actuation and completion, and wrap up every unexperienced part of it from all the incarnations that we've had that we weren't able to do before...so it is being made available at this point in time.

And eventually what happens is that all of that becomes completely neutralized as you go along...becomes neutral to the point where it no longer drives you and there's nothing that it will accentuate.

So in essence where it stimulates you sexually to see an unclothed man or woman or when they are dressed a certain way...which, again, has been programmed to respond that way...will become more and more neutral to the point where that won't be an attraction anymore. Instead, the attraction will be energetically where you would feel an attraction because it's a soul-to-soul connection rather than program-driven.

But with the program-driven aspect, as I was saying, there's still a perfection to it...because it's bringing everything to completion.

So what's happening at this point in time is that there is a huge, huge accentuation of the polarities, the accentuation of the feminine and masculine.

But (laughs) what's interesting is that what's being perpetuated is even a *further* expression of what even masculine/feminine expression was within its form of...

For example, you sit down and create a program on how something should operate. And then along the way, within the program it gets modified even more. So originally, it's not even your natural design but you created a platform to play with. For example, you made up a set of rules to play a game. So that was the original design and you said, "OK, I'm going to play the game this way." Then someone else comes along and say, "OK, we're going to modify the game and made it even more challenging...make it even more polarizing," say, for example. And then you're experiencing that.

What we're experiencing now is bringing us along into the next level and saying, "OK, now we're taking down everything! We're going to make this so challenging, so intense," to the point where you finally say, "OK, this game is no longer for me. I'm going to now connect with the true design of what I choose to express and experience myself...instead of being a product of response, conditioning and programming...which was fine and dandy at one point in time, but that's not what I choose now."

So that's what's really happening right now. All of that is being accentuated to the max so that we can get our completion from it.

You know, some people could say, "Well, it's a false perception of a human." Because I've heard this many times being said: "That is a fake human." Well, it's another level, if you want to call it that, but there's no fake. An illusion is an illusion, a movie is a movie, a role is a role, a projection is a projection. But it's just being brought into a more superficial state.

Because if you look at it...what does an actual woman or an actual man represent? It's whatever expression that it chooses to do. There's no "actual." There's a certain *design* that was made at a certain level that has been pushed even further to a different range. But, in a sense, what is it, really...if you look at it? It's whatever we express and experience within it.

So realistically what we're seeing right now is the extreme accentuating of that...for lack of a better word...that "false" aspect of what a man or a woman is.

And that's why when you look at it, most people who are awakening and start looking and observing the world around them, they start to see that it doesn't even resonate. It doesn't feel natural to them when they're seeing how things are being portrayed, how things are sold to us, how we're being convinced that a man should be this way and a woman should be that way, we should look this way, we should do this or that, we should have a specific look and put on tons of make-up, or whatever it is. So it becomes no longer a driving factor as you go along because as you start to become consciously aware and awakened, your judgment about it starts to fade away. And you see the expressions but you don't choose to participate with that.

So this is what's happening for everybody to create a form of completion. Because you really want to go into a natural expression.

But is it unnatural the way we're expressing it right now? Well, what is "natural"? (laughs) We can create any level of natural that we want. But, in a sense, do we want to bring the wholistic aspect into us and not need to pretend any longer and bring in every aspect of us so we can create something totally different? Yes, that's what we would prefer...and that's what we're choosing to do at this time...rather than continuing to trying to convince ourselves otherwise.

Because the moment we create an illusion of what we should look like and be like and this is acceptable as beauty and this is not acceptable...then what we're doing is isolating ourselves even more...creating even *more* separation. But, again, that further separation is just for us to complete that...and then move on.

Antonia

OK, now let's look at...and I know we've talked about this in the past...but we had quite a few questions come in about twin flames. So why don't we talk about twin flames...because everybody is looking for their twin flame or they're looking for their soul-mate. So why don't we address that topic briefly?

Franco

Soul-mates are basically souls who are either in our soul family or they are souls that we've had multitudes of incarnations with and you've kind of created a connection. It's an agreement that the souls have made to play various roles in each other's lives at different periods of time. That doesn't mean that you are in each other's incarnation each and every

time. But a soul-mate is a soul with which you have made an agreement to come together at some point in time to play a role with each other.

Now that role may last for whatever period of time it may last...meaning that it could last a day, a week, a month or even a lifetime.

And the roles are played out in whatever way they need to be played.

We have to understand that a soul-mate will come in all different genders. So it does not mean that because you are in a female gender that your soul-mate is going to show up in the male gender. A soul-mate can be your parent, your friend, the same sex, the opposite sex...it can be anything at this point in time. A soul-mate is a soul-mate. They are buddies. They've taken on a different forms to come and play a role with each other.

Soul-mates will come together to assist each other. Because they've created a certain path and pattern, sometimes they are able to push...because there's a resonate familiarity in their energy within their soul, they tend to draw...especially if they made an agreement...they've created a link. So that means that when that soul-mate comes into your life, they are actually going to be able play the role and it won't be as easy to step out of that role....in the sense of experiencing the role that is being played out. So it's not that you can run away from it that easily, in that sense, because there's going to be a certain level of soul pull because of the agreement. And there's a familiarity...and a level of trust. Because at the soul level you trust each other because you've had lives together before and have created a pattern of experience.

It's like two friends that come along and when you get close to a set of friends or one particular friend, you start to share with them, you start to be open with them, you start to experience different things with them. So it's the same thing at the soul level.

