

LOSING CONTROL AND GOING INSANE

Group Teaching

November 2011

With

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Antonia

Franco and I decided to discuss this topic tonight because we have had a lot of requests from people that they just feel like they are going out of their mind, like they are losing control and there are a lot of changes happening right now and the frequencies are speeding up really, really quickly. And, for a lot of us, as the frequency comes up, the belief systems within us that are not congruent with the new frequencies will get shaken up. And that, along with the speeding up of time, has a lot of people feeling like they are losing control and that's making them panic a bit.

And, really, letting go, it really all comes down to letting go of old belief systems not having us think things have to be a certain way. And, not only that, because a lot of people...most of the world...are still functioning on old programming and old belief systems, they don't see what's possible and they can only create coming from that point. And, the thing is, with Oneness Consciousness and the new shift coming in, that is not supported anymore.

Franco

Yes. As you were saying, Antonia, with everything speeding up, we are in the fast lane at this point. And you made a good point about letting go. And one of the things about letting go, like you said, is about letting go of definitions of what we believe our world is like.

But, what is key here...and I know we are going to be talking about losing control...is letting go of control. Letting go of controlling our life, letting go of controlling outcomes and others in our life. And feeling that, in some way, if we are not in the driver's seat per se...and, again, that's an interpretation of the mind...if we are not in control, then there's something wrong. And we need to feel tension, we need to feel that in some way things are falling apart.

But that's not the case because control is really shifting from our mind to our Soul. The mind's control mechanism is all run on software programs...it's all belief

systems that we've taken in, it's part of the collective consciousness that things should be a certain way. And we have to look at because a lot of things that we try to hold onto, like we try to hold onto security or a form of stability...a lot of these things that we were holding onto were basically something that we adopted, something that we believed is the way it should be. And it's not really hard and fast saying "This is the way it is!" It was just an idea that was adopted.

And because we've been supporting that adoption and that belief system, we've bought into the fact that this is the way it needs to be. So that our systems have to be this way, that things have to fall in line, that we should chase certain specific goals, certain specific avenues within our life and achieve certain things that would identify ourselves as we "made it" or "got it" or created an "ideal life" And we're chasing all of this and once...

Right now, what's happening, as you were saying, things are speeding up and we're going through a completely transforming time where we need to let go of all that defined us up to this point in time. And what we've identified ourselves with and also what we've attached ourselves to, to be, to look like, concepts, ideas, ways of life that we've adopted as part of the way things are going.

And especially now. We are going into a whole new area or wave of energy just recently (as of October 28, 2011). We've gone into a new wave and we're going into a space where there's no pre-planned state of experiences...like the markers and things like that were placed along the way as part of our experiences...because we had mapped it out...even the Mayan calendar and all that stuff...we had mapped out certain events, certain circumstances, situations, and so forth.

But even that, as much as it was mapped out to a certain degree, did not mean that it all had to play out. And especially lately and the last little while what was mapped out started to not take the same form in the same way because, again, we've been shifting our consciousness, there's a lot of things that have been changing, we've been making space for each other to create a shift within ourselves and allow more Souls to be part of the shift and so forth. And so a lot of things have changed.

But now we've gone into where that planned-out state, what was charted out, is not there. It's ended.

So basically we have now is a wave of openings between last Friday (October 28, 2011) until December 21, 2012, which is when we go into our new cycle. So now it's like...it's open. It's open platform.

Now we have certain things that collectively we've created to be markers, wake-up calls, alarms, exit points...or whatever you want to call them... to come through, but at the same time we are completely in a state whereby we are now creating moment-by-moment. We've always been creating, to some degree, moment-by-moment, but we had some veils...I shouldn't say veils so much....but we had some

parameters that we were working with. But the parameters now have kind of dropped off. And basically now it's moment by moment.

And when we are in this state right now it's really difficult...and I know we are talking about losing control and going crazy...but, the thing is, right off the bat, "losing control" – what is that? What is, "losing control?." Is controlling holding onto what we believe is the way, or is it just letting that part of control alone and letting things unfold moment by moment. Because a lot of times "control" is all about what we planned out for our life to be. And, "This is how my life should be," and, "By next week this should happen, that should happen and these things should line up this way," and so forth. Or that our job stays the same way, or that our relationships stay the same way, that our finances stay the same way, that the patterns of how we interact with people and so forth...our structures that need to stay the same way.

