

THE POWER OF CONSCIOUSNESS

July 30, 2014

With

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Antonia

Tonight we have a dearly-beloved guest, Dr. Masaru Emoto.

Dr. Emoto is an internationally-renowned Japanese researcher who has gained world-wide acclaim because he was able to visually capture the crystalline structure of water at the moment of freezing. Through high-speed photography, he has clearly shown the direct consequence and reaction of water after it has been subjected to different kinds of thoughts. Thoughts of the destructive or negative kind form very different crystals than the crystals which form after being sent thoughts of love, appreciation and gratitude.

The revelation that our thoughts can influence water has profound implications, not only for our own health but for the well-being of our planet.

Dr. Emoto has written many books. His New York Times bestseller, *The Hidden Messages in Water*, can be easily found all over the world as the book has been translated into 24 languages.

It is with absolute pleasure, gratitude and love that we welcome to tonight's program, Dr. Masaru Emoto. And I also want to say a special thank you and welcome to Dr. Mami Ishii who will be acting as our translator for this interview.

I think that most of the people listening are very familiar with Dr. Emoto's work. And I know that he has had quite a few interviews about his research into freezing water and the beautiful crystals that are created.

Tonight's call is a preview for The Power of Consciousness event that's being held the evening of August 14th at the University of Toronto and which will also be available world-wide through live-streaming on the internet. For more information about the event and to purchase tickets to either attend the event or to watch the live-stream on your computer, go to www.EmotoToronto.com In addition, if you wish to listen to the audio version of this interview, it will be posted on that same webpage.

So, Dr. Emoto, with the title of this event being The Power of Consciousness, how did your work with water shift your way of living?

Dr. Emoto

It became easier!

Water knows everything so you can ask it anything; you can get every answer from the water.

Antonia

I know you talked a lot about water being a mirror. Your first book, *The Hidden Messages in Water*, was published in 2004 and that was ground-breaking work showing that water can change and be structured by thoughts. And of course that research has now been accepted. Have you found that in more recent years, with the changes in humanity, that the water has also changed? Has there been a change in water since you started your research?

Dr. Emoto

The consciousness of water and the consciousness of human beings are in close relationship. Therefore, with our higher consciousness, the water is now more beautiful.

Right now, in the Middle East the water there is sad.

Antonia

Of course. And I think that people are concerned, not only with the Middle East, but also with what's been happening with Fukushima and the impact that has had on the water.

So how has the Fukushima incident affected the water, not only in Japan but worldwide?

Dr. Emoto

The Fukushima incident has given us a learning opportunity...an opportunity to learn something very important: why radiation is so damaging. And it's difficult in some way, but I think it's actually simple. But we haven't found the answer yet.

Antonia

I'm sure that you have worked on the waters at Fukushima by sending love and gratitude to that water. Can you please share with us how the water there was affected by your input?

Dr. Emoto

I have water called Angel Water, which I have been providing for free to the children in the area for the past three years.

And when I have time, I also go to Fukushima and give talks for both the adults and the children there. And I do this at no charge.

Antonia

Thank you very much for that because that's also having an impact globally!

Dr. Emoto

A lot of people now associate me with feelings of love and gratitude because of my work. So wherever I go now, the consciousness of the people there tends to focus on those feelings.

Antonia

Absolutely.

Can you talk a little bit more about what you call Angel Water? Is it water with love and gratitude put in it or is it more than that?

Dr. Emoto

This water is coming from Russia. They had an explosion. A Russian scientist discovered that a certain part of the water was not affected at all by the radiation. So I got that water, and called it Angel Water because I provide it to the people in Fukushima at no charge.

Antonia

Thank you for that.

And also something which is very dear to my heart, is that you also have the Emoto Peace Project, which focuses on working with children and teaching them about how their thoughts, their consciousness and their emotions affect water. But, perhaps more importantly, the Project also focuses on teaching the children about how they are powerful and can actually change the water around them.

So can you talk a little bit about your Emoto Peace Project and especially your work with children? Because that's just so beautiful.

Dr. Emoto

My granddaughter was born in 2003 so that's when I started to think about the future of our children. And that was the beginning of the Peace Project.

In 2005 I had the opportunity to speak at the United Nations. It was at that time that I announced the Peace Project and provided the children's version of my book, *Messages from Water*, for free.