And you don't have just one soul-mate...you have many, many soul-mates...and they will interact and inter-change, and so forth.

But there's a difference that's occurred with soul-mates at this point in time because of the energy that we're in now and what we're moving into with the transformation, and the fact that the timelines have changed and everything has modified now to create as much fluidity as possible.

For example, when you incarnated before, you made an agreement with a particular soul...or several souls...that at a certain point in time you would incarnate and play roles with each other. So with where we were before, an agreement was made with your soul-mate and then there would be a point in time where they would come in.

For example, if you had an agreement for one soul-mate to come into your life at age five, then around age five that soul-mate would come into your life. So all of a sudden you might meet a new neighbour or make a new friend and become very close with each other. And you play roles. There's a familiarity, a comfort level already established with them and

then you assist each other. It could be complementary in one way or another, or they could be pushing each other's buttons, or whatever it may be.

And the same thing with any other soul-mate. One soul-mate may stay around for a period of time and then all of a sudden one of you moves away and you're not in each other's lives anymore. Then other soul-mates may come in...or multitudes at the same time.

Now, with the changes that have occurred, what's happening is that whatever agreement was made...for example, a soul that's incarnating says, "Around the age of five we are going to connect and we're going to be together." Because we're in this energy frequency change right now and everything is going through the motion of fluidity, that agreement will no longer be as rigid as it was originally designed.

Because there's such an expedited transformation that's going on and the energies are changing so much and moving and re-designing everything so quickly at this point in time...so even if there was an agreement for some particular soul-mate or soul partner to come into your life at, say, age five...if it is not absolutely conducive at that point in time, it will not take place. That means that it will be re-scheduled or re-designed so that either they drop in later or they don't meet at all...because a new alignment will be made.

So now the agreements are made in motion...as we go along...instead of all being pre-designed at the beginning. So all the agreements now are being created moment by moment.

So the arrangements for interactions will become much more fluid. And it's always checking all the time, soul to soul...it is always checking to see if it is absolutely conducive for those two soul-mates to come into each other's lives.

And your soul-mates can be from your soul family...that means from your cluster of souls that all have a similar frequency or similar signature...not completely the same signature...but similar.

So soul-mates are basically just souls that come into your life, they come in all forms and they don't necessarily stay for a long period of time.

Then there's the twin-soul, or twin flame. Twin souls are different. With a twin soul, you have only one...so there's a pair.

You have to understand...we are all from one main soul, which is Source Itself. Source Itself continued to fragment and fragment and fragment, and each cluster created new clusters over over-souls that split up into more souls and those souls split up into more souls and so it continued on.

Each time souls split there's a similar signature. Of course, as things continue to split, things continue to change...but there's a certain similarity in their signatures. So there's a certain pattern of signature that's established with souls that are from a certain soul family, per se. A lot of the encodements of the signature are similar...except for the last few digits

or something of that nature. And the “signature” also means the level of vibration, or the spectrum or frequency that it operates within. So each one has a little bit of difference.

Then the *final* spit is basically when the soul splits into two and they both have *identical* signatures...that is, all the digits are exactly the same and their frequencies operate exactly the same. Now, that split was designed in such a fashion so that the two similar can actually go out and incarnate in separate physicalities, in separate timelines, one can incarnate on the planet while the other is off-planet...and so on.

And the twin soul would always carry the opposite gender of physicality...so your twin soul would usually be of the opposite sex. But that’s how it used to be. Some time ago it changed where basically it did not make that important any longer. So, in essence, now you can have a twin soul that can be of the same sex.

Now, with the twin soul being there...it’s your other half...the first split of the other half.

So you could turn around and say, “Well, that’s my other half.” But when you look at it, you’re still fragmented from all the other souls in your soul family...which you are all a part of...and your soul family is part of something bigger...and it just keeps going.

So this twin soul that people talk about is basically your identical twin because they have the same imprints.

Antonia

And, Franco, can we also just clarify...because the common perception is that your twin flame or your twin soul is your sexual opposite. A lot of people see twin flames as being a sexual and romantic attraction and look for their twin flame or twin soul because they want to complete themselves. Whereas actually it could be the same sex and not necessarily a romantic attraction.

Franco

Exactly. That’s an illusionary thing that’s been created. And there’s a lot of talk about and a lot of stories and belief systems created that you find your twin soul and now you’re complete and you feel completely wholistic and life is completely joyous and amazing, and you have the most powerful relationship possible, it’s very nurturing, it’s very sexually balanced...and everything. There’s a lot of stories around that. In actual fact, those things are not correct.

People who are twin souls don’t even have to be in the same age range...one could be three and the other one could be sixty-five. So age is not an issue, sex is not an issue because they can be of the same sex or the opposite sex or whatever in-between. It has actually nothing to do with the sexual drive aspect of it; that is just an illusionary part that has been created...a belief system.

And there's a lot of energy put into the idea for us to meet our twin soul, saying, "Well, if I find my twin soul...I need to find my twin soul and I need to connect." In actual fact...there's a learning experience around that, but that's not really...It's really to complete your own self. And when the two halves are ready to meet, they will.

Now, I can tell you one thing: there is no certainty that the two souls are going to meet on the planet. There are more of these meetings happening right now, it's more common now whereas before it was very rare. However, when I say "common" it is still a very, very low percentage in comparison to everybody on the planet.