But what we are noticing is that a lot of it is harder and harder and harder to hold on to. It's now becoming so, how can I put it, so flexible, it's almost slippery so that you can't even hold on to it any more.

So the key here is, at the mind level, we saying, "Well, we are losing control!" because that's the ego mind saying, "It has to be this way."

And right now we need to let go of that. We need to let go of the fact that we need to control, that we need to have things go a certain way, that people should act a certain way with us, that somehow we should have this in place, that in place, and the other thing in place in order for us to feel secure, to feel balanced, to feel whole, or whatever we want to feel.

But, again, the thing is, by doing that right now when we are going through this rapid change and that all that we've identified with or held on to or defined in any way needs to go, needs to change, it needs to transform. So that, like you said, Antonia, we're bringing in this Oneness Consciousness so we need to let go of our separateness consciousness that we've been living.

Because, at a lot of times, when you look at it, what we want is what "we" want ourselves...we are not looking at the whole. Even when we think that, "I want this for my children," it's what we want ourselves. It's not in the best interest of the children per se...we may have that intention to some degree, but it's usually about us. It's, "If my children get this then I can feel good because I've done my job, I've played out my role, I will look good in front of my friends and relatives and people that I run into and so forth, because I raised children who are successful," and so forth...whatever category it is. But it's really about you.

And, again, it creates separation. Because a lot of times...especially your child...because if the children want something different...and I'm just using this now

so you can relate to it...but if our children want something different, then we say, "No, no, no. It has to be this way." And you need to control that.

Now our children are not so much in that moment and they are not really so molded in the fact of what it's going to look like next week, next month, next year, down the road, in that respect...so we are still trying to control them. And what we need to look at right now is that we need to let go of that hold that we have...that holding on to what we defined in our minds as to belief systems that what we bought into about the way it should be. And that means letting go and allowing, not only ourselves, to be fluid and to go through the changes and to start connecting with our Inner Self, our Soul and start to navigate with that.

So, the thing is, we don't continue to create a split. Because right now it's still a split. The Soul is saying, "We need to go down this road because we need to align with these new energies. We need to align and get ourselves prepared for the new cycle that's coming in so that we can now get into a different state of consciousness, we are going to open ourselves and activate the original design consciousness that we came in with...which basically brings us back to a Oneness Consciousness where we are now working and sharing and playing all together, without creating separations, without creating fear, struggles, and also have "haves" and "have-nots", and creating all these levels of fear and survival, and all that stuff. And so we are basically shifting out of that.

So the Soul is saying "We are going in this direction." But the ego mind is still programmed to operate with all the programs that it has been told. And the programs were programmed by ourselves, basically, but also from one another, because we created a concept of how life is to be. And then we also created a safeguard which was, "If we don't have it this way," we are led to believe that, "everything falls apart." Then we go into a chaotic state and so forth.

So the programming is, "We need to survive." And the moment you say "survive," right off the bat you've created separation. The moment we need to take care of ourselves and, you know, when we're looking at that...and I don't mean...because there's a couple of levels there if you look at that...well, say, the strongest person or whoever is able to conquer whatever is going to be able to survive or something of that nature, then you're basically creating always this constant separation.

And now it makes everything much more difficult because no matter what you're trying to achieve...which you can label as survival or whatever it is where you can have an ease of life and you're not struggling...you're now fighting against the elements...you're fighting against everything. So that's why we end up having competition, we have this, we have that, we're always in a battle, we have to keep up with things, we have to go and get the proper job, we have enough money, we have this and this and that...and again, it's all survival mode.

But the moment we allow this Oneness Consciousness to come in and everything lines up, then we are supporting one another. And it's not about who does what anymore. It's basically sharing everything. And sharing and assisting one another. And there is no, well I look at one person and I say, "Well he's a loser and this person is famous or great because he is able to do this or that." We're not going to look at this person is doing this and this other person is not doing that, and we start labeling and judging and all of that stuff...all of that disappears. And then as a community, as a civilization, we are basically creating an environment where we are all in a state of ease, where we create without being wrapped up in survival mode and so forth.

Because right now we are so much in survival mode that our whole life is spent that way. And, yes, if we get to a certain point where we achieve a certain financial independence or we have all this stuff lined up, then you could say, "OK, now I'm secure."