Antonia

Well, we are very much looking forward to having you here in Toronto on August 14th, 2014. You will totally assist in raising the consciousness of our city. There are a lot of people who are really looking forward to having you here.

Dr. Emoto

I am also looking forward to coming back to Toronto. I haven't been there since 2009.

Antonia

Besides sending messages to water, what do you recommend as a way to assist the planet to heal from something like Fukushima?

Dr. Emoto

Firstly, even though a high percentage of the human body is comprised of water and even though over 70% of the Earth's surface is covered by it, we still really don't know a lot about water. So that fact, in itself, reflects the confused state of our planet.

So when people see my book, *Messages from Water*, and see the photographs of the very beautiful crystals which are without any bias and without any doubt, I hope they will feel inspired. And I hope that they understand that they, themselves, can create such beautiful crystals just by sending love and gratitude to water.

Because when any of us sends love and gratitude to whatever water we have (in a glass for drinking, as an example), then all the other waters on the planet are also happy. And that raises the consciousness of the planet. So, in that way, the planet heals.

Antonia

I know that as a doctor of alternative medicine you have also worked a lot using water to heal people, and using the properties of water's transmission to assist in healing. Can you talk a little bit about that work? Do you still do it, and have you found that it has changed in any way?

Dr. Emoto

In my work using the water to heal these days is mostly done by my students and uses a machine which can actually measure the vibration. This machine can detect whether or not the vibration is abnormal or out of alignment, so I can use water to pinpoint where in the body healing is necessary. And so I have been using the water to heal where the vibration needs to be corrected. And that has proven to be very effective.

Antonia

Thank you.

Dr. Emoto is now starting another lecture tour. As we have already announced, he will be in Toronto on August 14th, which you can find out about at www.EmotoToronto.com If you go to www.emotoevents.com you can see his entire lecture series which starts in Florida, then he comes to Toronto and then he goes on to Europe.

Specifically for your lecture in Toronto, what will you be focusing on?

Dr. Emoto

I'm thinking about many things. But I will probably focus on topics such as how to reduce conflict in the world and also the abnormal climate which is being experienced everywhere, like flooding, drought, earthquakes, and so on...how to deal with those types of things and how to prepare yourselves consciously in terms of your awareness.

Antonia

Well, the title of the Toronto event is The Power of Consciousness and it's sub-titled Shifting the World Consciousness to Peace. We will have musicians at the start of the evening. Then Sifu James Foo will be doing an energy clearing. Then Franco DeNicola will talk about Oneness consciousness. And then Dr. Emoto will speak.

The whole focus of the event is peace...to come together and to shift our world consciousness to peace. And I know that's something which is very dear and important to Dr. Emoto. And it's very dear and important to me. That's why the name of my business is Masterpiece(peace) Life. So whether people choose to attend the event live or they choose to watch it on their computer in the comfort of their living room, it's the global call.

As Dr. Emoto was saying, there's a lot going on in the world. And I think that there's more coming for humanity which will incite us to further wake up. And I think this event in Toronto is being held at the perfect time and will assist us all to shift into peace. And I think that's what you, Dr. Emoto, are coming to do here in Toronto.

Dr. Emoto

Thank you very much.

Antonia

I have a couple of questions coming in from people listening to this interview tonight.

The first one is, “Does belief have any importance in altering the reality of conscious thought? That is to say, do you have to believe that it works in order for it to work? For example, sending loving messages to water...will it change the structure even if you don’t believe that it will have an effect?”

Dr. Emoto

If there is a giver and a receiver, as long as the giver has the intention of love and gratitude even if the receiver does not believe in the power of water, it is probably still effective. I have treated more than 10,000 people just using the water. And ten years ago a lot of people really didn’t believe or never heard of that concept. They didn’t know what was going on, but they just wanted to heal and they were healed. So I think that because I put so much love and gratitude into the healing, any disbelief they had was transcended.

Antonia

The next question is, “Is water an energy medium? If so, if we give it a frequency of 528 Hz (which we call the heart resonance), can it assist to heal without us having to know specifically what healing needs to be done?”

Dr. Emoto

Absolutely. Our bodies, including all our organs, vibrate to specific frequencies. So if you send that frequency, it will correct the vibration to reset to the normal, healthy state. So you can use different vibrations or frequencies to assist in healing.