You have to understand that that when the two twins come together, their main mandate is to assist each other for the most rapid, expansive growth of completion and enlightenment possible.

And, within that, when it's doing that, it also create a third energy to create much more completion. So it creates a new path for other souls to do the same.

So twin souls come together and there's a very, very powerful magnetic pull and energetic pull...soul pull, let's put it that way...to one another. So, with that, it is the most powerful tool for growth and expansion...because each role now, each soul that comes together, can play the roles to the max...because the two will now feel such a pull that they can actually go to the extremes in their ability to push each other's buttons, or what needs to happen.

Many ideas and perceptions about twin souls that have been carried forward, like, "I need somebody and I'm going to be in deep, powerful love and I'm going to feel wholistic, happy, my life will be complete and everything will be perfect. And my life will be just an absolute dream." And then when you see when those twin souls meet and...in loose words, so that we can understand...all hell breaks loose.

Now, does it break loose because of the fact that the two energies are not right for each other? No. It's that the two energies have come together to create completion.

So each soul will look at the other and say, "OK, what do we need to do to finish our job here? OK, you have this lesson, this lesson and this lesson to do and I need this lesson, this lesson and this lesson. Let's put down all our barriers and let's go at it...full force. I will do this for you and you will do that for me. And we are going to push each other to the max to purge and clear and complete and experience and learn whatever we need to learn." So that's how the growth happens.

Once the two have completed that part of it, the relationship becomes a little bit more harmonious. Then it's more nurturing the energy to create more completions within.

Now, the two souls coming together in separate bodies doesn't mean that they unite. They will work together, do whatever they need to do for one another...and also for the whole.

Because when the two halves come together, they also see a bigger picture so that they can be more of service to the whole. And when I say “service”, it’s not service outside of themselves, but rather service for the whole...being for everyone.

So once they’ve done their homework, done their part and they’ve gone through the challenges of whatever they needed to do to create their own completion, then they will work much more powerfully together to create an environment to induce and to assist other aspects of themselves on the planet to move forward.

And over the years...because this has been going on for years...I’ve worked with other twin souls where they’ve come together and they’ve gone through *very* challenging times.

And the other thing I need to bring up is that they are not going to be equal...that’s pretty rare....and when I say “equal” I mean with respect to their enlightenment or consciousness state. So one twin soul could be more advanced than the other.

Then there’s another illusion saying, “When I meet my twin soul then we will be able to see eye to eye. We’ll have the same understanding and we’ll be able to work together because we’re both going to be on the same page.” It doesn’t work that way. You may, at some point, get there...true...and, indeed, that’s the objective. However, that doesn’t mean that when you first meet that you are both going to be on the same page.

There are many twin souls that are off on completely different levels. And that adds more to the challenge...because talking about two halves with completely different state of consciousness coming together...it really gets colorful. But, again, it is all of assistance.

There will also be scenarios where twin souls will come together and the agreement is to come in very powerfully, push each other’s buttons and do whatever it needs to do to accentuate, stimulate and do whatever’s necessary...and then part.

People think, “OK, I need my twin soul...and it’s forever.” It doesn’t work that way. There will be occasions when that will happen, but on other occasions it won’t.

And most occasions up to this point, it doesn’t happen that way. There will be a break...it could be for the rest of their lifetime or it could be for just a period of time. Because they stimulate each other, then they go out and do their work, then they may meet again to stimulate a little more and then depart from each other again. It doesn’t mean that they always need to be with each other.

The pull will still be there, but the work will still have to be done...separately and independently...but they are assisting each other.

So we have to dissolve a lot of these conflicts and belief systems that we’ve had.

Now once the two souls have completed all that is required of the incarnation and they have achieved a certain level of enlightenment...when *both* have...because if one’s finished and no longer incarnating, then it will continue doing things in a non-incarnated form until

the one who is still incarnating is finished. And the incarnation could be on any planet...it doesn't have to be specifically here. So when the two halves are complete, then the two halves will unite and become one whole soul.

But that whole soul is still a fragment of another eleven whole souls, each of which were also split in half...and it goes on and on. But that happens off-plant, in non-physical form.

It is very rare to have a soul which has been re-united reincarnate again, because at that point in time it does not operate on a frequency where it needs to continue to reincarnate. If it chooses to expand, it will choose to incarnate in other higher dimensions, but it would not choose to incarnate into a lower dimensional field.

So there are a lot of beliefs, concepts and ideas about what a twin soul/twin flame is like. But really, when you look at the whole part of it, there's more to it than what we've created. Because there's been a lot of talk...when it was a popular topic years ago I remember reading a lot of stuff about what it meant and what it was. And I would go, "Aggggh! It's not quite *that way!*" (laughs).

Antonia

Thanks for clarifying that because so often people have the misconception that twin flame and twin soul are the same thing and that it is a rapturous union. And they don't realize that, actually, no, it's not like that. (laughs) They are there to accelerate and assist you in going through all your lessons so it can be extremely tumultuous. It doesn't have to be, but it often is...especially now...so that we can purge and clear stuff so much faster and keep moving.

But another good question that came in was "I've also heard about angels and ascended masters connecting with the twin soul." So that's kind of different because angels and ascended masters...thinking of an ascended master as being a unified soul...so why don't we look at that briefly. Because angels are slightly different than ascended masters.

Franco

Yes. Those are just names basically just given to those who are playing different roles. They are actually still souls that have just taken on different roles.