But you know what happens? The first time we have a natural disaster or something of that nature, or we end up going into wars, or there's terrorism or anything of that nature, or any of these stories, we're right back into survival mode again. So we are never in a state of peace.

So all of this is taking form but, of course, the mind sees that we still need to maintain it the way it is and, of course, it starts to look at it and says, "We're losing control." And then, of course, it goes into panic mode and then you start to...and I hear from people too...that, "I feel like I'm going crazy!"

Well, what is "crazy"? Is the fact that we are so bombarded from the left, right and center with a battle within ourselves that we feel that we are losing everything and we are going crazy. When, in actual fact, what we are actually doing is giving ourselves the **opportunity** to surrender. Because the moment we surrender, we let go of a certain belief system and "the way it should be" then we allow our Soul to come through. And basically now we're bringing the alignment and we are not creating separation anymore and we align mind, body and Soul and we work together.

Because, again, the Soul still requires the body and the mind to have this experience in this playground. It created this playground to utilize the mind, body and Soul, but we don't want to create more separation but that's what we've been experiencing. The Soul has a certain purpose that it came here to do, and so it has to utilize the body, but the body is in survival mode because it has to take care of itself and this and that, and it's bombarded with all this other stuff that it's digesting, experiencing, and so forth, and it's trying to keep itself alive and in a somewhat balanced state. And, of course, the mind is creating all the beautiful stories, perceptions, and so forth, through the programs and everything else. And so the mind is saying, "We've got to do this, this and this." But the body is saying, "Hey, I can't do all of that because I need to have certain basics because this is how my programming is." But

then the Soul is saying, "Hey, wait a minute, guys! We need to go this way because we need to align with this new energy that we're coming into and the new level of consciousness. And that's why we're here! We're not here to continue deviating and getting lost in that." So this is when it starts to create that experience within ourselves (of thinking that we are losing control and going crazy).

So, we need to, at this point, embrace the change, embrace what's happening in our life. And start to see that all of this that's occurring on the planet right now, what's occurring in our physicalities...because, the thing is, right now the frequencies are being changed. Even the Sun's vibration, the brilliance of the light is changing. A lot of the surface of the planet is changing, the ionosphere is changing, we're changing even other planets that are aligned...all of them are changing frequencies, they are all being exposed to higher frequencies, a lot of the planets are heating up...we are going through a lot of changes.

And we, as part of all of it...because we are an energetic field projecting itself...we're going through changes. That means that the cells in our body are vibrating at a higher frequency. That means that anything that was created, such as any rigidities and densities and so forth like low vibrating energies and consciousness within ourselves, now needs to be dissipated and needs to be released. So that is happening in our mind and body at the same level, while the Soul, of course, is utilizing that to remove more veils.

So all of that is coming into place. So it's a matter of embracing and allowing all of this to take form. It is a great change that's happening and we have to allow it to take form.

So the process that we are going to do is to get into the point of connecting with our Soul, connecting with Who We Are. Connecting at the Heart, the Heart Chakra, whatever you want to call it...connecting at that point.

Because the mind is experiencing forms of chaos. The body is just going with the flow and it's going through changes and, of course, it's releasing old memories. And that's why we may have old injuries, pains, and so forth activating within our body and certain things are playing out because, again, it's purging all this old stuff. Old memories are coming through, stuff that had been suppressed is now coming through. And what's being suppressed is not the energetic field so much as the memory that has been suppressed, and it's really re-creating those energies so that we can actually experience it, not judge it, and then let it go. Because if an old pain comes along, the first thing the mind likes to do is judge it. "Oh, my God, look at what happened! All of a sudden my knee hurts," or that hurts, or, "An injury I got a long time ago is coming up," or "I had this problem before and now it's coming to the surface." Again, that's the mind looking at it and it's always looking back at something that happened in the past.

You have to understand, anything that was created in the past, or anything that was experienced in the past was at a different level of consciousness. And we are in a much different level of consciousness today and every day it's changing...for all of us...at different rates and at different levels at a time., depending on how aligned you are and what battles you are playing out within yourself as to how much you need to clear within yourself. So all of this is going forth at this time.

So the mind is still playing with the whole idea of, "This is going all over the place," and so we're feeling crazy or feeling whatever it is.

But, the thing is, with ourselves, by connecting to the Heart (Chakra), we see that the Heart is actually in a state of peace. And it's celebrating, it's rejoicing. "Great! We've waited for this! We're finally taking the shackles off!"