Antonia

Another question is, “How can water retain the crystal structure which is generated at -25 degrees C when it is later melted at +25 degrees C?” For example, when you apply love and gratitude to water, then bring the water down to the freezing point and take a photograph of it, you can see a beautiful crystal. When that ice melts and becomes water again, does it retain its crystalline structure?

Dr. Emoto

I think that the crystal form is maintained. For example, the water which melts from snow is known to be very pure and clean. So from that we can deduce that it is maintaining its crystal structure even when melted.

Antonia

Thank you.

I just want to let everyone know Dr. Emoto has a new cell phone app for the Emoto Peace Project, and information about that can be found at www.myhado.com.

So can you just talk a little bit about the app? I know that through the app people can download the children's book for free.

Dr. Emoto

A guy in the U.S. volunteered to create this app where you can take different water crystals and also download my Peace Project book.

Antonia

Another question we have is as follows. "Is the higher energy that's now coming onto our planet changing the water in any way?"

Dr. Emoto

Definitely there are higher energies coming onto the planet, but also there are bad energies too. There are many different energies coming to the Earth...and to the universe. So it's important that we send love and gratitude to the water that we have on this planet, so that we can protect the planet from the bad energy.

Antonia

Earlier you mentioned that because of the conflict that's playing out in the Middle East, the water there was sad. And I think everyone the world over feels that. And people also realize that things are being pushed to happen that people don't want to happen, but it's becoming a tool to wake people up. So, from your point of view, what is the best way to assist the water and what's happening right now in that part of the world?

Dr. Emoto

As I discussed with Dr. Len from Ho'oponopono (the Hawaiian healing technique), the most important thing is to close your eyes, and to the water ask for its forgiveness. Say, "I'm

sorry. Please forgive me.” And then send the love and gratitude by saying, ‘I love you. Thank you.”

Antonia

The last question we have is, “What is one thing we can do tonight before we go to bed?”

Dr. Emoto

Send loving prayers and peace to the people in Palestine where the violence and sadness is happening.

Antonia

Yes. And I also think that violence and other events are happening to help humanity to wake up so that we can see how we are connected. And something as simple but which is so important to human life as water...we can go without food for a long time but we cannot go without water...at least not at our current stage of evolution.

So the life force of water and the simplicity of being able to use love and healing...whether you turn on your tap water, whether you're bathing or using water to cook or to drink...just be more conscious and aware of how, as you're interacting with water, your thoughts, your feelings are impacting the water. The water mirrors you. As Dr. Emoto has said, it's humanity's reflection. So if we can then, in turn, reflect back to the water peace and love and direct it to any part of the world, then that consciousness goes there. And it assist those who are in those areas that need our assistance.

Dr. Emoto

Beautifully said.

Antonia

For those wishing to purchase tickets to either attend the live event or to watch the Livestream go to www.EmotoToronto.com Enter the Promo Code ML081414 and receive \$10 off the purchase of your ticket to attend the event live in Toronto.

For those wishing to watch the event in real time via the Livestream, the total cost is only \$9.

At 6:00pm Eastern there will be a book signing at the live event, while our on-line viewers will be entertained with a Peace Concert with the music of Carl Stedmond and Peter Nelson.

At 6:30pm Sifu James Foo from www.JamesFoo.ca will do an energy clearing. Sifu James Foo has created an energy matrix code for the frequency of 528Hz. He is also a Laser Physicist and an Atomic Physicist. And he has created an energy code which we have been

working with here in Toronto on water. And we find that when we apply that to water, it purifies and cleanses the water and also assists the body to heal. So we will do a little bit of energy clearing between 6:30 and 7:00. You can freely access the Energy Paper at: www.masterpiecelife.com/energypaper

At 7:00 Franco DeNicola from www.FrancoDeNicola.com will talk about Oneness consciousness, which is more and more what we are moving into...and which is more and more where humanity needs to be.

Then from 8:00 to 10:00 p.m. Dr. Emoto will speak.

So it will be a truly powerful event centered on Peace, Love, Gratitude and Oneness!

I always talk about the ripples of the water...people who go to my site sometimes ask why do I have a water background. When I started Masterpiece Life nine years ago, it was from the idea that we are like the ripples in water. And as one drop falls into it, it ripples out and affects everyone. And that's what we are going to do that evening...we are rippling out...together...to Change the World Consciousness to Peace!

*Translated by ARL in August 2014
from a recording of a live webcast*