Now the angelic expression in itself...if you call it that, because that's just a label...are basically souls that have not chosen to taken on a physical form and actually helps ...they play a role behind the scenes, in the sense of connecting with other aspects of itself that are incarnating. So it plays a role in that respect. It learns from it and also accentuates the experience of the souls that have chosen to incarnate.

Remember, we are all One Unit here...we are all One. So whatever is done for one is done for the whole.

What they call ascended masters are souls that have incarnated and have continued to incarnate until they achieved a certain level of enlightenment. Then they may take on roles to assist other facets of themselves to facilitate the completion of their journeys.

But usually they work with clusters, so they actually work with groups that share a consciousness.

Ascended masters also have differing degrees of consciousness because an ascended master can be a specialist in one spectrum of frequency that creates a certain channel of experiences. So, in a sense, they have specialties. So an ascended master might specialize with certain levels of experiences, with certain frequencies. So, in essence, anyone that's going through a particular time in their evolutionary enlightenment state and that is where their specialty lies, then they will help with those groups of people that are at that level.

For example, if I had to give an analogy. You have a school professor for Grade 5 level and you have a professor that teaches first year university level. So anyone who's in first year university, then that teacher assists them to do what they need to do. And the same for the teacher of the Grade 5 level: anyone who is in a position to be in Grade 5 will be taught by that teacher.

That doesn't mean that just because you've accessed an ascended master that it's one who is actually the professor of all grades. Because even a fourth-year university professor will not be so proficient to teach someone who is at the Grade 1 level....or 2 or 3 or 5 or 10...because they are not specializing in that...they are at a different level of teaching. So those groups who are, shall we say, at the fourth-year university level, will be able to access only those ascended masters who "teach" that level.

Then there are others that are not even called ascended masters; they are basically enlightened beings. And, again, enlightened beings are at different levels and grades, so to speak. And enlightened beings are basically a source energy of experiences, knowledge and so forth that you can access. It's like an over-soul that you can tap into. And, again, they will be utilized as part of our experience only at the point where we can utilize their experiences to enhance our own, or to create much more clarity and completion, or to expand our own particular path.

Again, we are all One. So we are still all connected and every soul is assisting each other.

So when we're talking ascended masters or what we could call an isolated over-soul and so forth...they are all just playing different roles to assist all the different aspects of themselves.

And the same thing with the angelic realm. There are angels that, at some point, will choose to incarnate. But that's a very small ratio that may decide at some point that, "Hey, I want to go in there just to have one or two incarnations to experience that part of it, but then I will go back into the angelic realm." It's not that common but it does happen. And,

actually, it's happening a little bit more often now than it used to. But most of the angelic realm have never taken on form.

Because what happens with a soul that has taken on form, unless it's completed all its form, it limits itself. As long as it chooses to incarnate, it has to lower its access to frequency, its access to consciousness in order to incarnate.

Because if you're coming into a world...3rd Dimensional or whatever playground it may be...you can't really come fully enlightened because then it's really hard to play the game. Because now you're going into a state that you are already advanced in. You can see all facets of the game so you can't really get involved in the game itself and then the game is not fun at all. So you have to actually lower your frequency and consciousness to come in.

So the reason the angelic realm actually says, "OK, as a soul I'm not going to incarnate, I'm not going to create restrictions and limitations. I may not have the expertise in how it feels to have a physical form with all of its limitations, but I can look at the big picture and I can see the overview here. And I can create different scenarios because I don't have the same limitations, the same restrictions, the same patterns to work with. So I can facilitate in that regard." So that's the role it plays.

Now the other thing that has changed with the angelic realm is that, at one point in time, the angelic realm was much more active in facilitating someone going through the experience.

For example, if a particular soul wanted to have a particular experience, it would help to create the stage, it would create some of the alignments and so forth. If a soul was stuck in a pattern and it wanted to get a reprieve on the pattern for a period of time, then there would be a shift created by the angelic realm that would come in and intervene such that it would change that pattern temporarily for a period of time; so they would create a modification. They would assist you and alleviate some of the challenges for you to give you breathing room to do something.

However, the mandate changed several years ago, and the mandate now is that the angelic realm is not to interfere with the experience. It is there to support the experience in some way, but not to take anything away from anyone.

The mandate right now is to create completion and to do purge and clear. So that means that now if someone wants to take a reprieve from their particular intense experience, the angelic realm shies away from getting involved. It lets you stay deep in it until you can actually step out of it altogether.

Once you start to step out of it, then it will assist you in stepping out of it. But you have to complete it.

So it will not interfere. It will not take away any particular intense experience that you are learning from. It allows you to stay in it...completely. So they now tend to step in less.

Years ago some people were used to having their angels do things for them, assisting them and so forth. But now, especially if the experience continues to accentuate the 3-D world, you're not going to get any help...

Unless the soul is in a particular state where it's not going to transcend from the 3-D state anyway. In *that* case, that soul is going to accentuate that 3-D state for the other souls around them. So, in that case, the angelic realm will interfere.

But if your soul is actually moving forward, it will not assist you in maintaining the 3-D state. It will allow you to do whatever you need to in order to complete it. So that means that if you're asking for it to alleviate something, it will not.

But, again, that's for the highest servitude so that you can get your own self-empowerment and learn from it.

The angelic realm will give you cues and give you a perspective from outside where it doesn't see the same intensity that you may, but that's about it.