We're finally giving ourselves the opportunity to advance, move forward, to become even grander Creators, to start connecting with the Creator Essence that you are. To start seeing that we are a consciousness Creator instead of an unconscious one, that is unconsciously creating with programs because we are now letting go of programs, letting go of what we deciphered and designed ourselves to be, and what we've created as rules to play the game on the planet, and really step beyond that and start stepping forward into our natural Creator state.

So this is what the Soul is saying: "Finally, we're getting off of this merry-go-round that we've been on for such a long time"...or roller coaster or whatever you want to call it, because it is more of a roller coaster than anything else...that we've been on and now we can actually start to take charge of how we want to create our experience.

But now, as much as we've created everything before too, we've created in a different state of consciousness and in a different level of frequency. And even though we've been creating and utilizing darkness...and darkness is still Light, it's still Pure Potentiality but it's just a lower frequency that has less brilliant light coming through it, and it's creating more density. So, basically, we're stepping out of that and we're saying, "OK, we don't need to play with the polarity any longer. We don't need to stay in that dark state. We've been there and felt the depths of it and we know what it's like. Now we now want to move forward." So the ego mind basically still wants to hold on to an old consciousness because that's what it refers itself to.

But we are now stepping into a whole new consciousness. And this alignment which is taking form for us is, at the Soul level, a celebration; at the mind level, it's fear and saying, "We're losing control!" But as we start to look at it and say, "No, this is not us losing control. We are preparing ourselves for exciting times, we are going through a shift within ourselves," and bring that state of peace through you by tuning in to the Heart Chakra, tuning into your Soul rather than the mind, and basically telling the mind, "It's OK. We're going through this shift and we're going to allow it to take

form. Everything is all right. Everything is fine...no matter what it looks like." And it is.

And, the other thing is, when we're going through this, because we are relating with other people and we see that we are involved with other people, you need to understand that everybody is going through the shift in some form. OK? And some may seem like they are slacking, or whatever they are doing. But we need to allow them to go through whatever they are going through.

And it is for us to not only not control ourselves but also to not control others. The thing is, let everybody have their experience.

You can share with one another your insights. You can share what you are doing, but don't have any conditions or expectations that it should be your way or what you perceive. Because that seems like you are out of control again, because now you are trying to control somebody else.

You see, as much as everybody is One, every One is a piece that makes another piece. And so everyone needs to have their own basic experience. And you can't carry anyone or be responsible for anyone. You can only share with great Love, because Love is who you are, but allow each Soul to do exactly what they need to do and be at ease with that.

And even when you see that they are not moving forward, they are not going to be part of the shift and whatever else, let them be because they may surprise you. Sometimes the steps are very small at first but then there can be a big shift that happens and then they take leaps and bounds.

But if they don't, then that's OK too. You just let them be. You share with Love and you let every Soul do exactly what they need to do...as you do what you need to do.

Because you may find that others tell you what to do. But remember that you are on your own journey...you are on your own journey. All you can do is remind everybody that you are interacting with, "Does this feel good to you? Does this feel that you are in alignment with it?" "Tune into your Self and see do you need to still be acting this way or playing this role."

But the best example you can be to assist and facilitate is to make these shifts within yourself...and then really living it within your self where you are not hooked up with all the programs because you've started to let go of all of that. You're not anymore all over the map with respect to your experience, instead you are basically just going into a state of flow and peace. And the people around you are going...and especially when things get more intense and there's more loss of control per se (at the mind level) and more things that we hung onto as a foundation, our support mechanism around us, as our systems start to let go and everything else, and people start to go into fear and start to react...by you staying in that state of calm you are obviously

emanating a certain frequency that will help them, but, at the same time, they will come to you and say, "Well, what's going on? How can you maintain this state with everything falling apart?" or something of that nature. It could even be a child who is just drawn to you, "Mommy, Daddy, what's going on?" And because you're in that calm and whatever you are sharing, you are sharing with Peace...you are not seeing them broken, you are not seeing them as if you need to fix them or you need to change them.

Because the moment you go into the energy of you need to change them, you've already created a separation where there's something wrong with what they are doing and it's important for them to change. Then you create expectations, and there's also fear that comes into play, and, of course, the energy is not going to be as conducive as just allowing them to go through (what they need to go through) and with a state of Peace, you share.