Antonia

Yes., because the focus now is on purging and clearing and having humanity move fast...especially right now.

Franco

Yes, because any interference would slow it down...and that's not beneficial at this time.

Antonia

Exactly. We all have to learn to ride our own bicycle.

Franco

And whenever you connect with ascended masters or you connect with angels, they will share some tidbits but you still have to do your own experience, learn from it and move forward.

And they won't give you the answer per se...they will share another perspective, another view...but don't expect it to be the answer for you so you can say, "OK, that's the ultimate answer." It will give you only just enough for you to search in a different direction so that you can discover something for yourself.

Antonia

Yes. And just a reminder that because right now there are more and more channeled messages from ascended masters and from different groups...and we have talked about this before in the past...we're all in this together...we are all One...and it's to remove all hierarchy. Just because someone is saying that they are an ascended master or an archangel, there is no

hierarchy...there is no higher level of knowledge. There is a sharing that takes place, but humanity is moving forward. Humanity is moving forward...period...we've all agreed to that.

So it really is more about going back into your heart and listening to your own guidance about how to move forward...and there are tools to assist.

But the point is, with respect to any channellings we've had in the past, we have had a tendency to put them up on a pedestal...and that is definitely not where we're at today.

Franco

Yes, especially when you're channelling...you could be connecting to anything. You could be connecting to channelling energies or consciousness that is older...which, again...

You have to understand, sometimes (although "sometimes" seems to be more common now)...but you'll get information that is not current. And not only is it not current but it may not be totally accurate. Or you just create something within yourself...

Because, the thing is, it's not to create any form of dependency here...it's self-reliance in a way. So you're going to get some assistance. But what happens when people get assistance sometimes they become dependent on it. And once you start being dependent, what you're doing is now limiting yourself.. And then you dis-empower yourself. Now you're wanting answers from some other aspect of yourself outside of you. And you're not doing your own work because you're always trying to...

So there'll be times when you will be channelling things and it will be something that is totally skewed off the mark so that you can go down that path and then realize that you're going to have an experience that you would probably not choose to have...but at the soul level you are because you want to re-empower yourself. So you may get information that is...

And this is why you tune into it and see if it resonates with you.

Because all messages that come to you have value of some sort or other...even if it's the opposite, polarized aspect of it. But, again, it's all to assist you in one way or another where you can actually discover your own inner knowing.

So don't take everything that's channelled as gospel because so much of it is there to really push your buttons and get you to the point where you let go of that reliance and you start to really discover yourself. So you may get the opposite information, and you may create a certain level of frustration within yourself...especially when you find that what's being channelled is inaccurate or slows you down by directing you down a certain path...until you finally say, "OK, enough! Now I'm going to tune into myself so that I can self-guide myself." And there's your purpose right there: that was the purpose of the whole thing. So that you get to that point where you say, "OK, I'm going to use my own inner guidance."

That doesn't mean that there isn't information out there that isn't OK, but you just have to see what resonates with you at that time.

And, you have to understand, some of the information may resonate with you right now because that's what you need right now. But when you get further realizations, it may not resonate with you any longer because that was just a bridge for you to use to get to the next level.

Antonia

Exactly. Because everything is fluid now...everything.

Franco

One other thing I wanted to mention about twin flames...a twin flame can be a parent, it could be a brother or sister, or anything of that nature. So that adds more to the non-romantic aspect.

Antonia

Another good question that came in was as follows:

"Can we talk about the time frame of our physical bodies in regards to the conversion from carbon-based structures to crystalline structures? And when we do go to a crystalline-based structure, will we still be male and female or will we then become genderless?"

Franco

The whole purpose of becoming crystalline is that you carry a much broader spectrum of frequency.

With the carbon base basically you're carrying the frequency range of the planet itself.

You can be on a planet and operate within the frequency range of that planet but, at the same time, as we become more crystalline...because the planet itself is also becoming crystalline...it *expands* the frequency that it operates within.

So whatever you're experiencing, whatever you're creating is no longer bound by rigidity.

And it also creates a very fluid state because the crystalline structure will reflect the energies a lot more quickly with change...whereas carbon-based is much more rigid and takes a longer period of time to change its operating system and its frequency.

So going to a crystalline base is the process we're going through right now. This is what is occurring within ourselves.

And this is why we are feeling a lot of intense changes in our physicality, changes in our emotions, changes in our mental patterns, our sleep patterns, how we tolerate or don't tolerate certain environmental expressions and experiences, certain foods that we

consume, certain things that we expose ourselves to...it starts to feel out of place because of the fact that we are changing.

Our body structures are changing. Not only is everything being re-wired, but our natural state is changing within ourselves.

So when somebody says, "Well, food has no effect on us," and, in sense, if you concentrate on having no judgment about it then everything will change. And there's a certain level of truth to that. But, you have to understand, something that reflects a more carbon-based, or a much more rigid-based or that is manipulated to hold a certain lower frequency, again, will not match with your new frequency that you're resonating to. So your frequency is increasing, and if you're bringing in something of a lower frequency...yes, you can change the frequency but then you are putting energy to change that frequency and energy all the time. And what you're going to notice is that you're going to start losing the whole desire to do so. So you're going to be attracted to only the energies and the foods...

Because, you have to understand...anything that carries a lot more water is much more flexible to the energies and changes a lot easier than something that is more solid. Everything has water to an extent, but it's the ratio of it, in a sense.

So you'll find a more natural food that has not been de-voided and modified and so forth and then you're talking about something that's ingested much closer to its natural state. The closer it is to nature and the less processing it has undergone, then it's still involved in the changes that are occurring. Because a lot of the processes that go into changing our food is actually lowering the frequency of the food. Even if the raw essence of the food started going into a crystalline state, the processing turns it back into carbon-based, so it lowers the range of frequencies within which it operates.

So, in essence, you will be drawn to foods that will match your frequency.

So the more natural it is, the more it reflects the new energies that are coming onto the planet. Because it's growing at a more constant rate where it's changing all the time. And our Sun is assisting in all of that.

So as we're going through that change in structure, you will notice that there's going to be a lot of changes in your own patterns.

Will we still have male and female genders or will we be genderless? Of course we will still have the male and female genders...*except* that they will no longer be defined and restricted in the way it is right now.

Like we were saying earlier...a particular gender right now is reflective of all the programs, belief systems and definitions of that gender...compounded by the perceptions and belief systems of a culture, and a religious affiliation and of different patterns of lineage that have been carried forth by different traditions. So you're look at a gender that has all these programs.

As you become more crystalline, you will still be in a gender but you will no longer be bound by those limits.

So even though you reflect being in a male physicality, you are not going to be having the same automatic responses of the old program: the male has to conquer, has to have sex, has to go chasing women or whatever it is, or being drawn to it. Instead it is just very natural. It's just another form of physical expression that just happens to be equipped differently than a female. And the same with the female: it will not respond and reflect in the same way as before.

So it becomes very wholistic; it becomes more complete in that physical expression.

So the genders will still be there. Will we become genderless? That is not something that will not happen in this dimensional aspect. That will happen in the higher dimensions, but we're not looking at that at any time soon.

With respect to the sex aspect of it...the form of sex will be very different. It will not be so responsive to a carnal drive; it will be a much more wholistic expression utilizing a physical form that is connecting with another physical form and expressing itself. It becomes a very wholistic, very different expression. So sex will still be there but it will be very natural, very neutral in the sense that all parts of it will be brought into it.

So that means you're not just following a carnal program where you're going in there and you feel the urges to have sex and to have that raw power...you can express that and experience it, but that's no longer your driving force. So it's not going to have that particular drive.

Rather, it's a matter of when two people feel drawn to each other, then it's just a beautiful dance and expression. So it becomes a very fluid, a very expansive...like I was saying earlier...type of connection on the sexual aspect of it.

And it becomes very nurturing and expansive in the sense where you'll never feel empty or hollow or feel dirty afterwards...you know, the highs and lows. It's always going to be an accentuated high and will leave you in a high, but the next time will be even higher, and so it perpetuates in that way.

Antonia

Well, that's way better than what we have now! (laughs)

Franco

It is! It's very powerful. It is a beautiful expression and experience. Once you get there, it's amazing (sighs) It's amazing how it is!

And it's easy. And it flows. It doesn't have all the baggage attached to it.

It's *totally* different! It's beautiful.

I'm not saying that what we have now is not beautiful either...it's a very polarized, very intense experience. The other way will just be more...

It's just that we're ready for it. We're just shifting into a new level of readiness. We're just upgrading the whole experience. Because there is no good or bad experience.

It's just that what we're experiencing right now has become very limited. So now we're going to go into a much more expanded part. And it really utilizes not only our physicality but all aspects of ourselves...and then bringing that True Essence of ourselves through that expression and experience.

Antonia

OK. We're going to switch now to a completely different topic. I've had a lot of questions come in about Comet ISON...what is it, what does it symbolize for humanity, and the fact that it's coming closest to the Earth around December 26 and so there could be lots of stuff happening. So there's a whole bunch of stuff out there right now about Comet ISON. So why don't we talk a little bit about that?

Franco

OK. Right now...it started some time ago...there's a re-arranging that's going on...re-arranging, re-positioning. And the movement it's causing is bringing us into different areas where we are accessing different energies.

Comets come and go. And each comet has a purpose.

There is no accidents. There's nothing that comes about that, in one way or another, hasn't been designed to take on a certain role.

So as much as some people say, "Well, you know, we have these things that can be devastating," or something of that nature. Yeah, maybe sometimes it does create some intense experiences, a movement on the planet or whatever. But there is always a service as to why it is occurring.

And it is only occurring because we called it forth; we called for that change to come about.

So whatever's coming about is there to assist us. That's the first foundation of everything and anything that's changing.

Even the solar flares and all the re-adjustments that are going on.

And Comet ISON is in addition to all of that. Comet ISON is coming from...we could call it a ship (laughs)...it's a vessel. This vessel is actually a powerful transmitter of energy that is carrying energies from another Sun...from the Sun of Sirius...that is taking in new codes to change all the planets within our solar system...including Earth...and then also stimulating certain codes within our Sun. So it has a purpose.

It has come as three different ships, being guided...Now, of course, it looks like...you have to understand (sighs)...take this with a grain of salt because sometimes people shut down when they hear stuff like that...

Regardless of what it is...it could look like a comet, and if you notice, if you actually follow it, it will give you cues. You can see that it's not having a constant pattern and it doesn't have a constant path. The speed of it has changed, its trajectory has changed, its shape has changed...the way it emits and the way it moves and the way it's spreading out energy...or what we could call releasing dust...but it's actually...it is dust, if you want to call it that, but the dust carries the...it's doing all this distribution.