So even if a child is going through a specific situation or a loved one in your life, always share with Love what is playing out.

But, the thing is you need to go there too. You need to be "there" first, in a sense.

So the key here is really letting go. Letting go and flowing with whatever is going on. Because we are not going to be...we are going into uncharted territory, OK. We have not before experienced what we are now experiencing...not on this planet.

So, basically, at this point we can't adhere to anything. We need to be fluid. Because every day is being created from the day before. Every day is unfolding and changing in a certain form. It's like this...we're creating the path by each step we take. The next step creates the next step...we don't already have a bridge to cross because the bridge is being built as we are walking. And the bridge has no specific direction either. In fact, it has a multitude of directions which it can take...and that's what we're doing...and that's based on our consciousness...our current collective consciousness...what we create.

And, at the same time, we have our own bridge that we are creating as part of the collective. So as we each take steps by steps every day, we already start to create a path for ourselves. So, the thing is, we can't turn around and say "I want to go from A to B by next year." And like I've said before, we can intend and say, "Well, this is where I'd like to be based on the way I see things right now." But, remember, what you see right now is referring to what is the set-up or what we see as the structure around us at this time and what things are around us right now, how things are functioning, and even the people who are in our life.

But then when that starts to change, you're changing. Consciousness is changing. Whatever you thought you wanted is no longer really valid.

Because, the thing is, and I've mentioned this before...say we've planned a goal, we've planned, "Well, this is what I want to do next month, next year," or whatever that is...if we stay locked in, zeroed in on, "That's what I want" ...which is going to be difficult to do anyway, especially now...but if we starting zeroing in there, what we do is create ourselves a state where we lock our consciousness into where we are right now. Because the decision to be wherever you are going, "I want this, this and this in my life," is based on your consciousness right now. And for you to hold on to that outcome, you will have to maintain your consciousness locked up where it is. And that means that you're not shifting.

But the moment you are OK with whatever it is and you let your consciousness dictate what the next step is...because your consciousness is changing... then you're not locked up and your consciousness is allowed to change. And then whatever projects down the road will project.

So it's a different way of playing this all out and this is what we're going into. So it's really, really, really important at this point for us to flow.

And if there's something that's bothering us, and I know I've said this before, but if there's something that's bothering us, something that's making us uncomfortable, let's take a look at why we are uncomfortable. Because there is a story about it, there's a belief system about it that it should be a certain way or something is there. So we need to really look at it and say, "Well, do I really need this? Does it allow me to go into a state of Oneness consciousness? Does it allow me to be free and feel at peace when I'm holding onto this? Does this free me from my present consciousness state?"

Because as long as you are playing out old modalities, it's keeping you in the same consciousness. That's why, I say a lot of times now, when you are looking back at the past and you keep drudging back through it, all you are doing is bringing yourself back into that state of consciousness. Whatever you decided, whatever choice you made, whatever played out at the time was exactly what you were then and that's what you needed. It doesn't mean now I need to judge it at my current level of consciousness, and what I was over there, and what I need today versus what I needed that day. Because at that time, it was what you needed.

Now, does that mean that that was the only potentiality. No. But that's the potentiality that you chose because that was the one that was most aligned, based on the consciousness that you were at that time. And once your consciousness changed, you would have made a different choice. But that doesn't matter. You are where you are today because of all the multitudes of choices that you made along the way.

So, "Where do we go now? Now that we've cleaned the slate, where do we do now?" And then you start drawing...one step at a time. And allowing each little mark or drawing that you draw on this canvas, or whatever line that you draw...each line

will prepare us for whatever will be the next one...that's how we have to look at it at this time.

It's not like...we're not in a picture and we say, "Ok, this is the picture I want." In a sense you can say, "This is what I intend to see." And let's work at that. We try to intend this particular outcome...or better...and start aiming in that direction. But always be ready that each moment, each stroke of the paintbrush that you're making on your beautiful canvas, is preparing us to take the next step, to make the next stroke of the paintbrush and paint that you put onto the canvas.

And your picture is an on-going unfoldment. And it aligns with the energies that are coming in and it is assisting you as your consciousness is changing, you are creating...and creating...and creating. And it is not a stagnant picture of what our reality and life is...and our reality is, again, what we project...but it is an on-going, it is an ever-unfolding, dynamic, moving canvas, because whatever we are creating is still creating a path for us and we keep going and going along the way.