So the purpose of ISON is to assist in the upgrade that's happening and is bringing in new activation codes within the planetary...but it's also changing the frequency that it's being exposed to, so it's causing a triggering effect within it.

You know that "empty void" that we call "space" that's in between all the different planets, stars and so forth? That's just energy with pure potentiality within it. And as much as it may *seem* like there's nothing there, it is still a field of energy.

And any movement within that field that's bringing movement from a different area is creating an activation, is changing that pool.

So it's like this...I'll give you an analogy. Let's say that space is a body of water. And we're in the water. As long as we are in the ocean or the body of water, whatever changes within the body of water will affect us. So if something comes along and releases certain minerals or releases certain energies within the water, the structure within the water changes. For example, the salt levels will change, or something of that nature. It affects anything and everything that's in the water, including the currents and so forth. And it also affects the movement within it. It's the same thing.

So ISON is creating changes within this field of energy that is around the planets, around the solar system, around the entire galaxy. So that's what ISON is doing: it's activating certain codes and making adjustments. And it's come there very purposefully for that.

Will it create any disruption on our planet? It's possible that it may, to some degree, but it will be only to the degree that it's going to serve. So far, it's not looking very prevalent for that to happen. However, energetically it is causing a lot...

So it may reflect on a planetary level, on a physical level when you're talking about how nature is going to respond to it to a certain degree...yes...that's a very high probability...but to determine to what degree that will happen has still to be decided.

Because everything is being created moment-by-moment.

But on an energetic level, we are already being affected. I don't know if anybody has been feeling anything, but this last several weeks and so forth, ISON has played a role in that too.

Even the characteristics of the Sun...if you had to measure the spectrum of light that's coming from the Sun.

Even the energies of the planet itself in the sense that we are having erratic temperatures right now...we're getting much colder in some places and warmer in others, we're getting snow where it has never snowed before, and different things are changing. So this is kind of reflective of some of the things that are occurring with that.

Now part of that was because of the re-positioning because we are always moving in space...or in this pool of water...or this pool of energy, let's call it that.

ISON not here to create any devastation to the point where it's going to destroy us or anything of that nature...because that is not it's intention and that is not part of the plan...that is not part of the plan whatsoever.

In actual fact, Comet ISON is to activate another level of peace, another level of neutrality. And anything that is not peaceful and anything that is not neutral is only going to be accentuated so that we eventually burn it off and go into that neutrality and peace. So that's basically the main concept or the main purpose of Comet ISON.

And ISON is really a big ship that has changed form and can project itself any way it chooses with the technology it utilizes and so forth.

Now some people who have been observing it have been saying different things that may not be accurate...but still there is a purpose for that in the sense that people get to tap into themselves and find out what it really is.

But, at the same time, a lot of information about it is not being exposed because it would bring in this whole idea about why are there ships coming along and doing what they're doing. Because there are still a lot of people who do not accept the whole idea that there could be anything outside of what's here on Earth. As much as there are many people listening to this at this point in time who don't have that same skepticism about it or have the same doubts about the fact that there are ships and other beings and so forth...

We do have another dark star...or whatever you call it...dark comet or something of that nature...they have lots of different names...there's another large body that doesn't really reflect any light at this point in time that is moving very close to our solar system even though it's still millions of miles out. That body is also carrying completion energy at this point in time.

And it's been picked up by satellites and been scrubbed from the photos...they photoshop it out so we don't see it (laughs) because they are trying to keep us from knowing about it. But, again, they are just playing a role as much as we are requiring those roles to be played out.

Antonia

Yes, it's all good. I know that people who tap into the energy of Comet ISON feel the difference in it. And I know there's a lot of stuff being put out in the media purposely and suppressed by the media purposely, and there's a lot of conversations about exactly what is this Comet ISON. So hopefully that provided a little bit of clarity for everyone.

And as we always say...even with what we are saying...if the information doesn't feel right to you, let it be. Check in with yourself. Is it bringing you peace? Is it assisting you to come into a more fluid, natural state? And follow that....always follow that.

Franco

You know, we are not in a position to create any form of devastation. We are not in a position where we are going to nuke ourselves. We are not in any position to jeopardize the whole existence of this planet or have an effect on any of our brother/sister soul planets that are inter-connected with us. We are no longer in that stage. It was long ago decided. And we are doing everything possible to make sure that none of that takes form.

The only level of intensities and changes that occur will be only for the highest benefit, at this point. It will conductively assist the souls, conductively upgrade our experience and will facilitate those souls that want to leave the planet. That's it. It's not for any form of devastations or anything of that nature.

To the degree that changes are going to occur on the planet will be still up to us...depending on how quickly we move forward. There's a lot of assistance in the sense of energetically and otherwise to *stimulate* these changes in ourselves. However, it's still up to us.

And the changes will happen not only energetically because we're also going to start reflecting it on a physical level. So we're going to start taking actions with respect to changing how our life is going to be.

For example, if we're going to sit back and say, "OK, the energies are going to change me," then it's going to be much more challenging for you because, the thing is, it has to be expressed and experienced by you on a physical level. So the changes will have to be reflected. So if you're just going to wait for it to change you, then you're just going to get into a very uncomfortable state. So you're going to be part and parcel...that's where you are actually doing the active work...and when I say "work" I use that term loosely...you're participating in a transformation which you're expressing and experiencing through the physical and through the mind.