And we are not in a situation where we used to be before, where we can stay long enough in one sport and create one picture and stick to it for a while. That is all gone. We're not there anymore and we can see it. Everything is changing. We make plans and our plans are changing all the time. Even when they may not change as much, we start to feel different about the original plan and we don't even need to go down that road any more.

And, the thing is, if we attach securities to that or anything of that nature, that is, I'm only secure if things are a certain way, then, of course, it's going to make you feel like you're losing control and you're going crazy.

But you are not going crazy. I mean, I think there's a song about we need to go a little crazy or something of that nature, to really experience this life or something of that nature, and that's it.

We need to really let go, we need to flow, we need to create completed uncharted. We are not going to be confining ourselves to dense play. It's not, "I'm going to pack my bags and am going to this play and these are all the things that I'm going to do." No. You get ready, you head out and you go. When you arrive there, you go with whatever feels right moment by moment, you experience without mapping out anything. So then it becomes an adventure...a journey of exploring...that's what it becomes.

And that's what we're doing now. We're creating and exploring and discovering Who We Are.

Because a lot of us...most of us...do not know Who We Truly Are. We have a perception, but that perception is a mind construct. And it is based on what we've

learned, what we've observed around us, and what we've taken on as a genetic code. But that doesn't mean that's Who You are.

Most people think that they are just a physicality with a mind and that's who we are. But it's not. The physicality and the mind is just a vehicle. It's just a part of the mind.

Who We Truly Are is Source. It's Pure Potentiality. It's the Creator, the Created, and the Observer of It's Own Creation. It's everything. It's all of it.

So we need to discover that part of it. And then, when we've discovered that...and that's what we're doing...we then discover not only Who We Are, but as we see ourselves as the Creator, we now a Creator in a human body or what we call the physicality with a mind computer, and now we upgrade the computer and mind because of this connection we've made with Who We Are and we start to create at a higher level. And we do not continue to repeat the struggle, survival or fear state environment experience any longer. We are not in the same playground any longer because the playground transforms. We transform. The playground transforms. And everything that supports us along the way will also transform.

So it's a beautiful thing that we're going into. And this is where we need to bring our mind and our stories and belief systems, saying, "OK. We don't need to hang on to what we've defined ourselves to be up to this point in time. We are now free, we are open. We are going to flow with all the changes.

And by doing that, and not holding on, you are not going to feel like you are losing control.

You know, the thing is, you can either see yourself in a state where you create parameters and you say to yourself, "Well, if I stay within this parameter I'm going to feel secure and safe, and I'm going to feel like I'm in control." But then, when you create those parameters, you are going to experience everything within the parameters.

But once you remove those parameters, and they are there any longer, you can now experience a heck of a lot more. And you can really navigate where you want to go! Because now you are not creating any restrictions.

That's what control is all about: it's about creating restrictions. Controlling ourselves, controlling our environment, controlling others...that's what the mind likes to do and that's what it was designed for.

But now it's time to expand and open up...and that's what we're doing!

So that's what we are going to facilitate this evening (with the Clearing) is to bring that in to our Beingness. So we are basically going to clear out old programs that

have adhered to us, belief systems that we've held on to that have been defining us, and even the fact that we need to hold on, and also believing that we need to look back at our past to create our future. Our future is moment by moment. And so we are going to activate ourselves to align, we are going to bring in new energies to align us to the new consciousness that is coming through. So that we can actually make the shift with ease and without as much struggle.

Because right now we don't really need to struggle if we don't have to and we don't need to. The only time we struggle is when we fight ourselves.

You have to understand, right now the Soul wants to go in one direction and that is to align with everything that's coming in. And the frequency is also pushing us in that direction, so we are being supported in that respect.

And then whatever, and Antonia said this very clearly before, whatever was created as structures needs to be let go of and needs to go because we can't hold on to that energy...it needs to go. So if we keep fighting ourselves, "I've got to hold on. I've got to on to it and this is my definition," we are creating our own little battle inside

So we are going to stop fighting ourselves, we are going to align and go with the flow.

And allow it all to unfold.

Because we are on a magnificent ride...a magnificent ride. Why fight the ride? It's just a ride. Let' enjoy the ride.

Because once we get comfortable on the ride, you won't want to go back to the old ride. Trust me, you won't.

*Transcribed by ARL in April 2012
from a recording of a live conference call/webcast*