The alternations are occurring energetically and consciously but it's also being reflected on the mind and the physicality. That means that you're going to change certain aspects of how you express yourself on a physical level and how your thought patterns are. And the purging and clearing is changing those thought patterns, clearing those old thought patterns. So you're doing it on the physical aspect of it.

You know, people talk about, “Well, how are we going to make changes on the planet?” As our consciousness changes, we are going to start taking different actions. We’re going to choose to participate or not participate with various things that are playing out on the planet.

For example, there’s all this stuff about the money, all this stuff about the government and all this stuff that’s going on. How’s that going to change? Are we going to create riots? No. We are going to get to a state of consciousness where we now actively choose to not participate or to create a different experience within ourselves...together.

And we’re going to team up together as groups and start creating different realities, different expressions, different experiences.

And not demonizing what is existing...because then we are still playing with the old energies. Because if you’re demonizing, you’re still in that 3-D state of judgment and the right/wrong, good/bad.

In a higher consciousness, you don’t demonize anything. You see the perfection of how it provided for you, the service, the experience or whatever it is...and now you’re in a different state of consciousness where you’re active in making that change take place. So you’re now going to take steps together to say, ‘OK, this is no longer necessary. We no longer choose to participate with this. We no longer choose to support this. We no longer choose to create this reality over and over again. Now let’s work together and create a new reality.”

And this new reality will not have limits.

And these new realities will not have just baby steps but rather will make huge leaps.

And, yes, we are going to continue to experience and expressing inside a physical body. But you won’t be sitting back and expressing just within yourself. That is first and foremost, yes. But now we need to express more broadly. And in a very neutral state, of course.

Another question we had about this topic was how do you build new qualities within one’s self with these two...it will become very natural. Because as you become much more neutral, much more feminine and masculine balanced, your play is very different and the qualities come through. You will notice that anybody that’s balanced, they are very easy-going, they are not very polarized at all in the sense that they have an understanding of both roles, but to the point where they can actually see the roles and they don’t buy into any of the roles...and then they create a new expression within a neutralized state of either role. So you are becoming role-less, but playing a role in a non-defined way. So it becomes very fluid, this balancing of masculine and feminine.

And I know there was a question about how long before we are going to be able to step into where we can actually use our natural state of taking energy from the air, the sunlight and so forth, where we don’t have to consume food or any carbon-based thing. That is going to happen along the way. You will feel the changes within yourself.

Because if you pay attention to the changes within yourself you will also notice the type of food you ingest and eventually the volume of food that you ingest. And then eventually you'll notice that certain characteristics will start coming up within you where now when you're breathing you're not isolating your breathing...you are allowing the energy of the breath to come through. And whenever you are exposed to sunlight and so forth, there's a new receptiveness.

Because there has been a lot of perceptions and belief systems that we had to be afraid of the air because it's polluted and all this stuff, and we have to be concerned about the Sun because it's going to do all this stuff to our skin...that contributes to us disconnecting even further and then we rely on something outside of us.

But by just paying attention and making those adjustments, you will see that will naturally...and we can cover that more in depth at another time.

And all the archetypes and all that stuff will dissolve...and everything becomes very, very fluid.

The whole point of the energy of gender...because there's still a rigidity and some think that we're going from one to the other. So we wanted to make a very strong point that we are not going from one to the other. As much as we have been male dominated, we are not going from male-dominant to female-dominant. We've already gone through this male-dominant/female-dominant cycle on this planet before...in different series of physicalities and on different planets too.

But it's now coming to the point where it does not carry one or the other. So the planet is *not* shifting to a feminine energy. It is actually bringing the feminine energy in to the point where it balances the masculine energy *and creates a new energy of a complete whole*. But it's not going from one to the other.

And as that is occurring, it doesn't matter if you are male or female, you express yourself completely and fully...without saying, "Well, because I'm in a female gender, I have restrictions and I have to be..." Because that's one of the biggest things...and I want to make that clear...one of the biggest things that we've had is that, "If I'm in the female gender then I need to play this particular role, I'm limited, I'm not respected and I don't have much say." And if you look back in history you can see how gender has played a very powerful role.

And just because you may be in a male body doesn't mean that you have much more freedom. There's actually a lot of other stuff that has been imposed. But those are just all old programs.

Once you get to that balancing, which is part of the process that's going on, there's a fluidity for both genders. It's a very fluid, very open, very easy, flowing state. And there's no rigidity with either one saying, "Well, I have to play this role or that role. I have restrictions."

There's an equality in the sense of the roles that you play on the planet. And one doesn't have more say than the other. It's all equal. There won't even be the whole concept that, "I'm better than the other sex," or vice versa, or anything of that nature. You know, masculine is more powerful, feminine is more gentle or whatever it may be...stuff about you can't trust...or whatever. None of that will apply because none of that will be dominant any longer.

The balancing will happen energetically but it will also balance in the expression of the role. Because there's two parts to this. There's the balancing of the masculine and feminine energies that's occurring...so the planet is no longer resonating one or the other; it's both...wholistic. But then the gender *roles* will also neutralize. And that's already happening anyway, but it's going to neutralize so that there's no facet of dictation of what one gender is over the other and also the power that one gender has over the other. All of that will neutralize and it will become an equal playground...no matter what.

Antonia

Which is beautiful. Absolutely.

Franco

Yes.

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